

Dosage Instructions

Melatropin™ dosages range from 1 to 4 capsules. It is given once per day and often taken with a meal.

How to Take Melatropin™

Melatropin™ is administered orally. This means that it is taken by mouth in capsule form.

Effective dosages can vary. For example, if more tanning effects are desired, the dose can be increased slightly. If tanning too rapidly, the dose can be decreased.

If getting too dark while taking Melatropin is a concern, start with a lower dose.

Melatropin™ is a minimally effective sunless tanning agent. The amount of sun or UV exposure will affect the speed at which each person tans while taking Melatropin™.

Skin Type	Daily Dosage
Pale, fair skin. Burns easily, tans minimally.	3-4 Capsules
Light brown skin. Sometimes burns, tans uniformly.	2-3 Capsules
Medium brown skin. Burns minimally, tans well.	1-2 Capsules

Example Dosage Cycle

Week 1 - 2: 4 capsules taken every day

Week 3 - 5: 3 capsules taken every day

Maintenance Dosage

Maintenance dosing is used to maintain a tan for an extended period of time. This consists of taking smaller daily dosages for as long as desired.

Maintenance dosages range from 1 to 2 capsules daily.

What is Melatropin?

Melatropin™ is a scientifically designed tanning supplement that stimulates the production of melanin, the natural brown pigment responsible for skin color. Clinical study has shown it to have powerful tanning and skin-darkening effects when used in combination with sun or UV (tanning bed) exposure.



Simple Daily Dosage.

Just 1 to 4 capsules. Take once daily before eating in the morning.



For All Skin Types.

Melatropin™ works with all complexions, including fair or pale skin.



Clinically Validated.

In clinical study, subjects were 3 times more tan after taking Melatropin™.