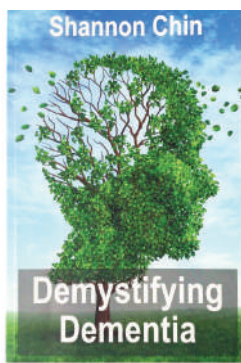




# Dementia Resources

## Dementia Aids

Established in Australia over 20 years ago, Novis is a specialist in the supply of pressure care and manual transfer equipment solutions and complimentary aids designed to help prevent pressure injury and skin integrity issues caused by limited mobility and disability. The Novis Healthcare team consists of industry experts and product designers, and our consistent goal is the design and distribution of assistive equipment for improved mobility and safety, to healthcare professionals and end users.



Novis is fortunate to have developed this Brochure with guidance from Shannon Chin. Shannon is the author of “Demystifying Dementia”.

Shannon specialises in helping people build healthy brain function using Cognitive Stimulation Therapy to protect against cognitive decline.

Supporting people living with Dementia and their family members to navigate the journey better and to live well is something extremely close to her heart. She’s on a mission to do whatever she can to reduce the risk of Dementia across the globe. Shannon has kindly summarised Dementia related illness in an easily digestible language for Novis to share with our audience.

Cognitive impairment can impact the person’s memory function, the ability to think, to communicate, to comprehend a conversation or the capacity to make decision. Although more common in older adults, not every older adult will have cognitive impairment.

It takes consideration and careful planning to provide appropriate support for people living with cognitive impairment while continuing to provide dignity and show respect to them.

Dementia is one of the most common types of cognitive impairment especially in older Australians. Dementia is not a mental illness. It is a group of neurological conditions that cause changes and progressive decline of brain

function, such as memory loss, getting disorientated, decline in judgement, increased indecision, and difficulty performing activities of daily living (ADLs). It can also cause change in the personality, behaviour and mood of the person.

In most cases, the early signs could start as far back as ten years when the signs are not very noticeable at all.

Dementia is not something that is easy to deal with. This is not just about the carer but also for the person living with Dementia, their family members, and their friends.

Some common symptoms may include:

- Apathy and withdrawal
- Progressive memory loss
- Disorientated and/or confusion
- Personality change
- Loss of ability to perform everyday tasks.

Dementia cannot be prevented and there’s no cure for it. However, it is important to focus on what is best for the person, to give them the support they need to develop coping strategies, to be able to still have the quality of life that they deserve.

Novis has broadened its range of Dementia specific activities available for purchase to help to encourage people living with Dementia to engage in meaningful healthy brain functions by providing activities and products that are based upon the principles of Shannon’s research.

# Preventative Devices

## DOOR MURALS

Ideally suited to individuals living with Dementia, a full-size photographic self-adhesive mural can be used to camouflage doors or doorways that lead to areas where someone may be at risk.

Measuring 2100x 900 mm, these reusable self-adhesive vinyl murals can be trimmed to size to fit most doors.

ITEM	CODE
BetterLiving Door Mural, Books	BL0040A
BetterLiving Door Mural, Bookshelf	BL0040B
BetterLiving Door Mural, Crockery Shelf	BL0040C
BetterLiving Door Mural, Sideboard	BL0040D
BetterLiving Door Mural, Pot Plants	BL0040E



## STOP BANNER

Ideally suited to individuals living with Dementia, this banner is a large, highly visible STOP sign to provide a visual reminder not to open the door it is mounted on.

The large banner has clear contrasting colours in easy-to-read text and symbols. Made of thick vinyl, the sign can be cut at both ends to fit the width of the doorway.

Supplied as a kit with two signs and self-adhesive Velcro strips for attachment.

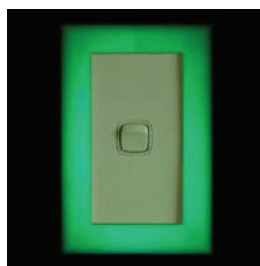
ITEM	CODE
BetterLiving Stop Banner	BL0039



## GLOW IN THE DARK LIGHT SWITCH SURROUND

Fits most modern light switches (130 x 85 x 8.5 mm). This surround has a strong green glow and includes double sided tape. The surround recharges when exposed to natural or artificial light.

ITEM	CODE
Glow in the Dark Light Switch Surround	MLN1



## Bathroom

### GLOW IN THE DARK TOILET SEAT

Designed to help prevent falls and provide high contrast definition and illumination for people living with Dementia or vision impairment. This Glow in the Dark Toilet Seat offers up to 12 hours glow time with minimal exposure to light.

ITEM	CODE
Green Glow	MTG



### BETTERLIVING COGNITIVE ASSISTANCE TOILET SEAT

Fits onto any standard toilet, with top and bottom style fixings supplied as standard, these durable coloured seats help to provide a colour contrast with the white pan or wall for people living with Dementia or vision impairment.

