



## **HOW IT WORKS**

PRESSURE EXERTED BY BODY WEIGHT



**INCLINED SUPPORT** ZONES MOVE IN OPPOSITE DIRECTIONS



**STRETCHING** 





**GENTLY STRETCHES** YOUR BACK, NECK AND LEGS



**RESULT** 

REDUCES BACK AND NECK PAIN REVITALIZES DISCS DURING SLEEP DUE TO AN IMPROVED BLOOD FLOW STRETCHES AND DECOMPRESSES THE SPINAL COLUMN