

SANTOS De Cartier

Fine Jewellery, Ground Floor



FASHION | LIFESTYLE | STORIES

Tina Chen Craig

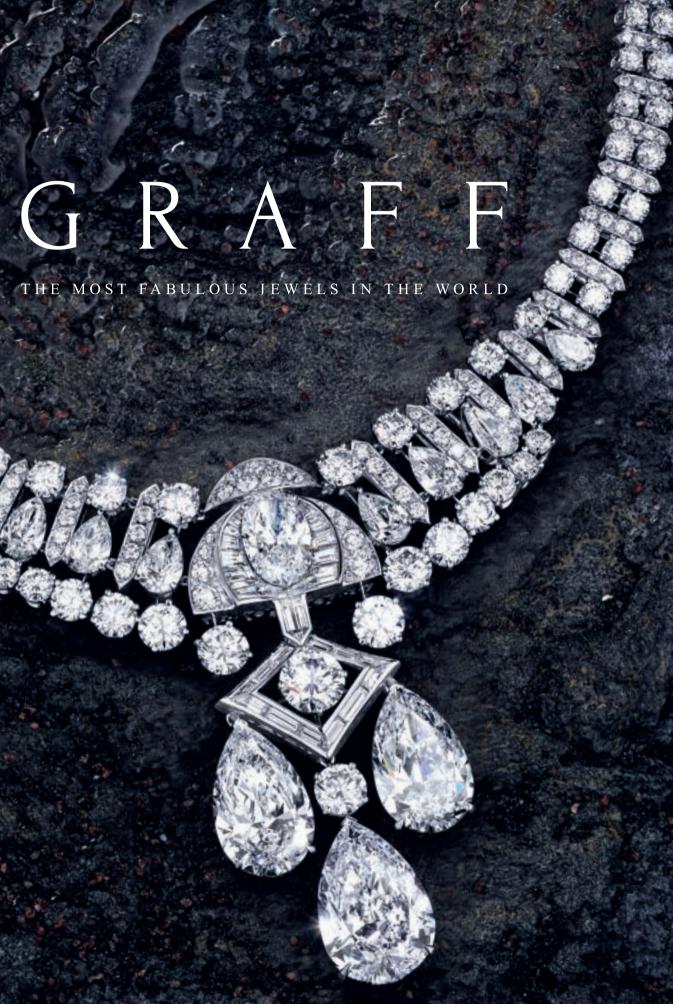
How fash bagged a sea

> The ma and Joi

on's front-row favourite t with skincare's super set

gical mountains of Bhutan athan Anderson's Loewe





Van Cleef & Arpels

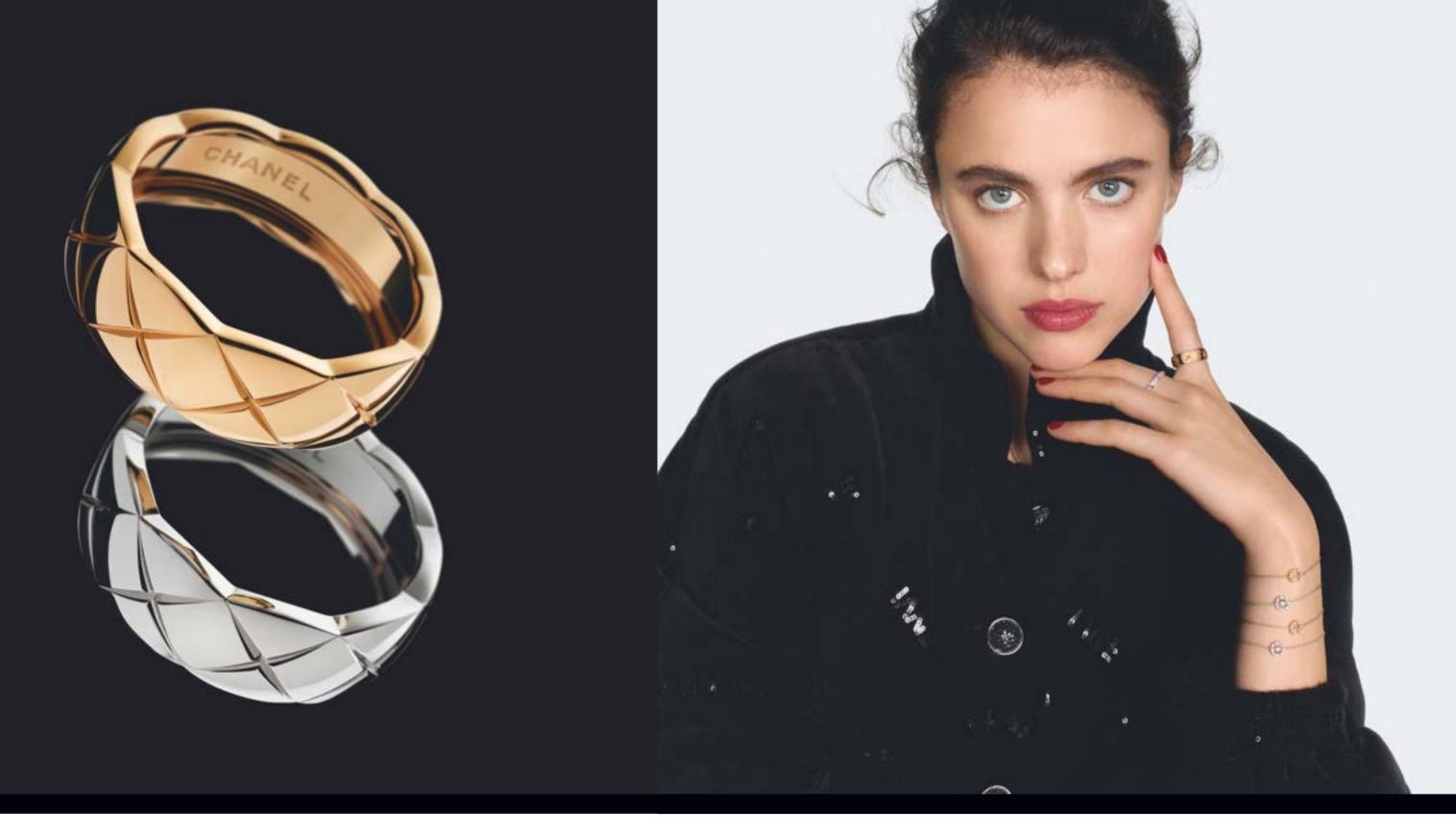
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BOODLES

A FAMILY STORY

Yasmin and Amber Le Bon wear Raindance

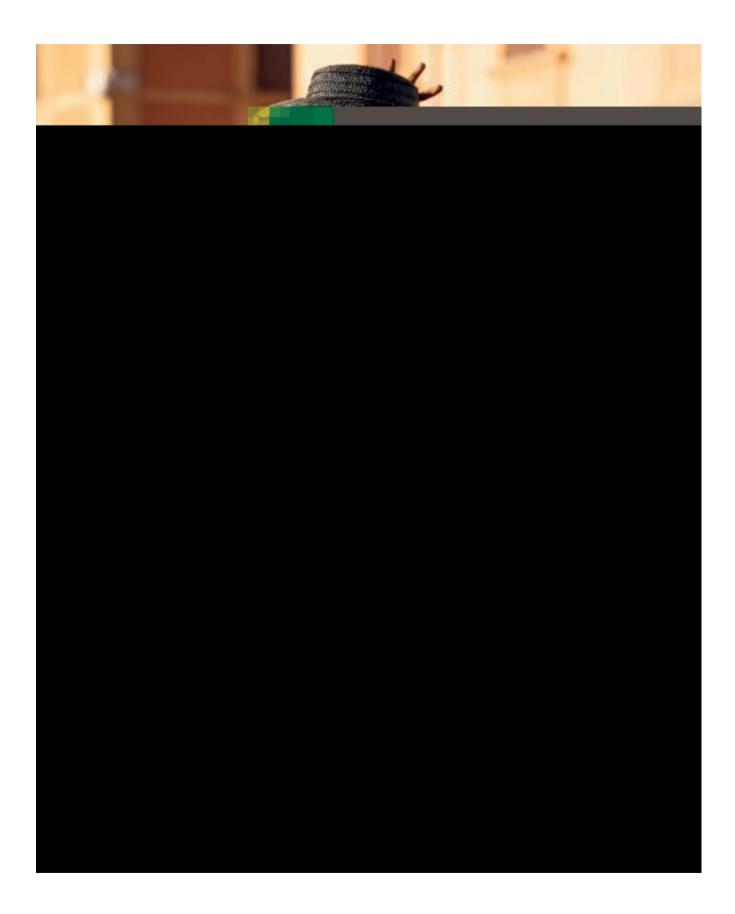
FINE JEWELLERY, GROUND FLOOR

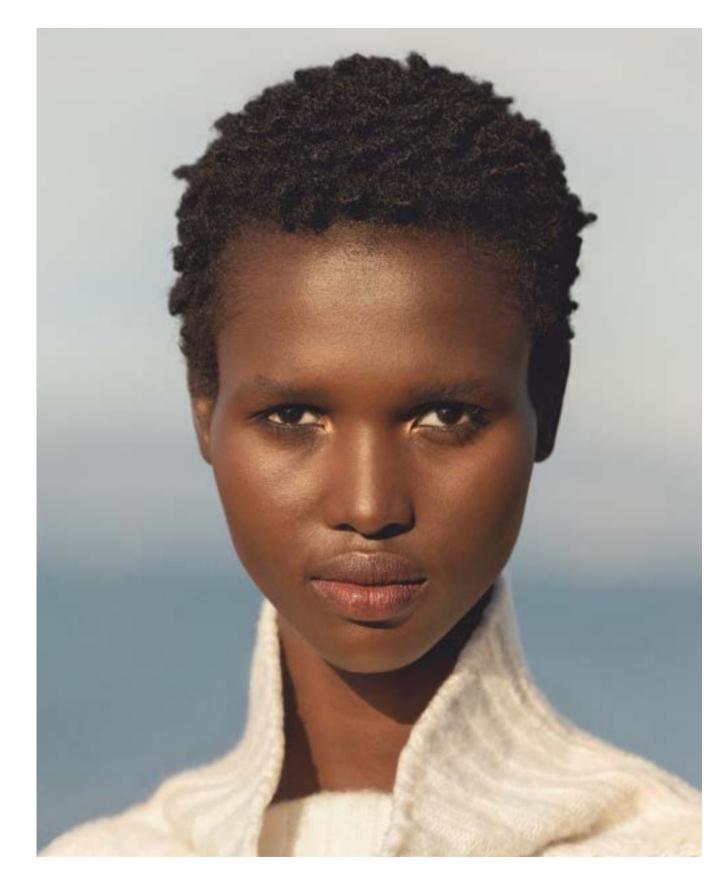
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Women's Superbrands, First Floor Men's International Designer, Second Floor



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SENS



This issue's highlights

038 Best and brightest It takes a special stone – and extraordinary craftsmanship - to make the cut at Graff

052 Skin in the game Meet U Beauty's Tina Chen Craig, on a detail-driven quest to simplify skincare





Style, Beauty & Living

032 All hands on deck Chart a course for some seriously stylish and high-performance timepieces

050 Holding patterns New-season bags, elevated from the everyday and certain to turn heads wherever you go

058 Let's get physical Jonathan Anderson favours (sur)real over virtual in his latest Loewe collections

072 Charm offensive Schiaparelli isn't shy of a grand fashion statement. But sometimes less is more...

COVER PI JW Ander:

082 Spritzing the changes Seize the (big) day with a bold new fragrance to herald the new chapter in your life

110 Home away from home Ibiza used not to appeal to Marcelo Burlon. Very different story now

Ground Floor



060 A new dawn for denim From humble origins to a seat at the haute-couture table, denim goes next level

074 Picture pioneers The Red Sea Film Festival has helped bring Middle Eastern creativity into sharp focus

086 Here come the brides

With big days looming, beauty plans are unveiled by a quartet of brides-to-be

102 Pathway to peace

High in the Himalayas, Bhutan offers a lifestyle with health and happiness at its heart



078 The human touch Giving back makes sense in so many ways, as these innovators and entrepreneurs explain

094 Mission: Skintelligence Trying to unlock the secret of happier skin? You've come to the right place

116 The joys of spring

'Tis the season of mouthwatering fruit and vegetables, with tomatoes leading the charge

120 The grapes of worth

Winemaking's route to sustainability isn't easy (or clear), but it's heading the right way

122 Set jetters

Inspired by luxury on-screen locations? Then follow the trail of *Succession*'s Shiv et al...

124 Hear this...

The Top 5 pods, blogs and more that inform journalist Nosheen Iqbal's world view



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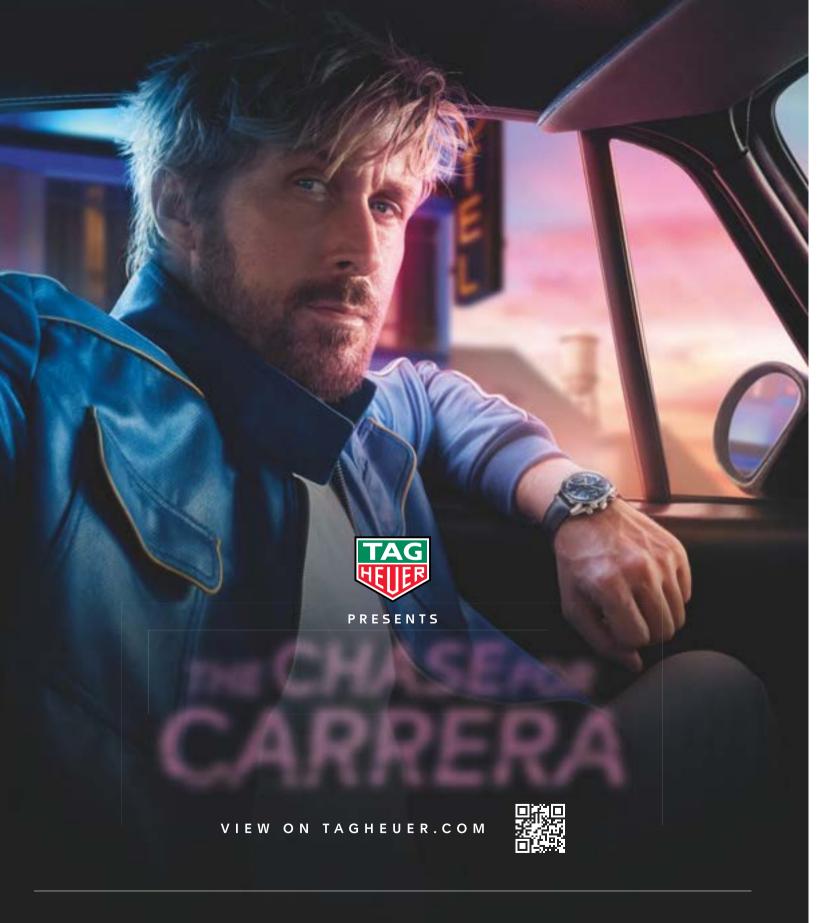




BOUCHERON

RY, GROUND FLOOR

HOW BAD DOES HE WANT THAT WATCH?





vents coming up I-store...

LIFE'S GREAT TASTEMAKERS are often the ones who dare to see the world differently. The *pioneers* of this issue have never been afraid to "break a cycle and head in a new direction" as Jonathan Anderson neatly puts it. Cover star Tina Chen Craig has *reimagined* the world of hightech skincare, while actor Reem Alhabib and philanthropist Sylvie Chantecaille have chosen *paths less trodden* – with great success. So whether it's an adventure to Bhutan, or experimenting with a bridal beauty look or new skincare regime, maybe we can tempt you into *changing track* this spring.

FINE WATCHES, LOWER GROUND FLOOR





Subjected to the glare of the photoshoot lights, even the freshest asparagus can benefit from a little gentle rehydration (The joys of spring, p116)



The New York City streets provide the backdrop for this issue's shoot with U Beauty's Tina Chen Craig (Skin in the game, p52)



Photographer Toby Coulson with Sarah Lysander – who's dressed for summer but wrapped up for a chilly day on set (Here come the brides, p86)



"WHICH TV CHARACTER WOULD YOU LIKE TO GO ON HOLIDAY WITH... AND WHERE?"



