

AYMES[®] COMPLETE

Data Sheet



ORDER CODES

| Flavour | Pip-code |
|--------------|------------|
| Chocolate | 374 - 9553 |
| Strawberry | 374 - 9595 |
| Vanilla | 374 - 9587 |
| Banana | 374 - 9579 |
| Starter Pack | 388 - 6439 |

DESCRIPTION

AYMES[®] Complete is a nutritionally complete, high energy (1.5kcal/ml), ready to drink, milkshake-style supplement, for the dietary management of disease related malnutrition.

PRESENTATION

AYMES[®] Complete is presented in clusters holding 4 x 200ml bottles with flexible straws attached.

Available in 4 flavours: Chocolate, Strawberry, Vanilla, and Banana

AYMES[®] International Ltd, International House,
124 Cromwell Road, Kensington, London, SW7 4ET
For more information see www.aymes.com
or call 0845 6805 496



INGREDIENTS

VANILLA

Water, Maltodextrin, **Milk** Protein, Vegetable Oil (Rapeseed, Sunflower), Sucrose, Tri-Potassium Citrate, Natural Vanilla Flavour, Di-Sodium Hydrogen Phosphate, Emulsifier: Mono- and Diglycerides of Fatty Acids (E471), Potassium Chloride, Emulsifier: Sunflower Lecithin, Magnesium Chloride, Tri-Sodium Citrate, Magnesium Citrate, Vitamin Premix (Nicotinamide, Pantothenic Acid, Vitamin B₆, Thiamin, Riboflavin, Vitamin A, Folic Acid, Vitamin E, Vitamin K₁, Biotin, Vitamin D₃, Vitamin B₁₂), Sodium Ascorbate, Colour: Natural Carotene, Ferric Pyrophosphate, Mineral Premix (Copper Gluconate, Potassium Iodide, Sodium Molybdate, Chromium Chloride, Sodium Selenite), Stabiliser: Carageenan, Zinc Sulphate, Acidity Regulator: Sodium Hydroxide, Manganese Sulphate

STRAWBERRY

Water, Maltodextrin, **Milk** Protein, Vegetable Oil (Rapeseed, Sunflower), Sucrose, Natural Strawberry Flavour, Tri-Potassium Citrate, Di-Sodium Hydrogen Phosphate, Emulsifier: Mono- and Diglycerides of Fatty Acids (E471), Potassium Chloride, Emulsifier: Sunflower Lecithin, Magnesium Chloride, Tri-Sodium Citrate, Magnesium Citrate, Vitamin Premix (Nicotinamide, Pantothenic Acid, Vitamin B₆, Thiamin, Riboflavin, Vitamin A, Folic Acid, Vitamin E, Vitamin K₁, Biotin, Vitamin D₃, Vitamin B₁₂), Sodium Ascorbate, Ferric Pyrophosphate, Mineral Premix (Copper Gluconate, Potassium Iodide, Sodium Molybdate, Chromium Chloride, Sodium Selenite), Colour: Carmine (E120), Stabiliser: Carageenan, Zinc Sulphate, Acidity Regulator: Sodium Hydroxide, Manganese Sulphate

CHOCOLATE

Water, Maltodextrin, **Milk** Protein, Vegetable Oil (Rapeseed, Sunflower), Sucrose, Tri-Potassium Citrate, Natural Banana Flavour, Di-Sodium Hydrogen Phosphate, Emulsifier: Mono- and Diglycerides of Fatty Acids (E471), Potassium Chloride, Emulsifier: Sunflower Lecithin, Magnesium Chloride, Tri-Sodium Citrate, Magnesium Citrate, Vitamin Premix (Nicotinamide, Pantothenic Acid, Vitamin B₆, Thiamin, Riboflavin, Vitamin A, Folic Acid, Vitamin E, Vitamin K₁, Biotin, Vitamin D₃, Vitamin B₁₂), Sodium Ascorbate, Ferric Pyrophosphate, Mineral Premix (Copper Gluconate, Potassium Iodide, Sodium Molybdate, Chromium Chloride, Sodium Selenite), Stabiliser: Carageenan, Zinc Sulphate, Acidity Regulator: Sodium Hydroxide, Manganese Sulphate

BANANA

Water, Maltodextrin, **Milk** Protein, Vegetable Oil (Rapeseed, Sunflower), Sucrose, Chocolate Powder (1.6% (Contains **Milk**)), Cocoa Powder (1.3%), Emulsifier: Mono- and Diglycerides of Fatty Acids (E471), Di-Sodium Hydrogen Phosphate, Potassium Chloride, Emulsifier: Sunflower Lecithin, Tri-Sodium Citrate, Magnesium Citrate, Vitamin Premix (Nicotinamide, Pantothenic Acid, Vitamin B₆, Thiamin, Riboflavin, Vitamin A, Folic Acid, Vitamin E, Vitamin K₁, Biotin, Vitamin D₃, Vitamin B₁₂), Magnesium Chloride, Sodium Ascorbate, Mineral Premix (Copper Gluconate, Potassium Iodide, Sodium Molybdate, Chromium Chloride, Sodium Selenite), Tri-Potassium Citrate, Stabiliser: Carageenan, Ferric Pyrophosphate, Zinc Sulphate, Acidity Regulator: Sodium Hydroxide, Manganese Sulphate

OTHER INFORMATION

| | |
|------------|---------------------|
| Osmolality | (mOsm/kgH2O) |
| | 495-535 |
| Osmolality | (mOsm/litre) |
| | 390-420 |

Energy distribution

| | |
|--------------|-----|
| Protein | 16% |
| Carbohydrate | 48% |
| Fat | 36% |

INDICATIONS FOR USE

AYMES® Complete is a Food for Special Medical Purposes (FSMP) and is designed for the dietary management of patients with or at risk of disease related malnutrition.

