

8g FIBER • HIGH IN VITAMIN C • LOW FAT • HIGH IN CALCIUM
HIGH IN ANTIOXIDANTS • HIGH IN VITAMIN A

Berry Bliss

THE POWER OF BERRY BLISS:

Berry Bliss is high in antioxidants, protein, vitamin A, and contains camu camu, one of the world's most abundant forms of vitamin C. No fillers mean you only need a small amount of this perfect mix to feel a shift in your energy! Not only is it great for your health, but it is delicious too, all without any added sugar. Make Berry Bliss your new protein powder source: Upgrade your food; change your life.

THE PHILOSOPHIE:

Given high-quality nutrients, our bodies will renew themselves and return us to our natural state of unbounded energy, bliss and balance. Philosophie's mission is to activate that joy by making the journey easy, delicious and inspired. Add Philosophie Superfood Powders to all your favorite recipes and "Make every food a SUPERFOOD."

For inspiration and recipe ideas,
visit the blog at www.thephilosophie.com

Nutrition Facts	
6 servings per container	
Serving size	(39g)
Amount Per Serving	
Calories	160
	<small>% Daily Value*</small>
Total Fat 2.5g	3%
Saturated Fat 0.6g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 45mg	2%
Total Carbohydrate 23g	8%
Dietary Fiber 8g	29%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 10g	20%
Vitamin D 1.4mcg	6%
Calcium 99.2mg	8%
Iron 1.88mg	10%
Potassium 476mg	10%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Berry Bliss Smoothie

1 C almond milk
1 T Berry Bliss
1 C pineapple
½ C berries

Berry Bliss Ingredients:

* pomegranate powder, * sprouted brown rice protein powder, * goji berry powder, * acai berry powder, * maca root powder, * camu camu powder, * mangosteen powder.

* organic ingredient

ADD TO : SMOOTHIES • OATMEAL
BAKED GOODS • YOGURT • ICE CREAM
JUICE • APPLE SAUCE • BABY FOOD
DRESSING



8 52659 22233 9