

# AYMES® SAVOURY

## Data Sheet



### ORDER CODES

Flavour	Pip-code
Chicken	400-9932
Sample Pack	-

### DESCRIPTION

**AYMES® Savoury** (chicken flavour) is a powder, based on skimmed milk powder with added carbohydrate, fat, vitamins and minerals, which provides a nutritionally-balanced supplement / sip feed when reconstituted with hot water.

### PRESENTATION

**AYMES® Savoury** (chicken flavour) is presented as wholesale cases of 12 cartons, each carton containing 7 x 57g sachets.

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For more information see [www.aymes.com](http://www.aymes.com)  
or call 0845 6805 496



### INGREDIENTS

#### CHICKEN FLAVOUR

Maltodextrin, Skimmed **Milk** Powder, Palm Fat, **Milk** Protein Concentrate, Flavourings (Containing **Celery**), Potato Starch, Chicken Meat containing Antioxidant: Extracts of Rosemary, Thickener: Cellulose Gum, Potassium Chloride, Potassium Phosphates, Magnesium Carbonates, Vitamin and Mineral Premix (Potassium Dihydrogen Phosphate, Sodium Ascorbate, Vitamin E, Ferrous Sulphate, Niacin, Zinc Sulphate, Vitamin A, Pantothenic Acid, Vitamin D, Biotin, Vitamin B<sub>6</sub>, Folic Acid, Manganese Sulphate, Thiamin, Potassium Iodide, Copper Sulphate, Vitamin K, Vitamin B<sub>12</sub>, Sodium Selenite, Riboflavin, Chromium Chloride, Sodium Molybdate), Tricalcium Phosphate, Dried Parsley, Colour: Curcumin, Ground Sage, White Pepper.

**AYMES® Savoury (chicken flavour) is made from a gluten free recipe**

### OTHER INFORMATION

<b>Potential Renal Solute Load</b>	mOsm/l	368
<b>OSMOLALITY</b>	mOsm/kg	350
<b>NON-PROTEIN CALORIES: Nitrogen ratio</b>	(kcal/g)	144:1
<b>ENERGY DISTRIBUTION</b>		
Protein	%	14.7
Carbohydrate	%	54.7
Fat	%	30.4
Fibre	%	0.2

### STORAGE

Store in a cool, dry place, below 25°C

### SHELF LIFE

15 months

## INDICATIONS FOR USE

**AYMES® Savoury** (chicken flavour) is a Food for Special Medical Purposes (FSMP) and is designed for the dietary management of patients with, or at risk of, disease-related malnutrition.

**AYMES® Savoury** (chicken flavour) should be used as a supplement to the diet. It is not suitable as a sole source of nutrition.

**AYMES® Savoury** (chicken flavour) is prescribable on Form FP10 (GP10 in Scotland) for the following indications: short-bowel syndrome, intractable malabsorption, pre-operative preparation of patients who are undernourished, proven inflammatory bowel disease, following total gastrectomy, dysphagia, bowel fistulas and disease-related malnutrition.

## DIRECTIONS FOR USE

Each sachet of **AYMES® Savoury** (chicken flavour) should be reconstituted with 200ml of hot water. It is best served warm.

- Boil the kettle
- Carefully pour 50ml of the hot water into a mug or bowl and then add 1 sachet of **AYMES® Savoury** (chicken flavour)
- Mix into a smooth cream with a whisk or fork
- Top up with the remaining 150ml water whilst stirring continuously
- Serve when fully mixed

Once reconstituted, **AYMES® Savoury** (chicken flavour) should be consumed as soon as it has reached a safe and comfortable temperature for drinking. Stir before drinking.

**AYMES® Savoury** (chicken flavour) can also be added to savoury foods  
*Contact us for more info*

## SUGGESTED INTAKE

1-2 servings a day unless otherwise indicated by the clinician or dietitian.

### IMPORTANT NOTICE

**Use under medical supervision**  
**Not suitable as a sole source of nutrition**  
**For enteral use only**  
**Not suitable for infants**

## CONTRAINDICATIONS

Not suitable for patients with cows' milk protein intolerance or for those with galactosaemia.

## PRECAUTIONS

Use with caution in children under 6 years old.

Please note the sodium / salt content is higher in **AYMES® Savoury** (chicken flavour) than in the **AYMES® Shake** sweet varieties.

## NUTRITIONAL INFORMATION

**Composition - AYMES® Savoury Chicken should be made up with hot water**

Flavour	Chicken		
		100g powder	57g powder + 200ml hot water
<b>Typical values</b>			
Energy	kJ	1842	1050
	kcal	441	251
Fat	g	14.9	8.5
	of which: saturates	g	4.9
	polyunsaturates	g	0.68
Carbohydrate	g	60.3	34.3
	total sugars	g	6.2
	lactose	g	4.3
	sucrose	g	0.06
	maltose	g	1.4
	fructose	g	0.07
	glucose	g	0.35
	polysaccharides	g	28.1
Fibre	g	0.4	0.23
Protein	g	16.3	9.2
Salt	g	1.8	1.0
<b>Vitamins</b>			
Vitamin A (RE)	µg	579	330
Vitamin D	µg	9.1	5.1
Vitamin E (α-TE)	mg	8.8	5.0
Vitamin K	µg	53.0	30.2
Vitamin C	mg	54.8	31.2
Thiamin	mg	1.25	0.71
Riboflavin	mg	1.0	0.57
Vitamin B <sub>6</sub>	mg	1.8	1.0
Niacin (NE)	mg	12.1	6.9
Folic acid	µg	187	106
Vitamin B <sub>12</sub>	µg	1.17	0.67
Pantothenic acid	mg	4.5	2.5
Biotin	µg	32.1	18.3
<b>Minerals</b>			
Sodium	mg	720	410
	mmol	31.3	17.8
Chloride	mg	388	221
	mmol	10.9	6.2
Potassium	mg	602	343
	mmol	13.4	8.8
Calcium	mg	458	261
	mmol	11.4	6.5
Phosphorus	mg	264	150
	mmol	8.5	4.8
Magnesium	mg	93.3	53.1
	mmol	3.9	2.2
Iron	mg	6.7	3.8
Zinc	mg	3.6	2.0
Copper	µg	530	302
Iodine	µg	81.1	46.2
Selenium	µg	15.6	8.9
Manganese	mg	0.61	0.34
Chromium	µg	7.0	4.0
Molybdenum	µg	16.0	9.1