WHICH SUPPLEMENT TO CHOOSE?

Considering a supplement to support milk supply? Let us help!



Drop in Supply / Build Freezer Stash -- Need to optimize breast milk supply for reasons such as: wanting to increase freezer stash, returning to work, baby's growth spurt, or a recent separation from baby? We recommend 1 of the following: **More Milk Plus | More Milk Moringa | Moringa**



Didn't See an Increase in Breast Size During Pregnancy -- Or, is there a history of PCOS, IGT/breast hypoplasia, or past breast surgery? We recommend 1 of the following: More Milk Special Blend | Goat's Rue



Fenugreek-Free Options -- Many mothers have great success with fenugreek; however, if an alternative is necessary because of a thyroid condition or a sensitive stomach, we recommend 1 of the following: **More Milk Moringa | Moringa | Goat's Rue | Shatavari | More Milk**



Adoptive Feeding or Relactation -- Trying to induce lactation for an adopted baby or trying bring back a previously established milk supply? We recommend 1 of the following: More Milk Special Blend | Goat's Rue



Delivered Prematurely -- Was the baby delivered prior to 37 weeks gestation? We recommend 1 of the following: More Milk Special Blend | Goat's Rue | Shatavari



Period Returned -- Did milk supply decrease or even stop with the return of a menstrual cycle? We recommend: **Shatavari**



Pregnant *and* **Breastfeeding** --Currently breastfeeding while pregnant and want to continue breastfeeding? We recommend: **More Milk Two**

If you have further questions about Motherlove's products, please email us at mother@motherlove.com or call 970.493.2892



A LOT, IN A LITTLE PACKAGE

Skip drinking excessive cups of tea & eating handfuls of lactation cookies!



Sensitive to taste? Motherlove's liquid capsules are **taste-free and easy to take.**



Liquid capsules, like Motherlove's, are known to be both **potent and easily absorbed** by your body.

BONUS! ' Organic herbs, vegan, non-GMO and Kosher!

CONVENIENT

A new baby means **convenience is key**. Simply pop a couple of capsules and go about your day.

WHICH IS PREFERABLE?



4 Motherlove capsules





10+ baked goods**

5 cups of tea**