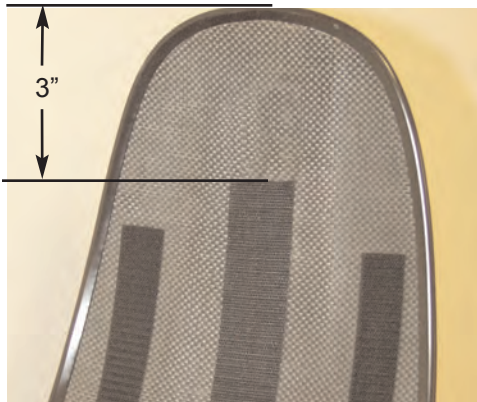


Volae Headrest Directions

The picture at the right shows how your Volae headrest should be positioned.

- 1) The foam roll is attached so it protrudes above the top of the support bar when not in use. This keeps the support bar from contacting your helmet when in use.
- 2) The headrest is positioned so the foam roll supports your skull just above your neck.
- 3) This headrest is designed to be used with hardshell seats. (Carbon, Kevlar or Fiberglass)
- 4) Support bar is held in place by Velcro and your weight against the seat.
- 5) Bend support bar as needed to get a comfortable amount of support.



Picture at left shows how to position Velcro.

- Step 1: Remove your seat pad and clean the area where the adhesive backed Velcro strip will be applied with rubbing alcohol.
- Step 2: Apply the adhesive backed Velcro strip so it's centered on the seat and the top of the strip is about 3" from the top of the seat.
- Step 3: Press the Velcro tightly against the seat at all points using your thumbs. Wearing gloves may be a good idea as the Velcro is prickly.

Steps 1 through 5 at right show how to install your seat bag without removing the headrest roll.

- Step 1: Position the headrest so it comfortably supports your head and mark the headrest bar at the top of the seat with a pencil.
- Step 2: Insert headrest support bar in the headrest opening of your seat bag.
- Step 3: Crumple the seat bag up against the foam roll and press bar against seat, matching the pencil mark to the top of the seat.
- Step 4: Install Seat Pad
- Step 5: Pull mesh down over seat pad and seat.

Mark Bar Here