SQ photographer Adam GOODI \geq \checkmark \Box

Goodison (All hands on deck, p32) has worked with clients such as British Vogue, Jo Malone London, Net-a-Porter and *Esquire*. His lens brings a bold, playful approach to studio photography, using long shadows, layers and depth, to tread the line between lived-in scenarios and composed set-ups. His holiday pick? "I'd love to join Catherine Cawood from Happy Valley on her road trip to the Himalayas. As a fellow northerner, I think we'd hit it off and be good friends. She has a tough exterior, but underneath, I imagine she's fun, warm and full of adventure. She'd bail us out of any hairy situation - though eventually, she might have enough of me and turf me out in the middle of nowhere."



'KEE Liz O'Keefe (The joys of spring, p116) is a food writer, recipe $\hat{\mathbb{C}}$ developer and food stylist, who worked as LIZ a chef before diving into the world of publishing. Co-author of the award-winning The Mushroom *Cookbook*, she writes and food-styles for various magazines and commercial clients, and has run a series of successful supper clubs in London. She is particularly interested in seasonal food and the connections we have with what we eat, and she is also a big fan of the good old dinner party. "I'd join the fierce and funny Meredith Grey from Grey's Anatomy for a cruise down the Nile," she reveals, "and hope I wasn't one of the passengers who would inevitably need her medical assistance..."



Co-host of Today in Focus, The Guardian's flagship daily news podcast, Nosheen ίτ] Iqbal (*Hear this...*, p124) Ē started her career as SHI a music journalist and writer for the style \bigcirc press. She worked \mathbf{Z} as a reporter and features writer for The *Observer*, and her stint at The Guardian spans more than a decade – as women's editor, features editor, culture editor and critic. "My favourite TV characters are usually the ones that are categorically awful, like the ever-obnoxious Elaine from *Seinfeld*, so I wouldn't necessarily want to spend a week exploring the Amalfi Coast with any of them," she savs. "But there is one character I'd make my plusone: the ridiculous, pretentious and everso-entertaining Frasier Crane. Psychiatrist. Gentleman. Buffoon."

BEYOND THE MAGAZINE

Discover more on the Harrods app, and by following us @harrods, @harrodsbeauty, @harrodsfood and @harrodsman



ULLWOOF Valaida Fullwood (The human touch, p78) brings unbridled imagination to her work as a writer, public speaker and creative consultant on projects and events in the social \checkmark AID, sector. Born and raised in North Carolina, USA, she is the author of Giving Back, an award-winning tribute >to African-American philanthropists, and creator of 'The Soul of Philanthropy', a touring multimedia exhibit that reimagines her book. Prior to establishing her consulting practice, she spent nearly a decade managing international economic development projects for major corporations. So, people and place? "I'd join characters from Succession (I have so many questions for them!) on holiday in the Sevchelles. We'd have a luxurious time and there would never be a dull moment."

TUDOR

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the spirit that gave birth to embodied by every TUDOR Watch. Some are born to follow. Others are born

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THE NUDO COLLECTION **DESIGNED IN MILAN**





MILANO 1967

JEWELLERY, FIRST FLOOR



JOIN THE CLUB

Just picture it... sun shining as you slide a driver out of an immaculate leather golf bag. Welcome to golf, Berluti-style. The French brand's initial foray into the sport came a few years back; now, it has ramped things up with a luxury capsule collection so you can dress head to toe in its beautiful pieces as you work on your handicap. And while everyone needs the beautifully crafted leather golf shoes - secret weapon of stylish golfers everywhere – we've fallen particularly hard for the brilliant 'B'-embossed collegiate leather jacket.

Berluti jacket £5,900 and swing pouch £460

Back when forward-thinking Swiss sportswear company On was merely made up of prototypes, shoe testers claimed that wearing the high-tech sneakers was like 'running on clouds'. The concept stuck, the brand's patented cushioning technology picked up the simile and ran with it, and CloudTec was born. A strong believer that running should be as enjoyable as possible, On is committed to creating comfortable, lightweight trainers that prevent injury by absorbing impact. The latest releases - the Cloudswift 3, engineered for urban running, and the Cloudmonster, a max-cushioned trainer are hitting Harrods now. On Cloudmonster trainers £160



MAD FOR IT

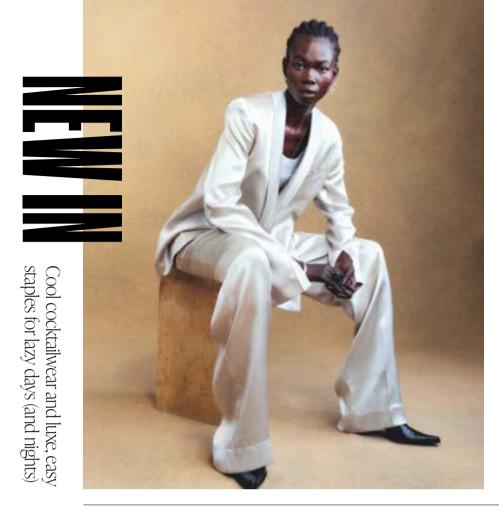
Now, here's a titbit of fashion trivia: during Liam Gallagher's 2017 Glastonbury set, some of his mostprized Stone Island parkas were allegedly stolen from his hotel room. Genuinely. Of course, Stone Island is a go-to for many of the coolest bands - and it's now also catching on with the gorpcore crew, those seriousspending outdoor-pursuit-apparel obsessionals, who are hooked on the label's latest line-up of next-gen waterproof fabrics. Make no mistake: these are collectables set to sell out fast.

From left Stone Island jacket £1,200, T-shirt £160 and trousers £350; vest £315, T-shirt £160 and trousers £320; T-shirt £195 and shorts £265; jacket £620 and sweater £350

JEANS GENIE

If denim is your default dress-down look, make a beeline for Glenn Martens' incredible new collection for Y/Project. The Belgian designer applies couturelevel techniques to the blue stuff – draping, distorting, bending and printing to create fascinating new shapes. For spring, trompe l'oeil appears, conjuring up belts and collars. Join us as we marvel at Martens' work, now in the new Y/Project pop-up on the Second Floor; we challenge vou not to be amazed. Y/Project sweater £180 and jeans £430

Menswear, Second Floor; and harrods.con



GARMENTS TO SAVOUR

The future of fashion? It might just be Bite Studios. Established in 2016 and based in London and Stockholm, the brand focuses on classic and considered modern wardrobe staples (think a cross between The Row and old Celine) with an emphasis on tailoring. The founders sum up their approach as responsible minimalism: trans-seasonality is key to their sensibility, and everything is produced as sustainably as possible in factories in London and Portugal, using ethical fabrics such as organic cotton and peace silk. Bite Studios jacket £1,300 and trousers £985

Straight to the Pointe

"The LaPointe woman is not afraid of the spotlight," says founder Sally LaPointe. And her customer base backs this up: Kylie Jenner, Hailey

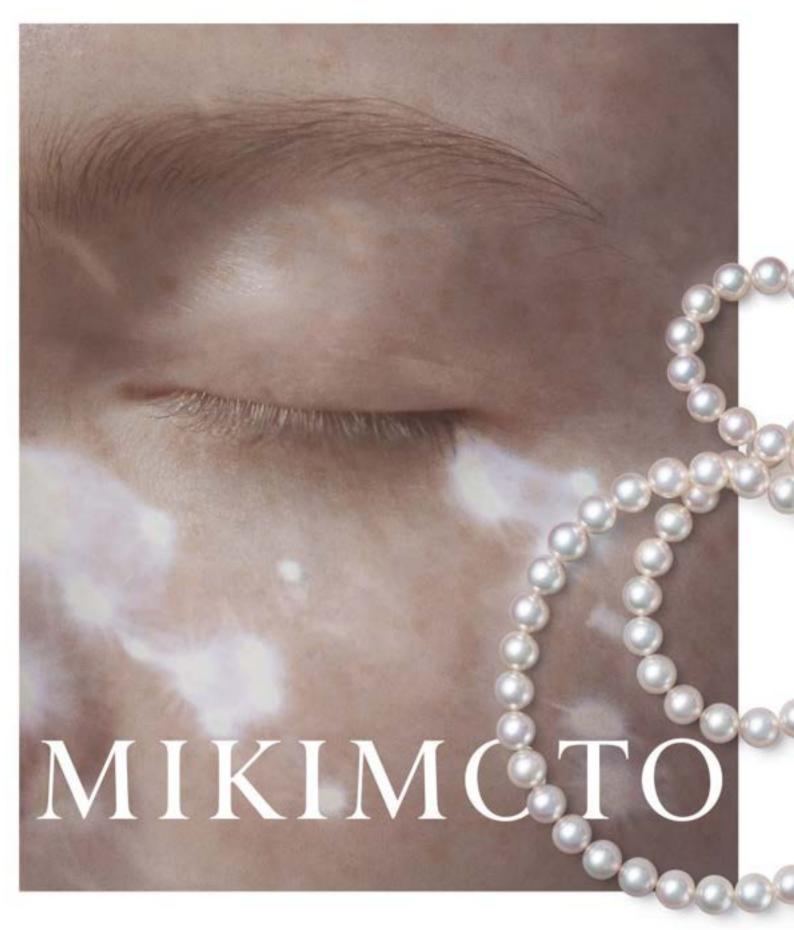
Bieber, Jennifer Lopez and Chrissy Teigen are all fans of the New York Citybased designer's colourful cocktailwear and ultra-feminine tailoring. LaPointe top £1,130 and and trousers £960

Functional. Fuss-free. Travel-friendly. Is it any wonder that Issey Miyake's eternally chic Pleats Please line has endured for 30 years? The new anniversary collection celebrates the Japanese brand's unique garmentpleating technique (in which the pleats are added only after sewing the clothes into shape), while incorporating long-line silhouettes and super-bright lettering. Pleats Please Issey Mikaye dress £470, bag £280 and sandals £575

Womenswear, First Floor; and harrods.com

EASY BREEZY

The world according to Giambattista Valli is romantic and glamorous in equal measure, filled with frills, sinuous silhouettes and flurries of print. Sound like your sort of place? Then you're in luck: breeze into the Parisbased brand's bucolic realm of flowers and tweed by way of a new pop-up in Harrods, where you'll find the latest collections (including a few very special exclusives) until the end of May. Giambattista Valli bralet £920 and skirt £1,190



A LOVE LETTER TO THE SEA. **SINCE 1893**

Fine Jewellery, Ground Floor

PHOTOGRAPHY ADAM GOODISON STYLING CHRISTOPHE RUIZ

ALL HANDS ON DECK

Whether you're taking the helm, checking out the waves or merely sipping a portside sundowner, these super-technical high-spec timepieces are guaranteed to float your boat this summer



THE RIVIERA WRIST

Clockwise from far left Panerai Luminor Marina Goldtech Sole Blu 44mm, £22,300; Tudor Black Bay in steel and gold 41mm, £4,780; Vacheron Constantin Overseas Chronograph 42.5mm, £31,200; Jaeger-LeCoultre Polaris Automatic 41mm, £8,200





MAKING WAVES This page, from left Bamford Carbon B347 – Bamford Aqua Blue 41.5mm, £2,500; Hublot Spirit of Big Bang chronograph in sapphire crystal 42mm, price on request. Sapplife dystal 42mm, price of meddest. Opposite page, from top Audemars Piguet Royal Oak Offshore Selfwinding Chronograph 42m, £32,000; Roger Dubuis Excalibur Spider Huracán Titanium 45mm, £40,800; Bremont MB Savanna in titanium 43mm, £4,895





PHOTOGRAPHY BENJAMIN McMAHON WORDS AMY BROOMFIELD

Best and BRIGHTEST

At the heart of high-jewellery brand Graff is the simplest of goals: to realise the maximum potential of the world's best gemstones. It's an ethos driven by the company founder, Laurence Graff, whose fascination with the purity, beauty and emotional power of diamonds spurred him to found the business 63 years ago

Every morning, design director Anne-Eva Geffroy and her team receive a box of gemstones. They might be diamonds, sapphires, rubies or emeralds the contents are unknown until they actually arrive. But whatever they are, they all have a common denominator: they're unquestionably the finest stones of their kind. After examining them for shape and size, the team begins to sketch design ideas, which are then reimagined in gouache paint to capture the detail and movement of each piece and how each gem will reflect the light when worn. ⊳





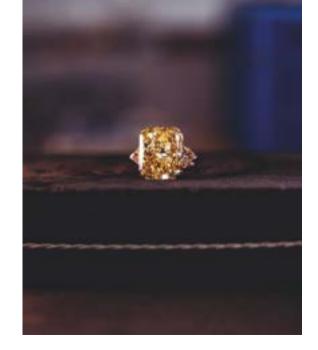
"The beauty of our designs is that we have a huge liberty of creation; we are always looking for something new, interesting and innovative that reflects our maison, but with a twist. Our house is really linked to the rhythm of the stones we receive"

DESIGN DIRECTOR ANNE-EVA GEFFROY









Somewhere, deep beneath the streets of Mayfair, is Graff's heavily guarded labyrinthine basement of interconnected workshops, where some of the finest jewellers are at work. Positioned at chest-height desks with an array of tools and ultra-high-spec magnifying glasses at their fingertips, the artisans take on different intricate tasks - twisting and turning; finely honing the tiniest of details with prongs or claws to perfect the metalwork of each design, a work of art in itself.

Graff is not only renowned for stones of the highest quality, it's also known for where they embark on a journey of polishing, arranging and fitting. At any its use of showstopping centrepiece gems – and this year's additions to the given time, due to the precise, intricate work and the different skill sets Tribal high jewellery collection, shown in development in these images, are no required, there could be multiple creations in the workshop at various stages exception. Geffroy's team considers how each individual stone sits and of production. Craftsmanship is always the focal point, but wearability and moves, and, crucially, how it will complement the centre stone. Once a series comfort are also essential, and each piece ultimately needs to be signed off of gems have been matched to a design, they are sent to the workshop, by the Graff family, who are still firmly at the helm of the business. >





JEWELLERY



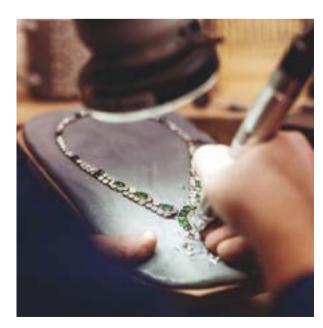




The artisans, just like sculptors, work to give each piece depth and volume, articulating the stones at different heights and angles, positioning some slightly above others, some slightly below, to reflect the light and create a sense of movement. As crucial as the stones themselves, and as much of a masterpiece, is the complex metalwork made to hold them; truly, the back of each piece is just as beautiful and intricate as the front.

White diamonds, rubies, emeralds and sapphires are predominantly set in whitegold findings. Meanwhile, signature yellow diamonds are held invisibly by yellow gold, making the stones appear to float over the skin; this, just like the logo that is engraved by laser – on all diamonds of 0.5 carats and above, is a hallmark of the legendary house.







"It's really important to us that the creation looks light even if it contains many, many stones. A necklace may have 30 rubies, but it's never heavy or flashy. We really want to keep the elegance, the femininity"

DESIGN DIRECTOR ANNE-EVA GEFFROY

Fine Jewellery, Ground Floor

JEWELLERY



VACHERON CONSTANTIN

Traditionnelle Tourbillon Retrograde Date Openface It's said that watchmakers first open-worked their watches to show off - and why not? In Vacheron's spirited new tourbillon, an open dial reveals the astonishing intricacy and beauty of a hand-finished mechanical watch - which also has a retrograde date display, with a pointer that moves across a 180-degree scale, then resets at the end of each month. Price on request



TAG HEUER

Aquaracer Professional 200 Solargraph Don't be fooled by the familiar form of TAG Heuer's go-anywhere Aquaracer sports watch. Not only does it have a case and bracelet cast in sandblasted featherweight titanium, it's also powered by the sun's rays - and, once charged, will keep going for six months, making it the ultimate on-the-go outdoor companion. £2,550



A. LANGE & SÖHNE Zeitwerk

When is a digital watch not a digital watch? When it's mechanical, and when it's Lange's Zeitwerk, a digital watch in the purest sense. This timepiece relays the time via digital read-outs for the hours and minutes, while its oversized small seconds and a 72-hour power-reserve indicator are of the more traditional analogue variety. Price on request



HUBLOT

Big Bang Tourbillon Automatic Yellow Neon SAXEM Not even arch-experimentalist Hublot has ever made a watch in neon yellow sapphire before. This one is made of SAXEM, a highly resistant alloy of aluminium oxide (the basic component of sapphire) and rare-earth elements, commonly used in satellites and lasers. It took three years to perfect, and only 50 will be produced. £182,000

TIME FOR SOMETHING DIFFERENT

Look for a round watch with a black dial and three hands and you'll be swamped. Alternatively, you could choose a design that rewrites the rules of fine watchmaking - like this half a dozen highly imaginative and highly memorable designs



ZENITH Defy Skyline Skeleton

Skeletonised watches aren't that unusual, but there's only one with a small seconds

hand that makes a full 360-degree tour of its subdial in 10 seconds (rather than 60).

