

Split Doses and Compliance

Once you have read the online sections on Split Doses and Compliance, answer these CPD questions. Print off this page with your answers to add to your professional CPD portfolio.

1. **Question:**

Which of the following best describes patient compliance:

Answer:

- A. Patients consume all of what is prescribed in order to meet their nutritional requirements and keep wastage to a minimum
 - B. Patients consume a high percentage of what is prescribed in order to meet their nutritional requirements and keep wastage to a minimum
 - C. Patients consume all of what is prescribed in order to reduce demands on healthcare professionals and keep wastage to a minimum
 - D. Patients consume a high percentage of what is prescribed in order to reduce demands on healthcare professionals and keep wastage to a minimum
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2. **Question:**

Which of the following factors can influence patient compliance of ONS?

Answer:

- A. Disease status, taste and the patient's age
 - B. HCP attitudes towards ONS, energy density of ONS and disease status
 - C. Volume of ONS, disease status and treatment side effects
 - D. All of the above
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3. **Question:**

Intentional rounding results in clinical benefits, such as reduced rates of falls and pressure ulcers.

Answer:

- True
 - False
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4. **Question:**

What does the Malnutrition Pathway consider to be a clinically effective ONS dosage?

Answer:

- A. 200-400 kcals/day
 - B. 300-600 kcals/day
 - C. 300-900 kcals/day
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5. **Question:**

Which of the following may increase compliance of ONS?

Answer:

- A. Encouraging larger volumes of ONS
 - B. Prescribing the most popular flavour of ONS to all patients
 - C. Offering patients flexible serving sizes for those with reduced appetite / struggling with ONS compliance
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6. **Question:**

Which patient groups could split doses of ONS be useful for?

Answer:

- A. Elderly patients
 - B. Patients with poor appetite
 - C. Patients with dementia or cognitive impairment
 - D. All of the above
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Answers

1	2	3	4	5	6
B	D	True	C	C	D