AYMES® Complete is suitable as a supplement to the diet or as sole source of nutrition.*

ACBS approved, prescribable on Form FP10 (GP10 in Scotland) for the following indications: short-bowel syndrome, intractable malabsorption, pre-operative preparation of patients who are undernourished, proven inflammatory bowel disease, following total gastrectomy, dysphagia, bowel fistulas and disease-related malnutrition.

DIRECTIONS FOR USE

- Shake well before use.
- Best served chilled, but may also be served at room temperature or as warm drinks. Do not boil.
- Once opened, consume within 4 hours, or store in a refrigerator for up to 24 hours. Discard unused contents thereafter.

You should try to adhere to the quantity advised by your healthcare professional.

IMPORTANT NOTICE

Use under medical supervision

For external use only

Not suitable for infants or children under 3 years old

CONTRAINDICATIONS

Not suitable for patients with intolerance to cows' milk or soya
Not suitable for children below 3 years of age

Not suitable for patients with galactosaemia

Chocolate flavour is not suitable for patients requiring a strict fibre free diet

PRECAUTIONS

Use with caution in children under 11 years old, and do not use for children under 3 years of age

STORAGE

Store in a cool, dry place, below 25°C

Packaged in a protective atmosphere

SHELF LIFE

15 months

*Nutritionally complete for vitamins and minerals (excluding electrolytes) in 1200ml (6 bottles), calculated using the UK Reference Nutrient Intakes for men aged 19 – 50 years. Referral to a dietitian is recommended when there is any doubt about an individual patient's nutritional requirements.

All flavours of AYMES® Complete are suitable for a gluten free diet

NUTRITIONAL COMPOSITION

| | | VANILLA | | STRAWBERRY | | CHOCOLATE | | BANANA | |
|--------------------|--|-----------|------------------|------------|------------------|-----------|------------------|-----------|------------------|
| Typical values | | per 100ml | per 200ml bottle | per 100ml | per 200ml bottle | per 100ml | per 200ml bottle | per 100ml | per 200ml bottle |
| Energy | | | | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| Fat | | | | | | | | | |
| of which saturates | | | | | | | | | |
| polysaturates | | | | | | | | | |
| Carbohydrate | | | | | | | | | |
| of which sugars | | | | | | | | | |
| lactose | | | | | | | | | |
| sucrose | | | | | | | | | |
| maltose | | | | | | | | | |
| glucose | | | | | | | | | |
| polysaccharides | | | | | | | | | |
| Fibre | | | | | | | | | |
| Protein | | | | | | | | | |
| Nitrogen | | | | | | | | | |
| Salt | | | | | | | | | |

Vitamins

| | | | | | | | | | |
|------------------|----|------|------|------|------|------|------|------|------|
| Vitamin A (RE) | µg | 125 | 250 | 125 | 250 | 125 | 250 | 125 | 250 |
| Vitamin D | µg | 1.4 | 2.8 | 1.4 | 2.8 | 1.4 | 2.8 | 1.4 | 2.8 |
| Vitamin E (α-TE) | mg | 2.0 | 4.0 | 2.0 | 4.0 | 2.0 | 4.0 | 2.0 | 4.0 |
| Vitamin K | µg | 8.0 | 16.0 | 8.0 | 16.0 | 8.0 | 16.0 | 8.0 | 16.0 |
| Vitamin C | mg | 15.0 | 30.0 | 15.0 | 30.0 | 15.0 | 30.0 | 15.0 | 30.0 |
| Thiamin | mg | 0.25 | 0.50 | 0.25 | 0.50 | 0.25 | 0.50 | 0.25 | 0.50 |
| Riboflavin | mg | 0.25 | 0.50 | 0.25 | 0.50 | 0.25 | 0.50 | 0.25 | 0.50 |
| Vitamin B6 | mg | 0.25 | 0.50 | 0.25 | 0.50 | 0.25 | 0.50 | 0.25 | 0.50 |
| Niacin (NE) | mg | 3.5 | 7.0 | 3.5 | 7.0 | 3.5 | 7.0 | 3.5 | 7.0 |
| Folic acid | µg | 40.0 | 80.0 | 40.0 | 80.0 | 40.0 | 80.0 | 40.0 | 80.0 |
| Vitamin B12 | µg | 0.50 | 1.0 | 0.50 | 1.0 | 0.50 | 1.0 | 0.50 | 1.0 |
| Pantothenic acid | mg | 0.80 | 1.6 | 0.80 | 1.6 | 0.80 | 1.6 | 0.80 | 1.6 |
| Biotin | µg | 5.0 | 10.0 | 5.0 | 10.0 | 5.0 | 10.0 | 5.0 | 10.0 |

Minerals

| | | | | | | | | | |
|------------|--|--|--|--|--|--|--|--|--|
| Sodium | | | | | | | | | |
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| | | | | | | | | | |
| Chloride | | | | | | | | | |
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| | | | | | | | | | |
| Potassium | | | | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| Calcium | | | | | | | | | |
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| | | | | | | | | | |
| Phosphorus | | | | | | | | | |
| | | | | | | | | | |
| | | | | | | | | | |
| Magnesium | | | | | | | | | |
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| | | | | | | | | | |
| Iron | | | | | | | | | |
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| Zinc | | | | | | | | | |
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| Copper | | | | | | | | | |
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| Iodine | | | | | | | | | |
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| | | | | | | | | | |
| Selenium | | | | | | | | | |
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| Manganese | | | | | | | | | |
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| | | | | | | | | | |
| Chromium | | | | | | | | | |
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| Molybdenum | | | | | | | | | |
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*For other flavours see individual packaging