Zenith's muscular steel sports watch achieves the feat through its high-frequency

El Primero, an iconic movement originally introduced in 1969. £9,700



ROGER DUBUIS Excalibur Monobalancier

Most think of Roger Dubuis as the original hyperwatch maker, a reputation it maintains with the latest version of its signature Excalibur. This one is encased in Eon Gold, but the real story is a series of mechanical and aesthetic improvements, delivering better performance - including a 72-hour power reserve - and contemporary flair. Price on request



ENGELBERT

"Denim is surging through every level of fashion. And designer denim is being thoroughly redefined... sculpted and crafted into striking silhouettes with radical cuts and haute details." CLAUDIA CROFT

EST.1920





All things bright and beautiful, all handbags neat and small... LINDSAY MACPHERSON outlines the Spring/Summer 2023 bag trends across the leading fashion brands, revealing a variety like never before...





ALL THE SMALL THINGS

Mini bags? We love. The tatty overspill tote we end up carrying around with the rest of our possessions? Not so much. Pleasingly, the SS23 catwalks offer a solution. The supersized cargo pocket popped up everywhere from Chanel's shirtdress to Craig Green's pink parkas, making the mini bag's less-than-practical dimensions feasible. Enter Coperni's ultra-compact bags, while at the Kim Kardashian-curated Dolce & Gabbana omenswear show, the models carried nano ags (*left*) so itty-bitty that they could just bout squeeze in a set of keys. Dior Men's Kim Jones showed shrunken-down versions of the brand's Saddle bag; similarly, Chanel's earl-adorned bags and Celine's sleek nanos barely bigger than a matchbox. But all pack a punch that belies their pint-size proportions, and – crucially – they don't n the line of a perfectly cut suit or a frothy naller the bag, the greater the impact.

SHINE ON

Who says metallics are meant for the winter months? Not Coperni, who sent an 18-karatsolid-gold one-of-a-kind version of its signature Swipe bag down the runway (*right*) and – despite the bag not being for sale – duly took the crown as the

most buzzed-about brand of SS23. Molten gold also had a moment at Chanel, where bijoux bejewelled numbers were on show; mirror-bright top handles dazzled at Dolce & Gabbana; while Louis Vuitton's mega-buckle bags would be the ideal foil for something more sober. Moreover, if you think this is a trend reserved for womenswear, think again: gold clutches with metal handles lit up the menswear looks at Balmain, while Jonathan Anderson sent out silver versions of the otherwise utilitarian sling cross-body at Loewe. And stepping away from the catwalk, things become even more sparkly, with ornate orbs resembling Fabergé eggs at Mae Cassidy and blindingly bright bags from Zarqua.



TOY STORY

Nostalgia is still a major force in fashion... and is that any surprise? In uncertain times, a dose of pop culture from the past feels soothing as well as sentimental. And this season, accessories were served with a soupçon of novelty and whimsy. So no, your eyes didn't deceive you: there really were SpongeBob SquarePants bags on the GCDS catwalk; Louis Vuitton's doll's house bag (*above*) had an *Alice in Wonderland* feel; while Thom Browne's men's flower-and-bee backpack will attract his superfans like, erm, bees to honey. As for the collab we never knew we needed? Gucci x Gremlins – with Gizmo peeping out of totes to add a kitsch, cuddly and ever-so-cute touch to the Gucci runway. Louis Vuitton Maison de Famille bag £32,500, jacket, price on request, and trousers £4,650



ACCESSORIES



A PERFECT MATCH

Blending in doesn't sound like an inspiring new bag trend but bear with us, because this is emphatically not about fading into the background. Chameleon bags (right) are currently a bubbling-under fashion trend - well, does anything say puttogether better than a bouclé bag to match your coat and dress (Chanel) or a bouclé briefcase to co-ord with your coat (Thom Browne)? Further proof vou can never have too much of a good thing? The denim ensembles from Givenchy womenswear and Fendi menswear have matching bags, making Britney and Justin's top-to-toe denim efforts look tame in comparison. Special mention, however, goes to Valentino, where Pierpaolo Piccioli's tailored shorts, T-shirts and men's clutches in matching 'V' prints are just as striking as his full-on fuchsia looks from last season. Balmain bag £2,050, shorts £1,550 and boots £1,250

<u></u>

TWO'S COMPANY

Seeing double at the SS23 shows? Don't panic! You could be: a) at Gucci, where sets of identical twins were sent down the runway sporting matching looks; or b) simply taking in the accessories anywhere from Alexander McQueen (pared-down totes paired with punked-up man-bags) to Zimmermann (two teeny chain bags). Chanel embraced the layered look with models in possession of multiple minaudieres - some slung round their necks like pendants. Dolce & Gabbana showed it was twice as nice to stack bags on top of one another. And at Fendi (left), the bags came down the runway with mini-mes attached (a trend spotted at both the men's and women's shows), with Silvia Venturini Fendi explaining that her womenswear collection's sense of duality was down to the focus on the double F logo. "It makes us see things in couples," she wrote. "Even the bags become part of a family: big and small." A pair of acid green bags capable of amping up an entire outfit? Sometimes more is more after all. \Box From left Fendi python First Sight Bag £3,050 and Nano Bag F, £1,320

Luxury Accessories, Ground Floor; Womenswear, First Floor; Menswear, Second Floor; Harrods Shoe Heaven, Fifth Floor; and harrods.com

PHOTOGRAPHY CLÉMENT PASCAL WORDS KATHLEEN BAIRD-MURRAY STYLING ELIZABETH REYNOLDS

Skin in the game

A cult-favourite fashion blogger turned front-row fixture and big-time influencer, Tina Chen Craig knows how to turn a passion into a successful brand. So it's no surprise that the longtime skincare obsessive is now taking the beauty industry by storm

SHORTLY AFTER THE end of my video interview with Tina Chen Craig, co-founder of U Beauty, the emails start coming in: "Kathleen, I just realised I forgot to mention my support at U Beauty – my partner and the entire team... it's small but extremely efficient!" reads the first. A couple more follow, with details about specific questions, and then: "Kathleen, can't wait to meet you IRL! SO MUCH FUN TODAY!"

And it was fun. Craig likes to talk and is fully engaged with all aspects of life. Her abundant energy (on our call and over emails) comes from what she refers to as "control freakery". She tells me she doesn't like flying because she doesn't like being out of control, and that prior to launching a product from her skincare line, she abstains from alcohol for two months so that she can be at her absolute best. Perhaps, though, her control freakery can be seen as extreme attention to detail: she does clinical trials on her products not just to demonstrate their impressive results, but because of a need to know exactly what's happening below the skin's surface. "I won't approve anything I don't believe in," she tells me.

Aside from U Beauty, Craig is perhaps best known for launching her blog about luxury handbags, Bag Snob, in 2005. Prior to that, she graduated from the University of Southern California with a degree in international finance, then co-founded an international licensing company to distribute American fashion and lifestyle brands in Asia. She launched U Beauty in 2019, persuading her network of experts and influential friends like Eva Chen, Bryanboy and Paris Hilton to try it. "I didn't have a plan; the best businesses usually don't," she tells me. The line is now sold by more than 100 retailers worldwide. Yet Craig doesn't take her success for granted: "Coming to Harrods was definitely a pinch-me moment," she says.

Craig's drive to succeed stems in part from a disrupted childhood. Her family moved from China to the US when she was eight years old (she now lives in Texas with her teenage son). "Being uprooted at such a young age made me crave my own destiny, so that's why I always wanted to do things my own way," she says. When she was 14, her parents refused to buy her a red bikini she had her heart set on. "I was desperate to have control and be >



INTERVIEW

Tina wears Schiaparelli shirt £3,600 and skirt £3,200; earrings and ring, Tina's own; shoes, stylist's own "DISCIPLINE has changed my approach to skincare. I was never loyal to a single brand. I always had FOMO: 'What if *this* is really good?' When I learned the word 'homeostasis', it changed EVERYTHING"

Tina wears LaPointe trench £1,460 and trousers £2,880 Jimmy Choo sandals £675; Schiaparelli Surrealist Eye ring in brass £1,250; earrings, Tina's own



Tina wears, this page Pradar ess £3,100, Jimmy Choo andals £675 Completedworks ring £235. Opposite page Valentino sweater £2,100 and skirt £14,000; Completedworks earrings £265; ring, Tina' o wr

The Beauty Halls, Ground Floor W omenswear, First Floor; Harrods Shoe Heaven, Fifth Floor: and harrods.com

Make-up Priscilla Freire using Clé de P^sBeauté; Hair Gilad Goldstein; Photographer's Assistan Alec Vierra; Digital Technician Christian Delfino



"Skin like SILK is the ultimate in Chinese culture"

ofter Spans in the favourite The lat the making concentrate pure diamon How has U single brand. I silk is the ultima blot their skin wit state of equilibriu Her final email ar erfect harmony and an't help but think independent," she says, "and my parents wanted me to wear a bathing suit that made me look like I was on a swim team. So I made my aunt drive me to the mall and I got a job in a music store. The owner liked me, and I stayed all summer and got my red bikini. I realised that financial independence helped you get what you wanted from life."

One thing she wanted was a simpler skincare routine, after spending 17 years as a beauty industry insider trying out countless products – often with a detrimental effect on her skin, including bouts of rosacea. But, she tells me, U Beauty is about more than just streamlining routines. She teamed up with her friend Katie Borghese, who had already spent more than a decade developing a technology to get active ingredients into the parts of the face that need them. This technology, now called Siren, would serve as the foundation of U Beauty.

"It's about delivering powerful ingredients with precision and accuracy without the irritation. We are able to localise delivery, isolating where the actives are actually needed, so that they'll never be released on healthy skin cells; they just

> pick up the free radicals." She holds up a clear plastic box filled with small silver-coloured balls and, with a U-shaped magnet, demonstrates how her signature delivery system works. The magnet hovers over the balls, picking some up, leaving the rest behind. Et voilà. Siren.

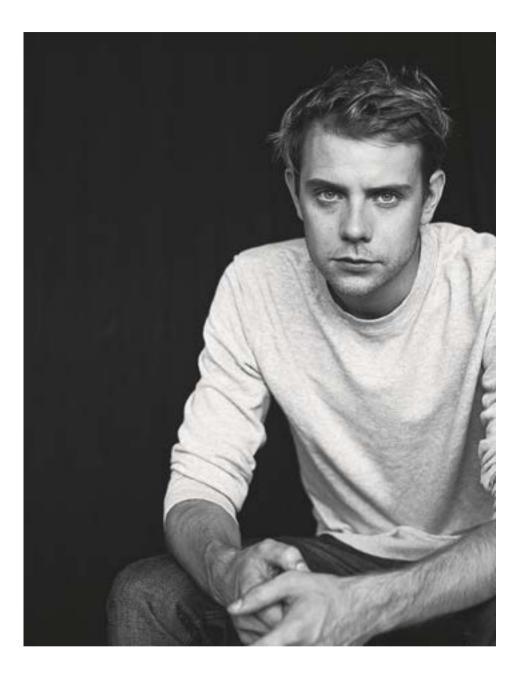
> A skincare obsessive who loves facials with Joanna Czech and visits to dermatologist Dr Dan Belkin, Craig

often takes inspiration for her products from treatments like laser resurfacing ("I want Spanx for the arms!") or more abstract ideas like the immortal jellyfish – "the only organism in the world that can regenerate any damage", she tells me. "Product development is my favourite thing. It's like cooking for me."

The latest from U Beauty is The Return Eye Concentrate (15ml, £138), three years in the making. "Since day one, everyone has been asking us for an eye cream," Craig says. The concentrate uses Siren technology to boost suppleness in the fragile under-eye area, and contains pure diamond powder to brighten dark circles and reduce the appearance of fine lines.

How has U Beauty changed Craig's own approach to skincare? "Discipline. I was never loyal to a single brand. I always had FOMO: 'What if *this* is really good?'" Her skin is glowing today. "Skin like silk is the ultimate in Chinese culture, and everything we do is to protect our skin. I have cousins who blot their skin with tissue because even a towel is too rough. When I learnt the word 'homeostasis' [the state of equilibrium maintained by an organism], it changed everything for me."

Her final email arrives some time after our call: "The quest for homeostasis is very Chinese – achieving perfect harmony and balance in the skin. Yin/yang." When it comes to finding harmony and balance, I can't help but think she has got it right. Especially if it gives us skin like silk. \Box



LET'S GET PHYSICAI

In the age of AI, Jonathan Anderson is hell-bent on counteracting the virtual at Loewe – a house simply bursting with energy despite its 177 years - by embracing tactile human 3D craftsmanship, writes GRACE CAIN

ver found vourself lost among the Victorian crinolines, handpainted Tudor miniatures and 13th-century Iranian tiles of London's V&A Museum? If it's a yes, you won't be surprised to learn it's a regular haunt of the equally multifaceted Jonathan Anderson. "There's something

special about being able to see a Renoir and an incredible embroidered sleeping cap in the same place," he muses. And the way the V&A builds dialogues between seemingly disparate objects, eras and cultural movements feels like an apt metaphor for Anderson's philosophy at Loewe, where he has been creative director since 2013. "My aim is to create and curate a platform where various disciplines – craft, fine art, dance, film – can interact and cross-pollinate in a non-hierarchical way," he explains. "I want to find interesting ways to ensure that a house founded more than 177 years ago will always have a sense of excitement and newness."

Anderson has distilled elements of Loewe's heritage as a collaborative craft workshop, moulding them to fit the zeitgeist in a way that has proved fundamental to its ongoing success. "The first thing I wanted to do when I joined the brand was to revive the focus on craftsmanship," he reflects. "I think of craft as a gauge for knowing and understanding the values of a society. It has the power to awaken our senses against the current mainstream... I think it's crucial that we protect and preserve this power."

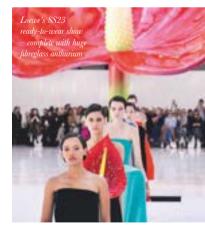
That feels like an eerily prescient comment relating to the dawning of the AI age. "We are so dependent on digital media that I think we need to counteract the virtual with something more human," Anderson reasons. "We see so much two-dimensional imagery online and it's becoming increasingly difficult to connect emotionally, so I see craft as a three-dimensional antidote to that. I want to promote the tactile. And maybe craftsmanship can be part of our collective healing from digital disconnection. Ultimately, I believe the metaverse is about escapism. But for me, there are so many things to do in the physical world right now that

a cycle and head in a new direction.' the First World War. "I wanted to investigate why we look to surrealism in troubled times," Anderson says. "Today, I think the intensity of our reality is creating a desire to escape into a fantasy world." Anderson talks more about this idea of 'escape' in relation to Loewe's annual Paula's Ibiza collections, a playful deviation from the cerebral spirit of his mainseason collections. Inspired by the Old Town Ibiza boutique that became a hub for the hippie revival of the 1970s and '80s, these capsules are, says Anderson, never "too heavy or intellectual". Reflecting further, he says, "Paula's is all about freedom. It shows a more hedonistic and liberated side of Loewe. There are many parallels in the connection to craft, but Paula's is - in essence a statement on the lightness and joy of summer." Moreover, it's a prime example of another pillar of Loewe's DNA - the importance of creative partnerships. "For me, collaborations are about sharing a common message and creating something new with people who do things that you cannot," Anderson says. "The best part is the exchange of ideas. Loewe is almost 180 years old, but it's so full of energy – and as a house with a cultural landscape, it's important for us to work with artists as a way of enriching our world." \Box

"Craft has the power to AWAKEN our senses against the current mainstream... it's CRUCIAL that we PROTECT and preserve this power"

are more rewarding." So does that mean we won't be seeing any more virtual Loewe presentations? "Runway shows are still important because they're an end point for a creative process," Anderson says. "Without this form of presentation, I think there's a risk of repeating yourself. A show is more than a clothing parade; it's a story with a beginning, a middle and an end. Each designer and brand approaches this differently, but I use it to reflect. To break

In recent seasons, Loewe has taken a turn toward the origins of surrealism, a movement born amid the social, cultural and economic turmoil following





Scan for more on oewe, and to shop the brand's latest fashion and accessories

PHOTOGRAPHY ADRIAN CATALAN WORDS CLAUDIA CROFT STYLING JACK REID & ELIZABETH REYNOLDS



Denim is back... big time. It's now turning heads everywhere, from the street to the red carpet, with a raft of celebrities driving its renaissance

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IF YOU KEEP AN EYE on the world's most wanted wardrobes, you'll have noticed something interesting. After years in the doldrums, denim is taking centre stage, with Hailey Bieber – surely one of the most influential dressers on the planet – leading the surge. When she's not vamping in a bombshell dress, she's pairing 1990s-style baggy jeans (new from Balenciaga and Khaite; or vintage pairs by Carhartt and Levi's) with a crop top or corset and an oversized leather coat. The look is comfortable but elevated, high fashion but nonchalant. "Even if I'm just throwing on jeans and a T-shirt, I want it to be a dope pair of jeans and a great T-shirt!" says the model and entrepreneur of her hyper-contemporary style.

