

SUNNIES STUDIOS

Reading Glasses Strength Guide

1. Print this guide in an A4-sized paper and scale to 100%. Once printed, the line below should measure 1" in length.



2. Hold the sheet or hang the printed sheet on the wall and stand 14 inches away.

3. Starting at the top line, read each line from top to bottom until the text becomes crystal clear. This row determines the best strength for your reading glasses.

+1.00

If you can read up to this line, choose this strength.

+1.50

If you can read up to this line, choose this strength.

+2.00

If you can read up to this line, choose this strength.

+2.50

If you can read up to this line, choose this strength.

+3.00

If you can read up to this line, choose this strength.