

Support your surgical patients' nutrition at every stage of their journey

Optimising nutritional needs is key for improving surgical outcomes,¹ so when ONS is indicated we have options for all your patients' needs

→ Prehabilitation → Preoperative → Postoperative →

Improve overall mortality and reduce pulmonary morbidity²

- Consider at least 4 weeks before surgery
- Restore energy and protein deficit
- Avoid weight loss and reduction in muscle mass



22g protein in a 60ml shot – ideal for patients with increased protein needs



65g carbohydrate per bottle
Fat-free
Provides 10g protein

Reduce loss of lean muscle mass and promote quicker return of bowel function³

- Follow ERAS protocol
- Consider carbohydrate-rich fluids up to 2 hours before surgery (aim for a minimum 50g)⁴

Reduce length of stay and complication rates⁵

- If appropriate, initiate oral nutrition within the first 24 hours
- Consider increased energy and protein needs
- Initiate ONS to ensure requirements are met
- Support functional recovery



20.3g protein and 3g leucine per serving – to stimulate muscle protein synthesis^{6,7}

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