Bella Hadid is another fan of 1990s-style denim, sporting her Jacquemus dark denim baggies with the brand's risqué 'curtain' cardigan, or stepping out between fashion shows in distressed Balenciaga jeans that are so loose they could almost fall off. Meanwhile, Rihanna and A\$AP Rocky wear hers and his baggy jeans for date night, proving that denim-mania is as much for men as it is for women. And it's not just on the bottom half where denim rules: double denim – aka the Texan tuxedo, which used to be fashion's most laughable pose – is suddenly not just acceptable but positively desirable. We have Emily Ratajkowski to thank for this 'so-wrong-it's-right' rebrand. The poster girl for double denim, she was spied doing errands in a denim bra top and matching baggy jeans, both by Prada; then turned up to the Loewe catwalk show in Paris wearing the brand's oversized denim jumpsuit, unbuttoned at the front (with, for a provocative twist, nothing underneath).

Denim is surging through every level of fashion, from street to catwalk – and even extending to the couture salons. Indeed, designer denim, a category that first emerged in the '80s, is being thoroughly redefined by the likes of Schiaparelli's Daniel Roseberry, Pieter Mulier at Alaïa, and Craig Green. In their hands, denim is sculpted and crafted into striking directional silhouettes. Mulier is applying radical couture cuts, creating extravagant bell-bottom jeans, mermaid skirts and bra tops. At Schiaparelli, Roseberry – who was born in Texas, where double denim is the unofficial state uniform – infuses his pieces with haute details, including baroque golden buttons, made – he says – with the craftsmanship of a jeweller. "Denim is not precious at all. It always looks great... and in fact looks better over time," says Roseberry of his love affair with the fabric, which – in his hands – marries haute-couture savoir-faire with rugged American authenticity. Iris wears Chloé top £1,315 and trousers £2,125; Aramish wears Wales Bonner jacket £790; Ahluwalia trousers £395; Prada boots £1,200

"Designer denim can be deeply tragic, so to me it's about elevating it with baroque closures, but the fabrics themselves and the constructions are completely authentic." Meanwhile, in menswear, Green's catwalk denim designs verge on wearable works of art, while Gucci's embellished pieces double as spangled eveningwear options.

What's more, there is nowhere you can't go in denim now. Katie Holmes added 'denim pin-up' to her résumé after breaking out Joey-style baggies and pairing them with a corset top for a recent awards show. Denim – with its rebel connotations – is an effective way to telegraph fashionforward credentials on the red carpet: witness Hunter Schafer in a Rick Owens denim mermaid dress and Jodie Turner-Smith's queenly turn in a Balmain denim gown. Those who dare, wear denim.

It's all a far cry from the depths of the pandemic, when athleisure ruled the wardrobe. But after a confinement spent in a blur of hoodies, leggings and sweats, we were definitely ready for something more glamorous and creative. For 2023, denim has shrugged off the basic tag and set itself free from convention to colonise entire wardrobes.

"Since the pandemic and the end of skinny jeans, I see lots of experimentation with denim," says Charlie Gay, founder and designer of LA-based denim brand Le Jean, which is spearheading the idea of a new denim wardrobe. "There's a desire for a modern look. Styling is more relaxed, with more variation of silhouettes: wide-leg, flares, straight-leg. It's about wearing it with style rather than skin-tight." And it goes far beyond just jeans. Le Jean is enjoying enormous success with corsets, pussy-bow blouses and party dresses, as well as oversized shirts that can double as jackets. "It's looking at denim with a high-fashion eye," explains Gay. "Pushing the envelope and mixing pieces."

As well as double denim, there's a sense of creative freedom in seeing directional silhouettes rendered in the fabric. At Miu Miu, oversized utility pockets have sprouted on dirty-denim microskirts and jackets. And from corset tops and evening gowns to dirndls and duster coats, unconventional cuts are proving the key to maxing out on modern denim. "T'm obsessed with our new Allegra midi corset dress," says Gay. "It can be worn with flats or ankle boots for a day-to-night look."

As for the new staples, go for tailored denim trousers and wide-leg jeans, and wear them in a more relaxed way: lower on the hips and looser on the rise. ("Don't be afraid to size up to get this look," counsels Gay.) Style with a matching waistcoat, corset or overshirt, and you have the look of 2023 totally sorted. >



FASHION





Left, Aramish wears Alexander McQueen shirt £870, jeans £740, belt £290, harness £1,290 and boots £790, top, Iris wears Stella McCartney top £550; Triarchy jeans £320; Tilly Sveaas Small Gold Interlock bracelet £165 (top) and Medium Gold Oval Linked bracelet £290



Iris wears Dior top £1,300 and jeans £1,150; Tilly Sveaas Small Gold Interlock bracelet (top) £165 and Medium Gold Oval Linked bracelet £290; Cartier Clash de Cartier rings in rose gold, small model (*left*) £2,060 and medium model £2,960; Stella McCartney shoes £440; *Aramish wears* Dolce & Gabbana top £2,500, jeans £2,150 and sneakers £650





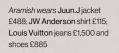
Iris wears Isabel Marant jacket £700 and jeans £395; Loewe T-shirt £450; Skims tank (worn underneath) £36; Cartier Panthère de Cartier ring with onyx and tsavorite garnets £6,150; Alaïa shoes £590

FASHION

"DOUBLE DENIM IS SUDDENLY NOT JUST ACCEPTABLE BUT POSITIVELY DESIRABLE"



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FASHION





Iris wears Magda Butrym dress £1,100; Aramish wears Fendi sweater £770 and jeans £1,050



This page, Aramish wears Prada jacket £1,350, jeans £850 and boots £1,200. Opposite page, Iris wears Schiaparelli jacket £7,500 and jeans £1,800; Aramish wears Gucci coat £2,900, shirt £475 and shorts £4,800



Iris wears With Nothing Underneath shirt £95; Dolce & Gabbana jeans £950; Love Stories bralet £74; Aramish wears Eton shirt £170; Hanes tank from a selection; Alanui jeans £720

"DENIM HAS SET ITSELF FREE FROM CONVENTION TO COLONISE ENTIRE WARDROBES"



FASHION

Iris wears Alaïa bodysuit £930 and jeans £720; Tilly Sveaas Medium Gold Oval Linked bracelet (*top*) £290 and Small Gold Interlock bracelet £165; Cartier Clash de Cartier ring in rose gold, small model £2,060; Aramish wears Craig Green jacket £575 and jeans £575; Kenzo boots £695

Fine Jewellery, Ground Floor; Womenswear, First Floor; Menswear, Second Floor; Harrods Shoe Heaven, Fifth Floor; and harrods.com

Models Iris O'Carroll at Present and Aramish Mangi at Viva; Make-up Claire Urquart; Hair Hiroshi Matsushita; Photographer's Assistants Meshach Falconer-Roberts and Harry Mitchell



CHARN Offensive

Designer DANIEL ROSEBERRY's surrealist and sculptural embellishments are a fitting tribute to Elsa Schiaparelli and the fashion house that she built

WORDS LINDSAY MACPHERSON

FROM LADY GAGA'S BULLET-PROOF inauguration gown to Bella Hadid's mermaid gown and gold-leaf lung necklace, it's safe to say that Schiaparelli's artistic director Daniel Roseberry doesn't shy away from a theatrical statement piece or a viral 'moment in the making'. But as true fans of the Paris-based fashion brand know, the charm of Schiaparelli also lies in, well... its charms. Rather than a final flourish or a decorative afterthought, the embellishments, hardware and buttons that accompany Roseberry's ready-to-wear and catwalk pieces are mini-masterpieces that are highly considered with couture levels of care and attention to detail. They are also, according to Roseberry, a homage to the house he has been tasked with overseeing. "Bijoux has been the key that unlocks the door to Schiaparelli's surrealist world in modern times," the designer explains.

Produced using the same methods as jewellery, the pieces are made using high-tech 3D printing techniques, while also incorporating craft elements such as ceramic and enamel. Elsa Schiaparelli used bijoux as a way to impart a dose of her signature wit and whimsy; today, for Roseberry, it's a way to make a bridge between the house's storied past and brilliant present. "The bijoux are what make the pieces so unmistakably Schiaparelli," he says. A case in point is Look 5 from the designer's SS23 catwalk collection (*left*): an exquisitely cut espresso-coloured tailored jacket. "It centres on simplicity," says Roseberry. "It's all in the detail – the cut, the silhouette, the fabric and also in the bijoux." The five button charms that accompany the jacket are not just quintessentially Elsa Schiaparelli – speaking to her unbridled creativity, unconventionality and uncommon élan – they also tell the story of the history of the house.

The 'S' charm, for example, doesn't simply reference Schiaparelli's surname. The designer had a long superstition around and mysterious devotion to the letter, adopting it as her motif and ensuring all her perfumes began with 'S'. She felt that the letter brought her good luck throughout her career. And the abstract female form charm is also supercharged with meaning. It's a diamond-studded nod to the fact that she was one of the first designers to use motifs of the human body. It also perhaps references Roseberry's sculptural breastplates, which were inspired by the anatomically correct mannequins kept in Schiaparelli's atelier. And collaborations were also a key part of Schiaparelli: the house's creator once said that her work and friendship with the famous artists of the day - who included Salvador Dalí and Man Ray - released her "from the boring reality of merely making a dress to sell". In 1937, French poet, filmmaker and avant-garde artist Jean Cocteau created a floating-eve brooch for Schiaparelli, which became an emblem for the house. Roseberry's reinterpretation – which includes an eerily realistic eyeball - is a worthy homage. The seashell charm represents Schiaparelli's love of a sinuous line and her commitment to surrealism. And the padlock? This ornamentation made its debut on a handbag in Schiaparelli's autumn-winter hautecouture collection of 1935 and, brilliantly, was both decorative and functional, symbolising protection from the evil eye. The key to capturing Schiaparelli? Roseberry is clearly right on the button. \Box

THE HUMAN TOUCH

Keen to improve lives, these luxury brand leaders are doing more than simply making donations - they're literally making it their business to give, writes VALAIDA FULLWOOD

> FAR FROM BEING THE DOMAIN of a rare few, philanthropy is increasingly represented by new faces and ideas. The word philanthropy, after all, literally means 'love of humanity'. The number of *philanthropreneurs*, a distinct breed of entrepreneur, began rising in the mid-2000s. These innovators use their assets - revenue, reputation, networks and platforms - to benefit meaningful causes, and they value the triple bottom line: people, profit and planet. Often there is a fourth factor: purpose. Their brands and causes differ, yet these featured founders share a generosity of spirit and determination to improve lives.

> Annoushka Ducas MBE, the founder of Annoushka, is passionate about seeing young women flourish. "As a finejewellery designer for women, I have a responsibility to help the next generation," says Ducas. Values instilled in her by her late mother influenced Ducas' patronage of The Prince's Trust, a charity founded 47 years ago by King Charles to help disadvantaged young people. In 2020, Ducas launched grassroots fundraiser The Brilliant Breakfast, opting for breakfast instead of a gala because it's unintimidating and "massively inclusive". The peer-to-peer breakfasts invite people to give whatever they can afford, to expand opportunities for young women. To date, they have generated $f_{2.2m}$ and helped 800 women gain skills to go into education, training or employment.

> A fluke discovery proved the catalyst for Shalom Lloyd, founder of Naturally Tribal Skincare, a brand that works to support Nigerian women. Lloyd, a qualified pharmacist, was experimenting with treatments to clear her son's eczema and

chanced on a shea-based formulation that cleared the condition in days. Now, she credits the anti-inflammatory effects of her products to shea sourced from Nigeria's Kingdom of Essan. The idea for a brand that nourishes skin while empowering women developed during a visit to Essan. There, Lloyd met some of the 16 million rural African women who make shea butter and rely on it for income. She built Naturally Tribal on pillars of efficacy, planet hugging, ethical sourcing and empowerment, and now employs 55 African women at factories that affirm their humanity. Her motto is attributed to St Francis of Assisi: start by doing what is necessary, then do what is possible, and suddenly you are doing the impossible. Yet Shalom is clear: "I am not a charity. I'm a business."

Kevin Thompson is chief marketing officer for Grace De Monaco, a brand of fragrances and silk scarves distinct in the luxury market because all revenues support grants from and programmes of the Princess Grace Foundation, which benefits emerging talent in theatre, dance and film. Having grown up modestly on a farm in Canada. Thompson has long been drawn to helping others. When beginning work with luxury brands, he thought, "There's so much here among the ultimate 'haves' and so much opportunity for people to do more." As he builds the Grace De Monaco brand, he relishes its vanguard status in the luxury market as exclusively philanthropic, which upholds the legacy of an icon known for her generosity in the principality and beyond.

Healthy dissatisfaction with the status quo spurred Uoma beauty brand founder Sharon Chuter to initiate Make It Black, a campaign benefitting black business founders. "I had a beautiful corporate job, when I chose to step away for a life of purpose," Chuter explains. "Most entrepreneurs start a business to make money. I already had money but wanted to walk a different path for impact." Chuter uses her voice and the Uoma platform to advocate for economic equity and wealth-building for marginalised people. Raising more than \$1m for start-ups, she issues grants, shares office space and works tirelessly on behalf of business founders, primarily black women, in the UK, the US and Africa. To brands looking to give back, her advice is: "Do it authentically, ingraining philanthropy into your business." She adds, "Philanthropy isn't all roses; it can be exhausting. Love for a cause and consistency are necessary for impact."

Chantecaille creative director Olivia Chantecaille, whose mother, Sylvie, founded the botanical beauty brand in 1997, credits her mum's lifelong respect and love for nature as the force behind the company's impact. Since its first philanthropy collection 17 years ago, which benefitted the Monarch Butterfly Sanctuary, generous giving has been a hallmark of Chantecaille. To date, the brand has donated more than \$2m to conservation groups. By creating beauty products that double as exquisite works of art, each inspired by nature, the company fulfils its commitment to protecting the oceans, coral reefs, gorillas, wolves, elephants and more. "Our impact is global and all-encompassing," savs Chantecaille. "First and foremost, there is a financial component because we are raising funds through the sales of these products. But also, we are educating a broad public and helping inspire others to make a difference." \Box

ISSEY MIYAKE

INSPIRE WRITING

"A change in the bridal breeze is upon us as we're ripping up the tulle rules with next-level eaux that are big, bold, ballsy and beautiful." ALICE DUPARCO

Montblanc Boutiques • Harrods Men's Designer Collections • Second Floor The Arcade • Lower Ground Floor

MONTBLANC







Spritzing the changes

Wearing a specially selected statement-making scent for the big day is very much in vogue. ALICE DU PARCO selects some of the best options now joining the party

IN MY ROLE AS A fragrance presenter, I recently reviewed a new perfume on Instagram and said it would be a fabulous choice for brides. "I felt so reassured by that," wrote a follower in a DM afterwards. "When I suggested buying a new fragrance for my wedding, my maid of honour scoffed and told me I was ridiculous - there was no such thing as a bridal perfume and I should just wear my normal one. I was a bit confused."

Let me share with you what I replied to this lovely woman. Having spent 10 years as beauty director at Condé Nast's Brides magazine (where I often wrote the etiquette column), I firmly believe that wearing a special perfume on your wedding day is emotionally and physically imperative and no-one should trample on the sacred and joyous act of picking a wedding-day scent.

Put simply, there *is* such a thing as a bridal fragrance. From the creation of Givenchy's L'Interdit for Audrey Hepburn's wedding in 1954, to Princess Diana choosing Houbigant's Ouelques Fleurs (rather than her signature Penhaligon's Bluebell) for her big day in 1981, a bridal fragrance is very much 'a thing'. A unique wedding-specific scent will be your olfactive time machine; even more powerful than a photo or song, it will whisk you back to that precious day and remind you of the fun vou had.

