Nutrition	Facts
32 servings per contair	ner
Serving size	1 Tbsp (7g)
Amount Per Serving  Calories	30
	% Daily Value*
Total Fat 0.5g	1%
Saturated Fat 0.12g	1%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	·

Cholesterol 0mg 0% Sodium 15mg 1% Total Carbohydrate 2g 1%

Dietary Fiber < 1g 3% Total Sugars < 1g Includes 0g Added Sugars 0%

Protein 3g 6% Vitamin D 0.2mcg 0% Calcium 13.53mg 2% Iron 2.53ma 15%

Potassium 96.3mg 2%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet, 2,000 calories a

day is used for general nutrition advice.