#### FOLLOW THESE STEPS FOR A CLEAR WARDROBE (AND MIND)

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#### DECLUTTER GUIDE



$\bigcirc$	SET ASIDE SOME TIME
	This isn't a job you can leave and go
	back to - the bigger the wardrobe, the
	more time you'll need.

#### Sort your piles and pay special attention to the 'Don't Wear' pile, you want to keep clothes that make you happy.

If you haven't worn something in 1-2 years get rid of it!

# CROSS IT OFF!

That stained sweater, those pants missing a button - separate these into 'fix' & 'clean' and get them ready for your local seamstress or dry-cleaner!

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# NEARLY THERE!

Make sure vou keep vour piles neat and move any bags out of your room and into your car - don't procrastinate donating, repairing or dry-cleaning!

# O DON'T HANG THAT

Fold and organise items you won't hang (such as active-wear) into dedicated drawers

Low storage boxes that can neatly fit under your bed are also great!

#### **REVISIT THE MAYBES**

Now that you've added everything back in revisit any items you were unsure about. You should have a clearer mind now so it will be easy to be ruthless!

Write a list of what your wardrobe is missing! Time to invest in the perfect flowy dress?

#### O GET IN A SPRING CLEAN

Start by taking all your items out and cleaning every surface well. Really get in there and clean while you can.

#### GIVE SECOND LIFE

Bag up the clothes you don't love and let them be loved by someone else! Make sure they're in good condition!

> Want to give selling your garments a go? Make a Depop account!

#### MAKE A PLAN

Now that you've decided what to keep, devise the best way to organise your wardrobe. Do you need to buy some storage boxes for those winter knits? Or some extra hangers?

# STORE AWAY

If you have the space to separate seasonal wardrobes, do this now so it's out of sight

The less garments that are visible to you, the less overwhelming choosing an outfit in the mornings will be!

#### ORGANISE IT ALL!

Now you can start adding the rest of your items back into your wardrobe! Be methodical, hang everything correctly and colour-code. Start with tops and work your way to dresses.

The goal is to have as much of your wardrobe as visible as possible!

## START A ROUTINE

You are now nice and familiar with everything in your wardrobe, so get into the habit of pre-planning outfits for the next day (or even the week ahead). Make sure you check the weather and hang it at the front ready to go!

### O DIVIDE & CONQUER

Separate your clothes into these categories, and add in any additional groups appropriate to your wardrobe.

- SLIMMER
- REPAIR
- WINTER
- CLEAN SHOES
- ANY SEASON • DON'T WEAR
- ACCESSORIES
- ACTIVE-WEAR

#### ○ BE STRATEGIC

Make an organisational strategy to keep things neat and tidy. You could colour code, and organise by occasion!

If you're lacking enough storage space hanging units are a great way to go, as well as drawer dividers.

#### FOLD AND REPEAT

Make sure you fold items neatly to ensure they don't get damaged. Fold denim and tees if you lack space and categorise them by type & colour.

Start with shirts (light, dark, coloured) and then move on to skirts (light, dark, coloured) and so on!

#### ACCESSORIES & SHOES

Time to add in the best bits. Stick to your strategy and don't hide them away - you want them to be seen to get maximum wear out of your wardrobe.

Try getting creative with this display! A vintage ladder makes the perfect scarf rack, and a shoe rack will maximise the ground level of your wardrobe while showing them off!

#### DECLUTTER COMPLETE!

YOU DID IT!! Now sit back, relax and admire! Make a promise to yourself to keep it organised, and schedule in your next sort out.

Use the 1 in 1 out rule! This is a great way to avoid an overcrowded and unworn wardrobe.

NOTES / TO DO:								