When it comes to what to choose for the forthcoming season, you are in for a treat, with new concoctions by the most desirable luxury fragrance houses. You won't find muted, apologetic florals here. A change in the bridal breeze is upon us as we're invited to rip up the tulle rules with next-level eaux that are big, bold, ballsy and beautiful – and that lean into a new mood of individuality and feminism. Tom Couch, director of private events at The Arts Club in London, captures the mood perfectly: "Brides are no longer conforming to traditions. They are ditching subtle scents for a statement smell... and why not? People have waited long enough to get married and they are doing it bigger than ever." Wearing a long-lasting fragrance with

WHITE MAGIC

voluminous and rich flavours ensures that you're the star of your show - and that your perfume becomes part of your outfit rather than an afterthought accessory. "It's modern and chic to wear something prominent on your wedding day, especially a scent that no-one else will know!" says Sophie Cullen, co-founder of The Bridal Beauty Co.

With that in mind, let's head down the fragrance aisle with some new releases first. Kilian's Musk Butterfly may sound fluttery and light, but no, this powdery Parma violet and spiced rose power-fume is the new scented supermodel shimmying her way into Good Girl Gone Bad's spotlight. And she'll be posing alongside another new starlet: Parfums de Marly's Valava, a deep, creamy and indulgent cluster of heady, fleshy white petals and velvety musk that feels every

bit as dramatic and decadent as a Vivienne Westwood bridal gown.

Creed's iconic Spring Flower joins the posse with a makeover for 2023 (an updated bottle with sustainable recyclable cap), featuring fizzing, fruity-floral cocktail flavours reminiscent of dazzling 1950s Hollywood parties. (Well, Creed is, after all, the heritage house that cemented its status as the bridal maestro when it was commissioned to create Fleurissimo for Grace Kelly's wedding in 1956.) And we absolutely must add Matière Première's French Flower to our floral glam gang. Never has a tuberose scent smelt so pure, so succulent or so salivatingly addictive. Inspired by intoxicating tuberose fields late at night when the flowers release their steamy and sweet trail, perfumer Aurélien Guichard pushed the petals' hedonism with juicy pear and luminous ginger extracts.

If, however, your heart is set on a long-loved scent, you can still give it a glow-up with the latest mood enhancers. Edeniste's Love Lifeboost is like drizzling a glossy maraschino cherry and sweet rose glaze over any perfume, and it contains proven active ingredients and patented molecules to encourage feelings of self-confidence and love. Then there are Bulgari's Allegra Magnifying essences, intense eaux de parfum that each celebrate a singular note, such as patchouli, vanilla or rose. The newest one, Myrrh, brings a holy, resinous and spiritual amber depth befitting a grand cathedral ceremony.

All of these extra-special haute-couture fragrances have incredible staying power and will easily last from dressing room to dance floor. But most of all, they're the types of perfumes that make you feel extraordinary, that make you hold yourself just that little bit higher, and that stimulate a sense of self-worth and optimistic passion that you unquestionably deserve on your big day. So don't let anyone ruin that beautiful, precious ritual. \Box

Don't get married without these perfume pointers...

1. Ask a bridesmaid or maid of honour to spritz the back of your dress and veil (not too close or you may stain the fabric) to create a scented trail as you enter the ceremony.

2. On the morning of your wedding, exfoliate and then moisturise (with an unscented lotion): the healthier your skin canvas, the better the fragrance will grip on.

3. When you're testing perfumes, visualise the location, the mood and the atmosphere you want to achieve on the day-doing that will help direct your sensorial radar.





SWEENEY'S WAY

The Euphoria actor is known as a red-carpet chameleon – so who is the real Sydney Sweeney? OLIVIA DE COURCY finds out

YOU PROBABLY KNOW her as Sydney Sweeney, twice-Emmynominated actor of the moment, famous for her portravals of turbulent teens - first in HBO's Euphoria and more recently in The White Lotus. However, two minutes into my interview and I'm already seeing her as 'Syd', prompted by her own self-reference: "My friends and family know who Syd is, and they are the ones who keep me humble and grateful," she says.

Smiley, softly spoken and quietly confident, Sweeney certainly (and thankfully) seems much less tightly wound than her TV representations. But that's not to say she has nothing in common with them; the 25-year-old feels her own experiences growing up have helped her to tackle such complex characters. "I definitely draw from those experiences and relationships," she says, "and I hope to learn from or be influenced by the different characters I play, too." (Though probably – hopefully – not influenced by all of them...)

In a recent interview with British GQ, the Washington State-born actor spoke candidly about her teen years, when her body created

presumptions about who she was - which only propelled her to work harder. "I had boobs before other girls and I felt ostracised for it," she said. "I was embarrassed, and I think that I put on this weird persona [for] other people because of my body. So, I played every sport, and I studied really hard, and I did everything that people wouldn't think I would do, just to show them that my body doesn't define who I am."

As a master at defying expectations, it's no surprise acting became her calling – or that she has shone playing such compelling antiheroes. And her ability to express her individuality translates to her off-screen outings, too. On the red carpet, Sweeney dramatically switches direction with each appearance. At the Venice Film Festival, she wore a classic navy Armani column gown inspired by Old Hollywood glamour; at the British GQ Men of the Year Awards, she opted for a daring metal breastplate and matching graphic eyeliner. It seems only right, then, that, for her first beauty ambassadorship, she has become the face of Armani eau de parfum My Way (90ml, f_{1} 108), created to celebrate the individual. The fragrance is a delicate, warm, uplifting union of orange blossom and jasmine augmented with a punchier tuberose. "It's so bold and beautiful, I can't go anywhere without it!" says Sweeney.

So, what next? Having completed filming for a role in upcoming Marvel blockbuster Madame Web last year, she's now preparing for a remake of 1968 sci-fi cult classic Barbarella, taking on Jane Fonda's titular super-vixen role (and reportedly exec-producing too). Big boots to fill, but if anyone can do it, Sweeney can - and you can bet she'll be doing it her way. \Box

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OUD FOR GREATNESS

EAU DE PARFUM



This page and opposite; Sarah wears, beauty Charlotte Tilbury Charlotte's Beautiful Skin Foundation 30ml, £39: Anastasia Beverly Hills Magic Touch Concealer £27 and Cream Bronzer £32: Bobbi Brown Pol Rouge for Lips and Cheeks in Blushed Rose £27 and Long-Wear Cream Shadow in Beach Bronze £27; Hourglass Scattered Light Giltter Eyeshadow in Burnish £28; Laura Mercier Caviar Stick Eye Colour in Moonlight £26; Byredo Eyeliner in Practical Brown £32; Sweed Nikki, Makeup No Lash-Lash false eyelashes £22; Clé de Peau Beauté Radiant Lip Gloss in Rose Pearl £40; Chanel Le Vernis nail polish in Ballerina £25; *fashion* 16Arlington dress £995; Annoushka ear cuff £1,900; stud earring, Sarah's own; Bee Goddess earrings £3,270; ring, Sarah's own

THE BRIDE

Light and fresh, eccentric, radiant, relaxed. Four brides-to-be share their visions for th beauty looks on the big day Sarah Lysander



"There are still so many decisions to be made, and once we have confirmed the destination, I'm already certain that it'll inspire my bridal look. If it's Spain, my make-up will be a natural and lit-fromwithin glow. But if we decide to stay in England, my look is bound to be more eccentric – imagine a bold and colourful eye while remaining clean and elegant. One decision already made is that our guests will be surrounded by candles. We want to create a nostalgic ambience that they will never forget." Sarah Lysander is a content creator, model and entrepreneur from London >

PHOTOGRAPHY TOBY COULSON E

BEAUTY



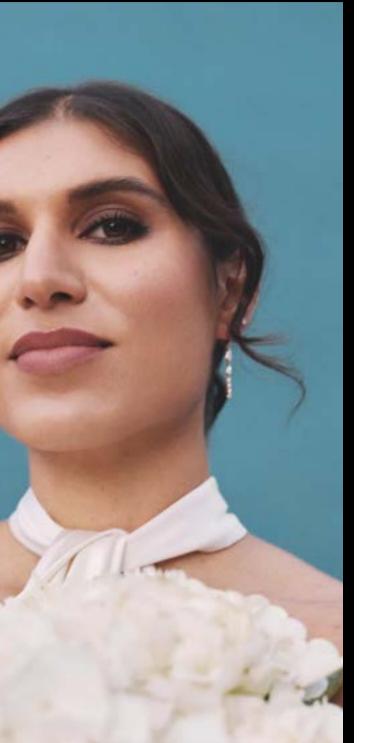
"On my wedding day, I want to focus on being visible, and that will come across in my make-up, hair and fragrance. Speaking of fragrance, I am planning on wearing Jo Malone London's Pomegranate Noir, as it holds such sentimental value for both my partner and me. Most importantly, as a bride, I want to see myself as a whole person and not hide any part of me, especially my prosthetic leg. I want to be surrounded by love – that's the beauty of it all." Nancy Harris is a counsellor and a part-time model who will be having an intimate wedding next year

Luminous Scalay Calo glo Arman Luminous Silk Foundation 30ml, £44.50; Anastasia Beverly Hills Magic Touch Concealer £27; Hourglass Vanish Blush Stick in Sacred £45; Nudestix Magnetic Eye Color eyeshadow pencil in Hot Stone and Terra £21 each; MAC Pro Longwear Fluidline Eye Liner and Brow Gel in Blacktrack £18.50; Bobbi Brown No Smudge Mascara £28.50; MAC Powder Kiss Velvet Blur Slim Stick lipstick in Over the Taupe £24; *fashion* Kate Halfpenny gown £3,950; Annoushka stud earring £595; Anita Ko earrings £7,970

88

"We're having a spring wedding in the English countryside, so my bridal make-up will be relaxed but will also reflect the light and freshness of the season. For base make-up, it'll be both rosy and dewy, with warm peach and gold tones dusted across my eyes and cheeks. I'll also be walking down the aisle wearing a fragrance from Chanel's Les Eaux de Chanel collection – I adore how light and spring-like they are." *India Sehmi is a London-based content creator known for her fashion, travel and lifestyle blog The India Edit* \triangleright

India Sehmi



This page and opposite, Amber Jean wears, beauty Charlotte Tilbury Hollywood Flawless Filter glow booster 30ml, £39; Anastasia Beverly Hills Cream Bronzer £32; Chanel Les Beiges Water-Fresh Blush in Light Pink £42; Charlotte Tilbury Eyes to Mesmerise eyeshadow in Champagne and Pillow Talk £26 each and Luxury Palette eyeshadow palette in Pillow Talk £45; MAC Pro Longwear Fluidline Eye Liner and Brow Gel in Blacktrack £18.50; Sweed Cluster Flair false eyelashes £15.50; Huda Beauty Lip Contour 2.0 lipliner in Pinky Brown £17; wig, model's own; fashion Maria Lucia Hohan gown (with scarf) £1,250; Melissa Kaye necklace £7,810 and ear cuff £5,545; Bee Goddess earring £3,240

The Beauty Halls, Ground Floor; H beauty Bristol, Edinburgh, Gateshead, Lakeside and Milton Keynes; Jewellery and Womenswear, First Floor; and harrods.com

Models Sarah Lysander, Nancy Harris at Zebedee, India Sehmi at Storm and Amber Jean Rowan at Nevs; Make-up Hannah Martin at Eighteen; Hair Lewis Pallett at Eighteen; Nails Michelle Class at LMC; Photographer's Assistants Emma Ercolani and Damien Hockey; Make-up Assistant Jessica Doyle; Hair Assistant Josh Higdon; Nails Assistant Jasmin Samavati

Amber Jean Rowan



"I'll be having two bridal looks for our wedding in Italy. On the day, as I want my freckles to be on show, I'm planning on creating a sheer, radiant glow with a discreet winged liner and bright blush. For hair, I'll be wearing my 24in auburn-ginger super-natural wig with tousled waves - which may come off as I dance into the night. The second day will be a beach party, and I'll be donning my Grace Kelly look with a beautiful silk scarf and no wig in sight." Amber Jean Rowan is a model and actor from Dublin who, after developing alopecia, launched the online community Hair Free and her own line of wigs and accessories, Amber Jean \square

To have and to hold

You've found The One... now meet your beauty match. Say 'I do' to special spritzes, make-up favourites and skincare legends worthy of their cult status

 Clockwise from left Pat McGrath Labs MTHRSHP Eye Shadow Palette in Sublime Seduction £64; Sol de Janeiro Beija Flor Elasti-Cream 240ml, £48; Valmont LumiPeel glow enhancement peeling lotion 150ml, £111; Guerlain Orchidée Impériale The Micro-Lift Concentrate 50ml, £560 (available from mid-April); RéVive Peau Magnifique Serum Nightly Youth Renewal Activator 30ml, £580;
Parfums de Marly Valaya eau de parfum 75ml, £230; Chantecaille Aromacologie 24K Gold Serum Intense 30ml, £375; EviDenS de Beauté The Special Mask 50ml, £170; Carolina Herrera The Tassel in Red with Magnet £12, The Lipstick Matte in Polka Red £25; The Lipstick Cap Lovewins £18, The Bangle £12 and Jasmine Charm £10; La Mer The Moisturizing Soft Cream 60ml, £275; Dr. Barbara Sturm Glow Drops 30ml, £115; Christian Louboutin Les Yeux Noirs Lift Ultima mascara £45; Initio Parfums Privés Paragon extrait de parfum 90ml, £240

Daticino

BEIJA FLOR ELASTI-C

PAT HISTIRATH LANS

The Beauty and Perfumery Halls, Ground Floor; Hair and Beauty Salon, Fifth Floor; H beauty Bristol, Edinburgh, Gateshead, Lakeside and Milton Keynes; and harrods.com

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Mission: Skintelligence

you think. A bit of insider intel will get you fully in the know

WORDS OLIVIA DE COURCY

ARE YOU HAPPY? OK, slightly too broad a question. Let's rephrase: is your skin happy? In the eternal quest for health and happiness, the health of our skin our biggest organ - is one of the most instantaneous ways that we, and our bodies, appear 'happy'. There's nothing mind-blowing about this. And we're not talking about just appearing happy, either. A 2022 study showed that the effects of botox can relieve symptoms of mild to moderate depression. It's all to do with the facial feedback hypothesis - from the Charles Darwin and William James era – in which facial expressions directly affect emotional experience. Inhibit your ability to frown (and therefore make yourself appear 'happier'), and you're likely to feel less blue, too.

With that being the case, the mood-altering power of skincare – which extends to the ritualistic idea of applying topical creams to evoke calm - is perhaps why, in 2021, skincare made up 41 per cent of all beauty sales globally. This has extended to haircare and handcare - and there are also new categories springing up (to wit, lashcare). The world of TikTok has brought us #SkinCycling (find out more about this regime on the right), as well as new technology going head to head with injectables.

Healthy skin, like a healthy lifestyle, requires effort – but that's not to say you'll be slaving away applying hundreds of types of creams. A few hits slotted into your routine - as identified here - and you'll be onto a winner.



It's a trend that's all over TikTok, but unlike some of the platform's more questionable ideas, this one's got legs. "In essence, skin cycling is the idea of pacing the use of active ingredients in your regime, with rest days and nights in between," explains skincare expert Dija Avodele. "This is especially good for people who have very sensitive skin or want an easyto-use plan." It's a principle that's simple to adopt. "If you use two different types of active ingredients - for example, exfoliant and retinoid - you'd use the exfoliant on the first night, retinoid on the second night, then two days of hydration and moisturising products," explains Avodele.



DAY 1: Kick off by pulling out the big guns – acids such as AHAs, BHAs, PHAs, etc. At the cleansing stage, try Noble Panacea's new duo: The Elemental Cleansing Balm & Exfoliating Refiner (left, £172). The latter releases microdoses of AHAs and PHA to refine and clarify. Or, for something stronger, RéVive's Masque de Brilliance Resurfacing Multi-Acid Mask contains all the aforementioned exfoliants.

DAY 2: Up next, retinoids – the heroes of delaying signs of ageing - which come in a variety of forms, with retinol being the most common. Dermalogica's Dynamic Retinol Renewal Serum (right, 30ml, £89) contains four different types of retinoids for results in as fast as two weeks with nightly use - and delivers longer-term results as well.





DAY 3: On the day-three agenda is, in Ayodele's words, "a hydrating, skin barrier-strengthening moisturiser". La Mer's The Moisturizing Soft Cream (left, 60ml, £275) has been reformulated for 2023, and tests on the brand's 'miracle broth' show that it works wonders on sensitised, damaged skin. And for extra hydration, layer with the bestselling skin-nourishing Sisley Ecological Compound.