ITEM	CODE
Blue, Top and Bottom Fixing	BL0032

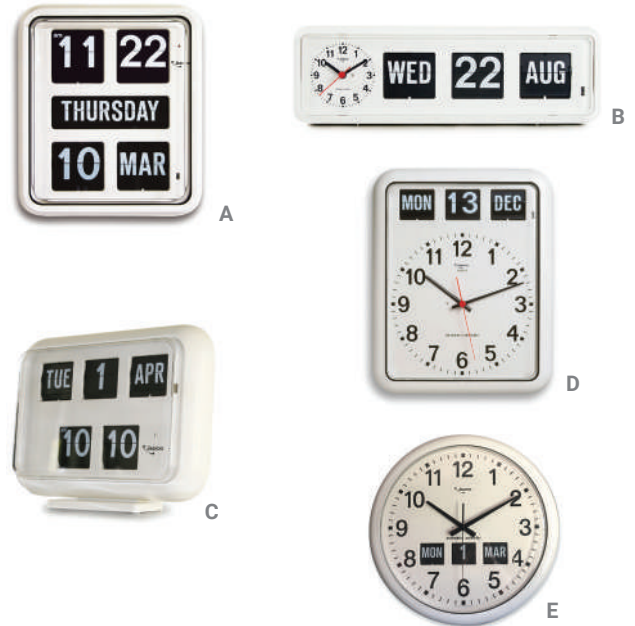


# Orientation

## JADCO ORIENTATION CLOCKS

Reliable and accurate Jadco orientation clocks offer a range of highly visible and easy to read designs featuring large numbers and letters as well as analogue and digital technology.

ITEM		CODE
Digital Calendar Clock, Large	A	BQ170
Long Calendar Clock	B	BQ38
Calendar Clock, Small	C	QD35
Wall Clock with Calendar, Large	D	BQ12
Round Analogue Calendar Clock, 400mm Diameter	E	BQ268P



## ORIENTATION SIGNAGE

Visual cues for people living with Dementia. Measuring 300x300mm in size, these large, easily recognisable orientation cues are available as stickers or foam boards.

ITEM	CODE
Toilet Sticker, Yellow	BL0036T
Kitchen Sticker, Red	BL0036K
Bathroom Sticker, Green	BL0036SHBA
Bedroom Sticker, Blue	BL0036BE
Toilet Foam Board, Yellow	BL0037T
Kitchen Foam Board, Red	BL0037K
Bathroom Foam Board, Green	BL0037SHBA
Bedroom Foam Board, Blue	BL0037BE



## ORIENTATION SIGNAGE STICKER KIT

Visual cues for people living with Dementia. Measuring 297x90mm in size, these bathroom and toilet sticker kits come in a choice of three colours.

ITEM	CODE
Toilet and Bathroom, Red	BL0038R
Toilet and Bathroom, Grey	BL0038G
Toilet and Bathroom, Blue	BL0038B



## Sensory

### Visual-Spatial Problems

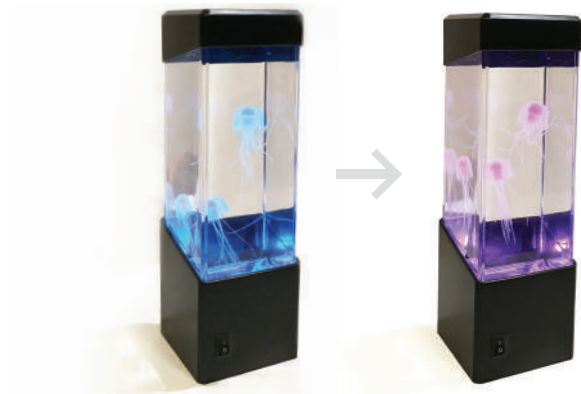
Because Alzheimer’s can affect visuospatial abilities, a person can misinterpret what they see and misjudge steps, uneven terrain, shiny areas on the floor, or changes in floor colour. Be sure to have the person’s vision checked regularly, as eyesight can decline in the aging process. For example, poor vision could prevent a person from seeing the paper that fell onto the floor which could cause them to slip and fall when they step on it.



### BETTERLIVING JELLY FISH LAMP

This battery-operated lamp provides visual comfort as the Jellyfish gently float up and down within the lamp. The water gradually transitions through a series of soft colour illumination cycles designed to relax and distract the mind.

ITEM	CODE
Jelly Fish Lamp	BL2002



### BETTERLIVING WEIGHTED NECK WRAP

Measuring 90x20cm, a smaller adaptation of the ‘Weighted Blanket’ therapy that may be beneficial for reducing anxiety.

ITEM	CODE
Weighted Neck Wrap, 1.4 kg	BL2003



### BETTERLIVING WEIGHTED LAP BLANKET

A smaller lap sized ‘Weighted Blanket’ measuring 90x40cm designed to help assist in reducing anxiety.

