



BLUFFWORKS

PACKING LIST FOR 10 DAYS IN PARIS, 3 WAYS

Our **packing approach** acknowledges that everyone's trip is different and ensures that you will have everything you need, leave out what you don't, and still have enough for your trip.

Start with the most important items for your trip – these critical items are related to where you're going, and what you're going to do, a specific event or activity.

The next step is to fill in what you'd like to bring for the rest of the trip. We recommend doing laundry at least once during your trip to help cut down on your packing list, and bringing clothes that are lightweight, washable, designed to be worn more than once.

This packing list for Paris is based on the following scenario:

- 10 days in Paris
- One formal event, like a wedding (remember Step #1)
- Do laundry once = packing for 5-6 days worth of outfits

And we've built a packing list based on three different packing approaches:

1. Bring everything we think we need, without worrying about capacity or weight. (But remember, we're still doing laundry once in this scenario.)
2. Apply a little reuse, factoring in wearing things more than once.
3. A truly lightweight packing approach, where your travel clothes really earn their keep.

| | Bring Everything | A Little Reuse | Even Lighter |
|-----------------------|--|---|--|
| Central Outfit | Suit (pants and jacket) White dress shirt Formal dress shoe Belt, tie, dress socks | Suit (pants and jacket) White dress shirt Formal dress shoe Belt, tie, dress socks | Suit (pants and jacket) White dress shirt Formal dress shoe Belt, tie, dress socks |
| Pants | 3 other pairs of pants , like another pair of dress pants, chinos and jeans | 2 other pairs of pants , like chinos and jeans | 1 other pair of pants , like chinos and jeans (plus you can rotate in the dress pants after the event is over) |
| Shirts | 5 more shirts, wearing a clean shirt every day, for example 2 dress shirts, polos, 1 t-shirt 3 active workout shirts or additional t-shirts | 3 more shirts (each shirt is worn once or twice), for example 1 dress shirt, 1 polo, 1 t-shirt 2 active workout shirts or additional t-shirts | 2 more shirts (each shirt is worn either two or three times), for example 1 dress shirt and 1 polo 1 active workout shirt (and reuse of casual shirt above) |
| Shorts | 1 swimsuit 1 workout short | 1 swimsuit 1 workout short | 1 swimsuit that you can work out in then wash |
| Layers | 1 vest 1 windbreaker | 1 vest | 1 vest (alone or over blazer for insulation and as outerwear) |
| Accessories | 5 pairs of underwear 5 pairs of socks 1 casual or walking shoe | 5 pairs of underwear 5 pairs of socks 1 casual or walking shoe | 5 pairs of underwear 5 pairs of socks 1 casual or walking shoe |