DAY 4: Ding. ding! Barrier repair round two. Pack in the goodness with an essence: Shiseido's Eudermine Revitalising Essence (right, 145ml, £60), whose roots stretch back to 1897, when geishas apparently used the hydrating water to protect from heavy make-up, has been reimagined for 2023. Use pre-serum to enhance your day-three moisture boost. ⊳



NO NEEDLES NECESSARY

EMface - from the makers of ab-building EMsculpt - is the latest tech to land in the capable hands of oculoplastic surgeon Dr Costas Papageorgiou in The Wellness Clinic on the Fourth Floor at Harrods.

"This is a real game-changer as it is the only device able to target and strengthen the lifting muscles of the face," he explains. The result of that is less reliance on fillers - and, moreover, the procedure is fast and effective: the optimum is four treatments, lasting 20 minutes each, during which "high-intensity-focused electrical muscle stimulation and synchronised radio frequency strengthen a selective group of facial muscles and ligaments". Just think of it as a lunchtime facial workout.

Elsewhere in The Wellness Clinic, Dr Marwa Ali is noting a surge in the popularity of one particular type of laser. "I'm recommending photofractional laser treatment more and more to address patients' concerns," she says. FDA-approved, it's reputedly effective on dark spots and unwanted pigmentation, and can also reduce the appearance of wrinkles. "You can even get rid of stretch marks using it," says Ali.

Meanwhile, Nil Mutluer, a physiotherapist and sports scientist, offers a remedy for pain that involves realigning bodies and releasing tension. The techniques she uses include soft-tissue mobilisation, manual lymphatic drainage and a particularly powerful triggerpoint massage - a specific area of expertise for Mutluer. Given the Wellness Clinic practitioner's

skilled hands. you may not need to even think about acupuncturebut Mutluer does offer that

as well...



Click to discove luxury skincare on harrods.com



What causes an ingredient to trend? A 922 per cent increase in search volume should do it - and everyone's been looking up chebula, the South Asian ayurvedic herb that's known locally as 'the king of medicine'. It's packed with antioxidants, studies have shown that it can increase moisture in the skin in a similar way to hyaluronic acid, while some experts are citing it as a more tolerable rival to retinol. And you can find it in Paula's Choice Super Hydrate Overnight Mask. Elsewhere, the adaptogen ashwagandha is back in vogue - and not just in skincare. Its de-stressing properties make it a go-to for soothing supplements – including ISHealth's Anxiety + Stress Supplements - and it works wonders on a stressed-out scalp, which is why you'll find it in Ranavat's Regenerative Veda⁴ Bond Complex Shampoo, too.



From top Sisley

Exfoliating Enzyme Mask 40g, £96;

FLASH











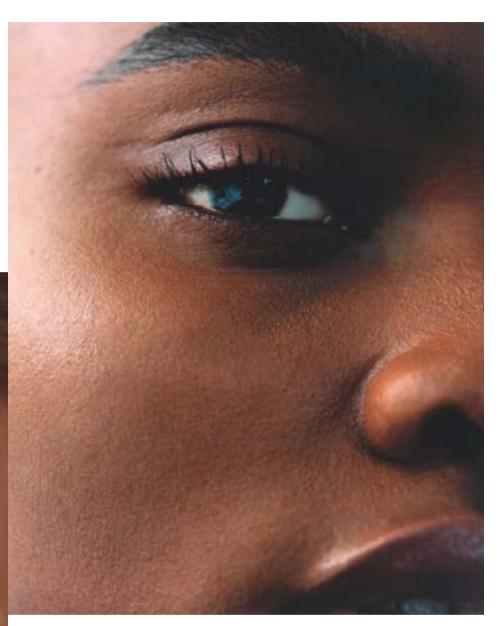


Heard the term 'beauty snacking'? Obviously nothing to do with food, but rather, mini moments of self-care throughout the day be that a face mist, a nourishing lip oil or an aromatherapy roll-on to use between meetings or on the go. And for those (many) of us, who need to make every minute count and for whom quick results are high on the agenda, these snacks come as welcome mini rituals. For a glowing boost, try a topical refining mask such as Sisley's one-minute Exfoliating Enzyme Mask or Dior's Capture Dreamskin 1-Minute Mask. Lifting and firming on your wishlist? Switch on a device: the NuFace Trinity+ Starter Kit needs just five minutes of daily skin contact to prove effective.

-elicity



The Beauty Halls, Ground Floor: The Wellness Clinic, Fourth Floor: H beautv Bristol, Edinburgh, Gateshead, Lakeside and Milton Keynes; and harrods.com





From left Augustinus Bader Evebrow and Lash Enhancing Serum 8ml, £115; Lancôme Cils Booster Lash Activating Serum 4ml, £37; Olaplex Lashbond Building

Painting a lash serum twice daily onto the lash line is about to become a new habit, delivering longer, stronger and more voluminous lashes. Hair hero biotin (vitamin B7) is an ingredient to look out for as it's known to strengthen skin, hair and nails - and you'll find it in Augustinus Bader's Eyebrow and Lash Enhancing Serum. Lancôme's Cils Booster Lash Activating Serum is another great choice, with four amino acids, hyaluronic acid and reparative cica, while new from Olaplex is its Lashbond Building Serum with proprietary Peptide Complex; Olaplex tech shot its haircare to icon status... this new formulation looks certain to follow.







MIA COLLINS Director of Buying - Beauty

"After just days using U Beauty Resurfacing Compound (above, 30ml, £138) and The Super Hydrator, I noticed (as did dozens of others) the improvement. All my priorities – diminished redness, tighter pores, improved texture – were delivered at remarkable speed. Also from U Beauty, The Barrier Bioactive Treatment is a ritual both my skin and I look forward to - it delivers results akin to a night of 10 hours of sleep."



IMOGEN PORTER Beauty buying manager

"I am so excited about the launch of Eighth Day skincare this year. The results-driven brand was founded by Dr Antony Nakhla, and the products contain his proprietary technology: peptide-rich plasma. The Regenerative Serum (above, 30ml, £270) is a particular powerhouse, targeting multiple concerns; after lused it, my skin had a more even texture and was noticeably smoother and bouncier. Definitely my go-to serum this year.'



EVE FULLER Skincare buyer

"I love a product that is efficacious but also provides a sensorial spaat-home experience, and EviDenS de Beauté's The Rebalancing Essence (above, 50ml, £125) ticks all the boxes My daily skin routine is a moment to focus on myself, disconnect and indulge. The essence is a sensorial spritz before my serum and moisturiser, which I apply using massaging techniques or with tools such as my Fraîcheur Ice Globes."



FEDERICA SINISI Beauty buyer

"I am obsessed with the Guerlain Abeille Royale range – and I'm super excited to be able to add the Abeille Royale Eye & Repair Serum (above, 20ml, £90) to my routine. Packed with white honey, hyaluronic acid and peptides, this serum is great for skin renewal, brightening the under-eye area and smoothing fine lines. Also, thanks to a lash densifying technology, it promotes stronger and denser lashes too-it's my must-have." 🗆



BUDDY NATTEEKUNCHANA

"For any hair thinning or loss, scalp micropigmentation is a very effective solution"

Scalp micropigmentation is ideal for all genders and hair types, as it is an intricate treatment that creates the illusion of hair on the scalp instead of working to restore hair strands. The hair follicle simulation which uses microneedles to deposit pigment onto the scalp – makes tiny tinted punctures to fill the gaps that exist in between the hair strands, creating small 'follicles' for a fuller look and feel. The treatment is heralded for no scarring and little-to-no risk of infection, as well as virtually no downtime following treatment. It is also relatively pain-free, meaning it is fast becoming an alternative solution to hair transplants for those who require treatment on multiple areas or have sensitive scalps. While it works at all stages of hair thinning, more sessions are required for people at the final stages of hair loss – for example those with medical conditions such as alopecia areata. After your scalp micropigmentation consultation, I recommend two to four sessions every two weeks, along with a bespoke aftercare plan to help your scalp heal. With results lasting anywhere between three and five years, scalp micropigmentation is a very effective solution for any hair thinning or loss.

The roots to healthier hair

The latest haircare innovations to hit the Hair and Beauty Salon tackle a perennial pain point: hair loss. Micropigmentation artist Buddy Natteekunchana and trichologist Ricardo Vila Nova highlight different approaches for fuller-looking, luxuriant locks

RICARDO VILA NOVA

"I recommend treatments with biocell, growth factors, PRP and peptides; they have proved to be the best alternatives for restoring thinning hair strands"

I approach haircare like skincare - my philosophy is that healthy hair comes from a healthy scalp, so a good scalp regime is fundamental for a good head of hair. When it comes to genetic factors or hormone-induced hair loss and thinning, I prefer to use bio-identical formulas to induce growth and thickness instead of hormonal medications or synthetic elements such as steroids/cortisone and minoxidil. I recommend treatments with biocell, growth factors, platelet-rich plasma (PRP) and peptides; they have proved to be the best alternatives for restoring thinning hair strands. The level of enhancement and number of sessions required depend on the condition of a client's scalp and their immune system. Regeneration treatment usually requires one session a month for four to six months, followed by maintenance sessions every two to three months, with a dedicated haircare routine in between. Trichology-based treatments are tailored to the client's health and hair condition, with results usually visible within six months. \Box

Hair and Beauty Salon, Fifth Floor





The Perfumery Hall Ground Floor and Salon de Parfums, Sixth Floor





Travel Goods & Luggage, Lower Ground Floor.



"Used as a vegetable rather than a spice, throat-searing scarlet chillies are a mealtime staple in Bhutan, with the average household consuming in the region of 1kg per week." SARAH MARSHALL

A monastery overlooks a mist-shrouded forest in Bumthang, considered the spiritual heartland of Bhutan

Valleys mystical mountains sacred

Lush valleys, mystical mountains, sacred temples and magical mushrooms – there's a reason Bhutan is known as the world's last Shangri-La, writes SARAH MARSHALL

100

A DESCRIPTION OF TAXABLE PARTY.

PERCE

CONTRACTOR OF CASE



CRAWLING ON HIS HANDS AND KNEES along highaltitude Himalayan slopes, a nomadic yak herder scours the soil for a precious prize. Scanning every blade of grass, he's searching for a stalk protruding only a centimetre from the ground. But as tedious and tiring as the activity might sound, it's worth every bit of effort, because the bounty he hopes to bring home is more than worth its weight in gold.

Fetching tens of thousands of pounds per kilogram, cordyceps is a powerful fungus currently ranking among the most expensive mushrooms in the world. And for remote rural communities in the northern highlands of Bhutan, it has become a lifeline, providing an alternative source of income since sustainable harvesting was legalised by the government in 2004.

FANTASTIC FUNGI... HERBAL HIGHS

Several hundred metres lower, on the terrace of Amankora (part of Aman's portfolio of lodges in Bhutan) in the capital city Thimphu, a waiter pours me a cup of fragrant cordyceps tea while general manager Jonathan Lithgow enthuses about its many properties. Longevity, vitality and endurance are all said to be boosted by an ingredient that tastes extremely refreshing. Then, however, its origins are revealed: Bhutan's

"BHUTAN'S ENDEMIC PLANTS AND MEDICINES HAVE BEEN CELEBRATED FOR CENTURIES"



coveted superfood, I'm horrified to learn, is essentially a parasite growing from the head of a ghost moth larva, which eventually decomposes its host. We swiftly move on and, thankfully, the delicately aromatic thunder dragon tea - which Lithgow describes as "one of the rarest green teas out there and truly remarkable" - has a more romantic backstory. "Leaves are harvested from trees gifted by the King of Bhutan to the villagers of Samcholing," he explains, as shadows shift across the mountainous horizon, throwing light into a property built in the style of a traditional *dzong* fortress. "With every sip, guests are transported to the kingdom's mountains, springs and skies."

Amankora's tea-tasting ceremony is a new experience offered to guests, but Bhutan's store of endemic plants and medicines has been celebrated for centuries. Set between India and China, the tiny mountain kingdom once formed part of an important route for traders crossing the Himalayas to exchange



chillies, spices and grains. "It was known in ancient Tibetan and Indian Ayurvedic annals as Menjong or 'The Land of Medicinal Herbs' for good reason," says Lithgow, reeling off a list of miracle ingredients used seasonally in Amankora's kitchen. Himalayan red rice, amla gooseberry, crow's beak and rainforest spinach are all native crops, fruits and herbs.

Although classed as an illegal substance, wild cannabis also grows in thick masses, a possible source of CBD tinctures in the future. For now, though, it's nothing more than fodder for domestic swine and wild boar, leading many Bhutanese to joke, "This is the only country where pigs really do fly."

A healthy environment is one explanation for such an abundant natural larder. Hosting a range of different habitats, the steep mountains and deep valleys have such great fluctuation in terms of elevation that birds have been known to migrate vertically. A remarkable 70 per cent of the country is covered in forest, \triangleright





providing a safe home for Bengal tigers, Himalayan black bears and takins (an awkward mix between an antelope and a goat). And with little mass industrialisation to speak of, pollution is kept to a minimum, with Bhutan, subsequently, qualifying as the world's only carbon-negative nation.

Fecund soils and slopes aside, an unconventional ruling philosophy also plays a role. Using Gross National Happiness as an official gauge of progress rather than focusing purely on economics, nature is highly valued and respected. The government has even set up a dedicated traditional medicine arm in the nation's Ministry of Health.

RETRACING ANCIENT PATHWAYS

Before the arrival of roads in the 1960s, grain, vegetables and herbs were traded along a network of pathways running east to west, recently restored and revived as part of a new national pilgrimage trek, the Trans Bhutan Trail. Walking along a section of the route leading from the Pelala Pass, a three-hour drive from Thimphu, I'm immersed in the vibrant colours and dizzying scents that have characterised Bhutanese kitchens and gardens for centuries. Fields of near-neon mustard seeds beam brighter than a torch, while corrugated rooftops are covered in a blaze of fiery chillies drying in the sun.

"We'd travel until midnight, with horses carrying sacks of rice and chilli from the neighbouring valley," recalls my guide, Dawa Tshering, as we pass through summer yak-grazing pastures sprouting with wild blueberries, sweet briar and sprays of white and pink Chinese fleece vine. Tshering is one of the many village elders who helped the authorities retrace the area's original trails, and the sprightly septuagenarian has fond childhood memories of long hikes through the valleys. "We'd camp and party until the early hours," he reminisces with a smile.

Breaking for lunch at his sister's farmhouse in the village of Rukubji, we eat sesame-coated potatoes and $ema \ datshi - a$ lively

From left: Colourful prayer flags represent the elements of nature – blue for sky, while for air, red for fire, green for water and yellow for earth; the valley of Paro, home to ancient fortresses and sacred temples; with a rainbow of the freshest ingredients, traditional Bhutanese cuisine is a feast for the eyes as well as the tastebuds; the nation's forests and gardens – including this one at Six Senses Paro – are bursting with nutritious vegetables and medicinal herbs

"BREAKING FOR LUNCH, WE EAT SESAME-COATED POTATOES AND THROAT-SEARING CHILLI PEPPERS SMOTHERED IN CHEESE AND SICHUAN PEPPER"





plate comprising chilli peppers that have been smothered in cheese and Sichuan pepper. Used as a vegetable rather than a spice, the throat-searing scarlet fingers were introduced from Mexico in the 15th century, but have since become a mealtime staple, with the average household consuming in the region of 1kg per week.

FROM SOIL TO SPA

Not every item foraged from Bhutan's forests ends up in the kitchen. At Six Senses Paro, a peaceful hideaway surrounded by pine trees and ancient monasteries, an intriguing alchemy of plants and minerals are at the heart of an array of spa treatments. Himalayan salts are used in body scrubs, while a detoxifying blend of walnut shells blended with tulasi, limbu and wild turmeric reduces signs of cellulite. But it's a session with meditation, chanting and singing bowls that interests me most. As this is my last stop before heading home, it's a time for reflection. After writing intentions on Bhutanese prayer flags, outlining ways to maintain a newfound sense of calm, I'm handed a Tiger's Eye crystal to release fear and anxiety while creating harmony and balance.