ITEM	CODE
Weighted Lap Blanket, 2.3 kg	BL2004



## BETTERLIVING WEIGHTED COMFORT PUPPY

Based on the 'Companion Pet' therapy technique, this soft pet also incorporates the 'Weighted Therapy' technique that may be beneficial for reducing anxiety.

ITEM	CODE
Weighted Comfort Puppy, 2 kg	BL2005



## BETTERLIVING SENSORY CUSHION

Specifically designed to stimulate sensory and visual experiences.

The cushion offers a range of pockets, zippers and materials that can be touched or stroked, and uses bright contrasting colours for visual stimulation.

ITEM	CODE
King Fisher Blue, 390x390 mm	BL0065KFB
Dotty Pink, 390x390 mm	BL0065PD
Emerald Green, 390x390 mm	BL0065EG



## SIMPLE MUSIC PLAYER

Easy to use, simple music suited to people living with Dementia. Lift the lid to play and close to stop for easy use. Bright red, retro design for easy recognition. Operates on mains power.

ITEM	CODE
Retro Red	BL0102



## ORICOM AMPLIFIED PHONE WITH PICTURE DIALING

6 large one touch memory buttons with pictures and bright visual ring indicator. The phone provides an amplified receiver and extra loud ringer that is compatible for users with a hearing aid.

ITEM	CODE
Oricom Amplified Phone with Picture Dialing	CARE80



# Eating and Drinking

## Support during mealtime

Mealtime can be a challenge when it comes to people living with Dementia. Coordination issues and confusion makes it harder for them to enjoy a nibble. Risk of dehydration, weight loss and even urinary tract infection is common for people with a progressive condition such as Dementia, part of the reason is forgetting to eat or drink and experiencing difficulties in eating or preparing food.

It is imperative to keep track of the persons food intake and provide comfort during mealtime by engaging their taste for food and even using special utensils for eating that helps make this essential part of the day easier and enjoyable as it should be.



## VITAL DEMENTIA RANGE

ITEM	CODE
Ornamin Vital Ergo Mug	12489
Ornamin Vital Plate, 20cm	10144
Ornamin Vital Plate, 26 cm	10521
Ornamin Vital Bowl, 15 cm	9657
Ornamin Non-Slip Cup, Flower, White/Red	8713
Ornamin Non-Slip Cup, Flower, Red/White	9488
Ornamin Non Slip Cup Measuring Icon, White/Red	5946





# Activities

## Activities can re-establish old roles

For a person with Dementia, the need for a good quality of life is not diminished. Abilities can vary greatly depending on a person’s age or their stage of Dementia but keeping involved and active in the things a person enjoys is extremely important.

Make use of skills that have not been forgotten, such as washing up, sweeping or gardening. These are also ways in which a person living with Dementia can contribute to the household and feel useful. Encourage an area of responsibility, no matter how small.



## BETTERLIVING LIFE LIKE BABY DOLL

Doll therapy is a non-pharmacological intervention for people living with Dementia aimed at reducing distressing behaviours. A life-like baby doll can help to engage a sense of purpose and responsibility.

ITEM	CODE
Life Like Baby Doll	BL2000



## INTERACTIVE COMPANION PETS

Companion Pets look, feel and sound like real cats or dogs. But they're so much more than soft fur, soothing purrs, and pleasant meows. This two-way interaction helps create a personally rich experience that can bring fun, joy, comfort and friendship. Built in sensors respond to motion, touch and talk.



ITEM	CODE
Silver Mitts	B75940790
Orange Tabby	B75920790
Tuxedo	A23085L00
Golden Pup	B9108

## BETTERLIVING INTERACTIVE TOOL BOX

Potentially a valuable activity for those people living with Dementia who previously worked in labour intensive jobs such as building and construction or those who enjoyed home maintenance and repairs. Using these interactive plastic tools may promote a sense of purpose and provide 'Reminiscence' therapy.



ITEM	CODE
Interactive Tool Box	BL2001

## BETTERLIVING PEDAL EXERCISER

The pedal exerciser is useful in promoting physical exercise for those with balance and coordination difficulties.

Use the exerciser whilst sitting in a chair/wheelchair or by placing it on a table to use as upper limb exercise.



ITEM	CODE
Pedal Exerciser	BL3700

## Group Activities

The BetterLiving Golf Game and Toss Games are useful to encourage social interaction and participation by engaging small groups of individuals.

Physical activities promote fun, engage interaction and encourage motor skills for all levels of ability and mobility. Can be played standing or sitting.



### BETTERLIVING GOLF GAME

This golf set includes a putter and EVA foam balls for safety. A rubber coated putter is available as an optional extra for increased safety.

ITEM	CODE
Golf Game	BL2007
Rubber Coated Golf Club	BL2008



### BETTERLIVING TOSS GAME

Fun and enjoyment through group activities can help improve mood and stimulate the brain. This toss game is safe and can help to stimulate hand-eye coordination.

ITEM	CODE
Toss Game	BL2006





# novis

Contact your Novis Healthcare representative  
for more information



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