# Nutrition Facts 

32 servings per container Serving size $\quad 1$ Tbsp (7g)

Amount Per Serving Calories

|  | \% Daily Value |
| :--- | ---: |
| Total Fat 0.5 g | $\mathbf{1 \%}$ |
| Saturated Fat 0.12 g | $\mathbf{1 \%}$ |
| Trans Fat 0 g |  |
| Polyunsaturated Fat 0 g |  |
| Monounsaturated Fat 0 g | $\mathbf{0 \%}$ |
| Cholesterol 0 mg | $\mathbf{1 \%}$ |
| Sodium 15 mg | $\mathbf{1 \%}$ |
| Total Carbohydrate 2 g | $\mathbf{3 \%}$ |
| Dietary Fiber $<1 \mathrm{~g}$ |  |
| Total Sugars $<1 \mathrm{~g}$ | $\mathbf{0 \%}$ |
| Includes 0 g Added Sugars | $\mathbf{6 \%}$ |
| Protein 3 g | $0 \%$ |
| Vitamin D 0.2 mcg | $2 \%$ |
| Calcium 13.53 mg | $15 \%$ |
| Iron 2.53 mg | $2 \%$ |
| Potassium 96.3 mg |  |

*The \% Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