Ultimately, it's hard to pinpoint exactly what makes Bhutan so magical – but I suspect one answer lies somewhere in the mistwrapped valleys, fertile soils and endless forests. Rarer than the finest fungi and more potent than a red-hot chilli pepper, this



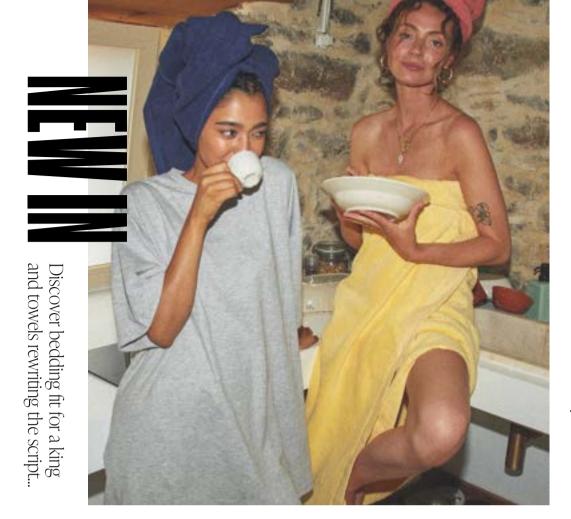
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Himalayan kingdom's secret ingredient is simply the air that you breathe. \Box

TRAVEL FACTS

Abercrombie & Kent offers a nine-night Classic Bhutan itinerary from £9,999 per person, including flights

Lower Ground Floor; and abercrombiekent.co.uk





Put away any negative preconceptions you may have about faux flowers. Silk-ka's intricately handcrafted silk blooms -5 are just like the real thing except they never wilt (so never need replacing) and 2 there's absolutely no risk of overwatering. So actually, it might be suggested that maybe they're *even better* than the real thing... Silk-ka faux flower bouquet £525

IN THE PINK

Barbiecore is taking over, Pantone has opted for viva magenta as its colour of the year, and KitchenAid's signature appliances are now available in a vibrant new shade of fuchsia... no question, pink really is having a moment. Appropriately dubbed 'Hibiscus' by the renowned kitchen brand, this mood-boosting - and flexible - hue is guaranteed to pep up your kitchen aesthetic via the instantly recognisable KitchenAid blender or stand mixer. Or both. From left KitchenAid stand mixer £699 and blender £329



WRAP STARS

Combining sustainability, affordability and aesthetics in one super-soft collection, The Longing is here to change the way you think about towels. Founded by influencer Lindsey Holland and her boyfriend Jack Mizon, the brand aims to produce quality Global Organic Textile Standard-certified cotton towels and bath sheets that will look as good in your bathroom as they feel against your skin. From top The Longing towels £45, £45 and £55



SLEEPING BEAUTIES

If you've ever wondered how the world's A-listers – from pop to *actual* royalty – sleep at night, we may have the answer. Boasting an illustrious fanbase that ranges from King Charles to Madonna, Loretta Caponi's hand-embroidered bed sets are worthy of any five-star hotel. And the jubilant new range exemplifies the artisanal craftsmanship and *la dolce vita* spirit that you would expect from this storied brand. Loretta Caponi bed linen from £175

Home, Third Floor; and harrods.com







HOW THEY LIVE

HOME AWAY from home

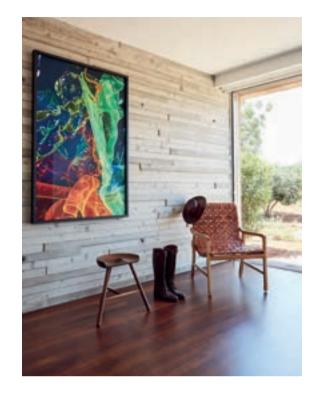
Across the ocean from his Patagonian birthplace, Marcelo Burlon's Ibizan villa has the same relaxed vibe and raw, natural style, writes GRACE CAIN

> Creative director, DJ and event organiser Marcelo Burlon at home in Ibiza with his dogs (from left), Reina, Noa and Kosta

MARCELO BURLON IS (in his own words) "in Patagonia, away from the civilisation", which sounds utterly romantic and lovely... and terrifying. It's possibly more mundane for Burlon, who was born and raised in El Bolsón, an Argentinian village with a reputation as a hippy hangout. As a teenager, he moved to Italy, where he embarked on building a diverse résumé: DJ and event organiser for the likes of Chanel and Versace; co-founder of New Guards Group (parent company of brands including Off-White, Heron Preston and Palm Angels); and founder and creative director of his own fashion label, County of Milan. "It has been my dream to live in three places," he states. "Patagonia and Milan, because that is where I belong; I come from there, I grew up there. And Ibiza, because it gives me the kind of freedom that I cannot feel anywhere else."

The latter reflects an interesting turn of events: in his younger days, Burlon never even wanted to take a holiday on the Spanish island. "I only visited for the first time for a wedding," he admits. "I had always imagined that Ibiza would have a specific mood that I wouldn't vibe with. But then I actually enjoyed it." That feels like quite a blasé way to describe his love for the place in which he has now resided for nearly half a decade. "Before that [move], I







would search through my pockets for spare change, just so that I could afford to rent a house and spend my summer in Ibiza," he remembers. "I love the variety that the island offers. It is a place where you can do whatever you want. You can spend the morning reading a book alone on a deserted beach, then drive south to party in Las Salinas."

For his permanent residence, Burlon settled on Sant Joan de Labritja, also known as San Juan, a village in the north of the island. "It has a relaxed, cosy vibe that made a natural choice for me," he says, drawing a parallel with the Argentinian village of his birth. "Historically, San Juan was the area in Ibiza where the hippies would hang out. Today, it is still the locals' favourite place to spend time away from the more chaotic parts of the island." Emerging like an otherworldly monolith against a backdrop of dusty hills and shrubbery, the home Burlon chose is also reminiscent of his life in Patagonia. "I liked it immediately, because it was very similar to my house in Argentina," he says. "It's the same style - Brazilian brutalism."

Designed by Jordi Carreño of Estudio Vila 13, the structure is divided into two 'boxes': one for sleep and relaxation, the other for the busyness of daily life. Sliding glass walls allow the space to remain dynamic, blurring the boundaries between the interior and exterior. "My idea of home is to be inside, but feel like I am outside," Burlon tells me. "I like that the living room feels as though it's in the garden." Indeed, it's the garden where Burlon is at his most content. "Farming is rooted in Patagonian culture, so I feel it's a place where I belong," he says. "Plus, growing fruit and vegetables is a very Zen and meditative practice." Of course, it's also a very serious business. "Last summer, I tried to grow the biggest watermelon on the island," he recalls.

FEELS LIKE IT'S IN THE GARDEN"

"There is an actual competition for this. I didn't win." (Burlon's watermelon fell just short of the champion, which tipped the scales at 26kg.)

Burlon also has his own olive oil, pressed from the trees on his land. "I planted them following sacred geometry and built a circular stage in the middle. This spot is

very dear to me: I often gather there with my friends to dance and practise rituals, but I also spend a lot of time there alone and lost in thought.'

Does he entertain often? "I used to have guests all the time, everywhere, all at once," he says. "But now? I'd rather they sleep at their own homes." But if sleepovers are out, Burlon does still welcome visitors for what he calls 'happenings' – an Argentinian folk music concert, for example. In 2021, he launched his non-profit foundation with an intimate festival in partnership with C2C, curated by Arca. "My house is a platform where all my passions are gathered, and a space where I can share my vision with other people," he says. "I have a console with turntables in my living room, a private club in the basement, a cinema and a library. I collect books, vinyl records, cars and garments - including many one-of-a-kind pieces and prototypes from different designers." ⊳

EXPRESS YOUR EXTRAORDINARY



Clockwise: Burlon's concrete, Clockusk: Burton's concrete, wood and glass home, designed by Spanish architect Jordi Carreño; flanked by his art collection, which includes work by Hungarian-French artist Victor Vasarely; the Ibizan worden Generican birthe ha Italia garden, featuring a piece by Italian sculptor Fabio Viale



Burlon also has a keen interest in art, which forms the foundation of his décor. He describes his collection as "wide", linked only by an avant-garde outlook. "I make sure to collect things that are not necessarily related, to keep it from becoming overly matchy-matchy," he explains. "Everything I choose says



"EVERY PIECE OF ART SAYS SOMETHING ABOUT ME, MY PAST AND MY PRESENT"

something about me, my present and my past. I'm drawn by what is reminiscent of my background: for example, Pop Art is important because when I was a teen in the club scene, I used to perform with different Pop Art works projected onto my body."

Victor Vasarely's psychedelic Op Art pieces resonate deeply with Burlon, as do the works of Keith

Haring and Andy Warhol. "I collect series, like Haring's Subway Drawings and Warhol's Ladies and Gentlemen," he says. "I also look for up-and-coming artists, such as Felipe Pantone, Miranda Makaroff and Manolo Nikau." And he also treasures a wooden sculpture of a headless eagle, one of four pieces he owns by Helmut Lang: "When I was young, he was one of my icons in fashion. Once I could afford more than his garments, I started to purchase his artwork." As for his favourite piece of all? "One of Damien Hirst's famous butterfly pieces. He gifted it to me with a dedication, so it's very dear to me." For a man - and a house - existing in a permanent state of flux, such a symbol of metamorphosis seems entirely apt. \Box





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The joys of spring

Ripe, juicy tomatoes, tender asparagus, sweet, firm strawberries... 'tis the season for gloriously fresh and delicious fruit and vegetables, says food writer LIZ O'KEEFE

SPRING FRUIT AND VEGETABLES can be evocative of childhood for many. One of my first memories is set in my maternal grandfather's cottage garden in Kempsey in Worcestershire, where I was allowed to pick the first ruby-red tomato from the vine. When I smell really ripe tomatoes, my mind still goes back there and the excitement starts all over again. There's nothing like the first bite of a new-season tomato – I recommend sprinkling them with celery salt and eating them like apples, as my mum did (and her dad before her), as straight-from-the-garden as you can get. My obsession with fresh produce followed me into adult life, and I started writing

about food. One of my

first assignments involved travelling to the Isle of Wight to explore tomato producer The Tomato Stall's 26-hectare glasshouse nursery. Walking through the glasshouses, I felt like a

child in a sweet shop, only the 'sweets' were hanging down from the vines, all shapes and colours and sizes. There were orange cherry tomatoes called Royalstar that tasted like apricots; large and fruity pink beef tomatoes; citrussy pearly white 'ivory' cherry tomatoes; rainbow cocktail vine tomatoes; and the dark green Kumato variety, as big as oranges, to name a few. I couldn't wait to bring some home and make a multicoloured cherry-tomato galette and a loaf of tomato bread.

Set within the beautifully rural Arreton Valley, The Tomato Stall's glasshouses have natural protection from the elements, and amazing light levels courtesy of the surrounding sea. "The Isle of Wight has a unique maritime climate and the most hours of sunshine anywhere in the UK," says The Tomato Stall's Daniella Voisey, who adds that when it comes to tomato production, plenty of light equals maximum flavour. "We select only the best varieties, several of which are totally exclusive or the first to market, and we leave the tomatoes on the vine until they are absolutely ready."

"April is such an EXCITING EXPLOSION of refreshing, nutrient-laden offerings"

The Tomato Stall grows 40 tomato varieties each season, and trials around 200 new types every year. selection, Its heritage available in Harrods' Food Halls from April. can contain any of these varieties, depending on which is the best and most freshly harvested. "The tomatoes that arrive in Harrods would have only been harvested the day before," says Voisey.

Seasonality and provenance are key for high-quality fruit and veg; freshness and flavour obviously depend on where and how crops are grown, and optimum conditions at the right time of year make for that extra-special something that you can't quite put your finger on. Up in the Vale of Evesham, it's asparagus that's top of the crops, and growing up in Worcestershire, I was in a prime location to take advantage of the hotspot – where the first season of asparagus is anticipated like Christmas Day. Every year, by the end of March, stalls appear on the sides of roads and at farmers' markets, completely dedicated to getting those first tender spears onto your plates. There's nothing quite like getting the asparagus home and simply cooking it for a couple of minutes in boiling water, then letting some lightly salted butter melt over the spears before you dig in.

April is such an exciting explosion of refreshing and nutrient-laden offerings - let's not forget Kentish strawberries and Jersey Royal potatoes, regulars in home gardens and plant pots. Meanwhile, the warmer days of spring lend themselves to all the fun of scouring fields and parks for the first flush of St George's mushrooms or a patch of wild garlic. And sourcing deliciously fresh foods from reputable producers at this time of year really is the perfect fusion of seasonality and provenance.⊳

Jolly good filo

This dish is a salad inside a pie crust, perfect for those sometimes-cooland-sometimes-hot spring days

TOMATO SALAD TART

SERVES 4

FOOD

- 80g unsalted butter or vegan alternative, melted (plus extra for greasing) • 1/2 red onion, sliced
- •14 x 25cm square sheets filo pastry
- 2 purple beef tomatoes, sliced
- 550g heritage tomatoes, roughly chopped
- 50g seasonal lettuce leaves
- 2 tbsp extra virgin olive oil
- 1 tbsp white wine vinegar
- 1 tsp Dijon mustard
- 1tsp honey
- •1/2 clove garlic, peeled and minced
- 1 tbsp mint sprigs
- 1. Preheat the oven to 200°C/180°C fan/gas 6, then grease a 23cm loose-bottomed tart tin with butter and place on a flat oven tray. Put the sliced onion in a bowl of ice water.
- **2.** Using a pastry brush, cover a filo pastry sheet with melted butter, then place the pastry sheet into the tart tin. Brush another filo pastry sheet with butter, then place it on top of the pastry sheet already in the tart tin, but at a slightly different angle. Repeat with the remaining pastry sheets and then brush the whole of the filo case with butter.

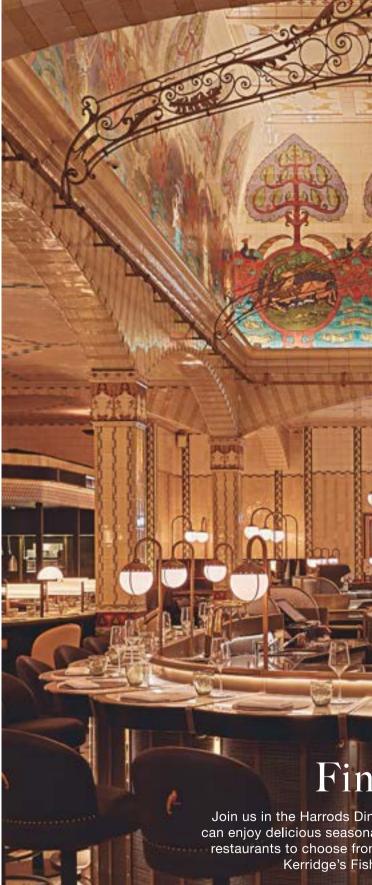
Fine Wines & Spirits, Lower Ground Floor; The Food Halls, Ground Floor; and harrods.com

- 3. Roughly scrunch up the pastry that sits above the top of the tin, bake for 8-10 minutes until golden, then transfer the pastry case to a plate.
- 4. Drain the sliced onion, then mix with the tomatoes and lettuce leaves in a bowl, and place the mixture in the pastry case.
- 5. For the dressing, whisk together the oil, vinegar, mustard, honey and garlic in a jug, and season with sea salt and black pepper. Garnish the tart with the sprigs of mint and pour the dressing over. \Box

PAIR WITH...



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THE GRAPES

Sustainability in winemaking has never been more valued. But when the term has no official definition, what does 'producing responsibly' really mean? GUY WOODWARD explores...

ONE COULD BE FORGIVEN for assuming that winemaking is a natural, wholesome pursuit, in sync with the planet's seasons and rhythms. But the resources exerted in getting the grapes into the glass are considerable - from the water employed in the vineyard, to the energy consumed in the winery, to the packaging and shipping of heavy bottles around the world.

Sustainability in wine refers to the mitigation of all these things and more. As such, it has become something of a catch-all term in the wine world, open to myriad uses - and also abuses. Bandied about almost indiscriminately, it is a description that has no official definition - so can be hard for consumers to fathom. At the same time, however, the topic is increasingly on the minds of enthusiasts keen to limit the impact of their wine collections on the planet.

Essentially, a 'sustainable' wine or winery should harness socially, economically and ecologically responsible methods to reduce wastefulness in its production, so that it has as little impact on the environment as possible. This could be in the viticulture - essentially, how grapes are cultivated (potentially via organic and biodynamic practices, protecting local ecosystems and wildlife, and maintaining healthy soils for future

generations); the vinification - how the wine is made, with regards to water and energy consumption; or the final presentation and route to market - for example, carbon-neutral packaging and freight. Then there is the human and social impact, encompassing the fair treatment and compensation of employees, and responsibility to local communities.

While there are various certifications available to wineries who follow such practices, they vary in their criteria and are not universally recognised. Likewise, while organic and biodynamic vinevard husbandry is more clearly defined, and does tend to reduce the use of harmful chemicals, such practices are not the sole guarantor of sustainable winemaking as there are degrees of adherence. Meanwhile, other producers may actually be practising environmentally and ecologically friendly viticulture without being signed up to official protocols. All in all, claims of sustainability span everything from marketing-

focused lip service to genuine, committed action. But for those wanting to support the more conscientious producers, here are five wineries that are unquestionably doing their bit...



The elegant, immaculate Château Palmer in Bordeaux, home of a flourishing ecosystem

CHÂTEAU PALMER

Château Palmer, a third-growth producer in the Bordeaux classification hierarchy, is one of the very few properties at that level to be certified fully biodynamic. Only 66 of the property's 100 hectares are given over to vines, with the rest home to insects, fruit trees and even sheep, to help maintain a sustainable ecosystem. Critics have lauded the results; the 2006 grand vin, now coming of age, is a bargain when seen next to similarly priced but more recent (and hence unbroachable) vintages.

RUINART

A major part of Champagne's appeal lies in the branding – and packaging. But while all those swanky presentation cases can be seductive, they are hugely wasteful from an environmental perspective. Ruinart made a bold move in replacing its livery with a more ecological 'second skin', produced at a paper mill in the UK's Lake District. And it has now been used to enrobe the house's 2010 Dom Ruinart, aged under (sustainable) cork rather than metal cap for the first time, so delivering a more rounded palate.

MAISON MIRABEAU

Husband and wife duo Stephen and Jeany Cronk left London in 2010 to pursue their dream of taking on a Provencal vineyard - and are now up and running, making a fine rosé. Even more impressively, they're moving away from the conventional monocultural farming that they inherited towards organics, and have set up the Regenerative Viticulture Foundation to encourage other producers to follow suit by embracing greater biodiversity on their estates.

PASOUA

Italian brand Pasqua has gained a reputation as something of a disruptor, be it via eve-catching social media or commissioning poems to accompany its wine. Then there are unorthodox cuvées such as this blend of garganega, pinot blanc and sauvignon blanc accentuated by its provocative full name: 'Hey French You could have made this but you didn't'. Arguably of even greater note, though, is the estate's gradual conversion to organic viticulture, spearheaded by the release last year of an organically farmed amarone and ripasso - the two classic wines of the brand's Valpolicella homeland.

GAJA

One of Italy's most storied winemaking families, Gaja has, over the past 25 years, been on a mission to regenerate its soils. It now imports a particular species of worm (the Californian red worm) to 'process' cow manure, helping create 70 tons of compost a year for the vines. Additionally, the planting of wildflowers has led to insects and bees being attracted to the vineyards, furthering the biodiversity.





SET JETTERS



It was all feuding and fury or Croatia's Dalmatian Coast when the Roys rocked up, but you can opt for calmer waters not least at the immaculate Cavtat harbour (right)

Armchair travel is fun: real travel is better - not least when it's to places at the heart of the most compelling TV...

WORDS AMY BROOMFIELD



CROATIA Succession

When you're not trying to decide who is the most odious character in the Roy family -- it's got to be Shiv (above), no? - it's hard not to get swept up in the mind-blowing locations that this billionaire family finds itself in as the plot gathers pace in HBO's Succession. From frenetic scenes across NYC to the sun-drenched hills of Tuscany, the Roys certainly know how to travel in style. In episode 10 of the second series, we are treated to a luxury supervacht gathering on the spectacular Adriatic. The family boards a majestic 280ft ship - known in real life as Solandge, which comes complete with its own pool and helipad – at Dubrovnik, and we are subsequently treated to spectacular aerial views of Cavtat, Mljet and Korčula.

Inspired? Follow a similar route (minus the palpable tension) on a slightly smaller but no less luxurious five-star crewed catamaran, which you can use as your base while you island-hop along the idyllic Dalmatian Coast. And maybe ponder where the fourth series (now on the horizon) will take us next?



MARRAKECH Inventing Anna

Allow yourself to live a little vicariously via arguably the iciest of all villainesses to grace our screens last year arch fraudster Anna Delvey, played brilliantly by Julia Garner. "Let's book the private riad," she declares, while planning a trip to Marrakech with her friend Rachel. Upon arrival, the camera pans across the city's bustling centre, with captivating scenery of tea stands populated by locals, the treasures of the souks and all the sights and sounds of Jemaa El-Fnaa square and marketplace.

The aforementioned exclusive riad is tucked away in the ultra-luxe fivestar La Mamounia. The palatial hotel, formerly owned by Moorish royalty, is a visual feast of traditional Moroccan design - zellige tiles, vibrant local textiles and dramatic archways - all set within hectares of ancient olive groves and other indigenous greenery. Given that it's now been more than a year since the show aired, if you still haven't stayed there, Anna would be frankly appalled...









Left: A super-luxe Marrakech riad topped the wishlist of Julia Garner's Anna Delvey (bottom); below: The king of the Negroni leads a voyage of discovery to Italy's finest and most authentic - fare; bottom right: Four Seasons Resort Maui at Wailea, where the best-laid holiday plans soon unravelled..



ITALY Stanley Tucci: Searching for Italy

Who can resist 'the Tooch' talking about food and drink? We've all been hooked since, during the pandemic, he broke the internet with his homemade Negroni video for Instagram. In the first series, the actor, Italian by blood, explores the history and authenticity of dishes in different regions, and meets the local communities who nurture the all-important ingredients. Among the highlights are pizza from a century-old stand in Naples and the world's best Parmigiano Reggiano in Bologna. And Tucci does (of course) fish for perch on Lake Como, before preparing a feast with his catch.

While this tour is one of pure food hedonism, it also serves as a reminder that all these culinary gems are best enjoyed in the warm Mediterranean sunshine with gorgeous views of the Amalfi Coast and lazy strolls through ancient Italian towns. So start by sampling the finest San Marzano tomatoes and buffalo mozzarella in the south, eat your way up to the best carbonara in Rome, and sign off with a lesson in Sicilian flavours and hospitality.

HAWAII The White Lotus

Ever since this award-winning show hit our screens back in 2021, the Four Seasons Resort Maui in Wailea, where the first series was filmed, has reportedly experienced renewed wanderlust from prospective travellers, dubbed 'the White Lotus effect'. And what's not to love? From episode one, there was no shortage of island allure, with the pristine resort brilliantly juxtaposed against the unravelling of its privileged guests (Jennifer Coolidge is sublime). The hotel remains one of the largest and best resorts on the island, with the 21 ocean-front rooms providing unparalleled views and, of course, its swim-up cocktail bar. If you've been, you'll want to return; if not, you'll want to add it to your travel list for 2023. And then why not add second-season location vibes with a trip to the San Domenico Palace Four Seasons in Sicily. Don't hang around though the five-star hotel was booked up for six months immediately after season two aired. \Box



Excited to write your own travel script? Head to abercrombiekent.co.uk or visit the A&K team on the Lower Ground Floor in-store







...and read that! Journalist NOSHEEN IQBAL, host of The Guardian's daily podcast, shares her own favourite podcasts and more

NORMAL GOSSIP

This podcast does exactly what it says on the tin: it brings you juicy stories about ordinary people. You (probably) don't know them and never will, but the gossip will reel you in, detail by delicious detail. Extremely unlikely? I thought so too. But host Kelsey McKinney is a delight. There are few giggles I enjoy more than hers (though, true to the spirit of the show, I don't actually know her), and her talent for storytelling - ie being your gossipy BFF - is part of what makes this such a fun listen. Then there's the stories-'called in' by listeners as if they've stumbled on a crime scene and Kelsey is the detective. She dedicates each episode to a single one, speculating and forensically examining every nuance with a different guest each time. Stories about wedding drama among a pack of sorority sisters in the American South. Accusations of theft during a family holiday back in the '80s. A dad obsessed with orchids. The tales are vast and nutty and majestic, unspooled by Kelsey with so much care and enthusiasm, you'll cackle out loud on the bus, in the middle of a run, while doing the most boring chores. So good.

LONDON PLAYBOOK

OK, so think Normal Gossip (*left*), but it's the world of Westminster. This newsletter from Politico is the briefing I start every single working day with - it feeds politics junkies all the news and stories they need to know that morning to understand what's going on in government and how the news day might play out. It's insider-y and smug, but well sourced and useful. A decent daily digest on the inner workings of power.

BLACKBIRD SPYPLANE

Twice-weekly Substack dispatches from the more obscure end of design and fashion nerdery; I didn't know how much I needed this newsletter until André 3000 from Outkast popped up on it, chatting about his most meaningful item of clothing (an army jacket featuring a photo of his son). BBSP is the goof-ball arbiter of what's in and out, managing to be both fresh and nostalgic - whether its focus is on sneakers or the best way to layer hats. Goofy and clever.

RABBIT HOLE

For me, this one-off podcast series from The New York Times is the very best of what the medium offers. Over eight episodes, tech journalist Kevin Roose investigates how normalised the phenomenon of the internet has become, how it's changing, and the profound ways in which it's changing us. It's utterly compelling and brilliantly put together. Be prepared to burrow your brain in it; I can't recommend it enough.

DINA TOKIO

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I started following Dina Tokio (@dinatokio) on Instagram about a decade ago, as she was a breath of fresh air in the world of fashion blogging: an offbeat, incredibly chic Welsh Muslim who makes modest fashion look cool and cutting edge. She doesn't give off the usual influencer vibe - she's actually funny and endearing, for one. Very few people could keep me interested through their home renovations, fitness journey and fashion collabs, but here I still am. She's a treat. 🗆



The Baccarat Bar - created in collaboration with the eponymous French crystal house - is the place to go to enjoy a world-class beverage. Award-winning bar manager Cameron Attfield puts the 'art' into bartender, serving up a menu of innovative cocktail concoctions in glistening Baccarat crystal.

Baccarat

Baccarat Bar, Lower Ground Floor





Hyde Park Gardens *Hyde Park W2*

This recently refurbished four-bedroom lateral apartment spans two stucco-fronted buildings on a 19th-century terrace in a gated residential enclave just north of Hyde Park with resident-only communal gardens and parking. There is a spacious reception room, a large kitchen/breakfast room, four generous double bedrooms and three bathrooms (two ensuite), with panoramic views of Hyde Park from the reception room and principle bedroom. The apartment has air conditioning, hardwood floors throughout and a video entry system, and is within walking distance of London's West End as well as Paddington and Notting Hill Gate stations.

| GUIDE PRICE | GROUND RENT |
|---------------------------------|--------------------------------|
| £5,300,000 | Peppercorn |
| TOTAL AREA | EPC RATING |
| 1,828sq ft (170sq m) | С |
| SHARE OF FREEHOLD | COUNCIL TAX BAND |
| With 983-year lease | Н |
| SERVICE CHARGE | CONTACT |
| Approximately £15,088 per annum | adham.hakmi@harrodsestates.com |
| | +44 (0)20 7409 9001 |





Coombe Ridings Surrey KT2

A rare buying opportunity, this substantial new detached house is located on a gated road on the private Coombe Hill Estate. The property includes nine bedroom suites, full automation, an indoor swimming pool, a media room, a separate staff suite and a three-car garage with further staff accommodation. It is situated on a secure secluded plot (approximately 0.6 acres), which backs directly onto Coombe Hill Golf Club.

| PRICE | GROUND RENT |
|-------------------------|--------------------------------|
| £10,500,000 | Peppercorn |
| TOTAL AREA | EPC RATING |
| 13,010sq ft (1,209sq m) | C |
| FREEHOLD | COUNCIL TAX BAND |
| | Η |
| SERVICE CHARGE | |
| £600 per annum | CONTACT |
| | reem.dougramaji@harrodsestates |
| | +44 (0)20 7225 6506 |
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From quintessential British tennis to Qatari contemporary art and the best bakehouses in town. Katie Service has your spring highlights

AFTER-HOURS CRO



Met Gala 2023 – 1st May

What's better than the Met Gala? The Met Gala after-parties. Come 11pm-ish, attendees slip out of their impossible-to-sit-down-in gowns - or tailored boilersuits, towering headpieces or cheeseburger costumes as the case may be - and into outfits more amenable to partying till the wee hours. Here's hoping to make the invite list this year...

WHAT TO WEAR

Think slink with added dance-floor drama. Dazzle in 16Arlington's crystal-embellished miniskirts and dresses, maybe with an ice-blue feather jacket. For him, head-to-toe Celine - Hedi Slimane was a favourite of Karl Lagerfeld (above), to whom this year's gala is a tribute; try the silver lamé 'Chanel' jacket and skinny leather trousers.

From left 16Arlington minidress £2,295; Celine Homme jacket and trousers, prices on request, T-shirt £550, bracelets £650 (left) and £550, and boots £990



BAG A MASTERPIECE

The perfect choice of arm candy for your next gallery visit? If you can get your hands on one (they are quite the collector's items), we recommend the latest run - #7 - ofDior Lady Art bags, each one interpreted by a contemporary artist. Fashion meets art in these miniature masterpieces - as expressive and intricate on the inside as on the outside featuring the diverse imaginings of talents such as (above) American painter Shara Hughes and Chinese multimedia artist Wang Yuyang (right).

Dior Lady Art bags, prices on request



While the opening of private members' club The Ned, in Doha's former Ministry of Interior building, is big news for foodies - seven restaurants and counting, including Hadika for Levantine cuisine and northern Italian favourite Cecconi's - it's the art that has really got us excited. With 350 artworks by 95 artists - 70 per cent of them female the museum-grade permanent collection, hung throughout



the modernist building, reflects Doha's thriving art scene, bringing together contemporary pieces from west Asia, North Africa and Qatar – including works by Qatari artists Hind Al Saad and Maryam Al-Homaid (left).

Above: One of Maryam Al-Homaid's contemporary pieces is showcased on the walls of The Ned in Doha



LOVE ALL

The Boodles Tennis – 27th June to 1st July

Are you truly a tennis fan if you haven't watched the pros battle it out at The Boodles? This tennis tournament at the stately Stoke Park is lovingly known by seasonaires as the warm-up to Wimbledon, and with its picturesque grounds, afternoon teas and well-heeled crowd, it makes for one of the best days out the sport has to offer.

WHAT TO WEAR

Make it polished but elegantly nonchalant. A Roland Mouret tailored dress always hits the spot, paired with a huge straw hat by Maison Michel. For him: Brunello Cucinelli unlined navy blazer and chinos; classic brown suede Gucci loafers.

Right, from top Brunello Cucinelli jacket £2,370, jeans £490, polo shirt £1,120, T-shirt £310, pocket square £170, belt £2,040 and shoes £670; Roland Mouret dress £750



BURIED TREASURE

Luxury and Power: Persia to Greece – 4th May to 13th August The measure of luxury is subjective, a point illustrated beautifully by The British Museum in this fascinating collection of objets dating from 550 to 30 BC. Found across the Middle East and southeast Europe, the exhibit, in the Joseph Hotung Great Court Gallery, spans bronze and clay trinkets from a Persian military grave to the sensational gold Panagyurishte Treasure from Bulgaria – on display in the UK for the first time since 1976 – with the pieces telling a complex story about status, wealth, power and politics.

Helping to tell the tale, a sphinx rhyton - or drinking cup - dating from circa 470 to 450 BC













If you live by the philosophy that breakfast is the most sacred nourishment of the day, you'll be pleased to know that three new shrines to the morning meal are now open. Harrods' own Prada Caffè has popped up on the

Hans Crescent corner of the store, offering the brand's signature pistachio interiors and on-point patisserie. Robin Birley, the man behind private members' club 5 Hertford Street, has opened Birley Bakery in Chelsea Green (above); a modern take on the classic French boulangerie-patisserie, it serves specialist breads, biscuits, pastries and, of course, coffee for dipping. And over in Dubai, beloved London bakery Bread Ahead (purveyor of some of the world's most legendary doughnuts) has found a permanent residence in the Mall of the Emirates. Just follow your nose to find it - the unmistakable scent of its baked wares rising in the oven is intoxicating.

Luxury Accessories and Prada Caffè, Ground Floor; Womenswear, First Floor; Menswear, Second Floor; Women's Contemporary, Fourth Floor; Harrods Shoe Heaven, Fifth Floor; and harrods.com

THE ONE



POWER Play How did it all begin? With the Big Bang, of course: Hublot's disruptive 2005 launch ushered in an era of big, bold boundary-pushing timepieces. The Big Bang MP-11 14-Day Power Reserve Sapphire Rainbow ticks all the original's boxes (it's supersized with a state-of-the-art movement), but adds a daringly skeletonised dial, a two-week power reserve and a cornucopia of coloured stones. So does it measure up to its predecessor? Big time. A glorious evolution, as it were.

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