

AYMES[®] SHAKE SMOOTHIE

Data Sheet



ORDER CODES

Flavour	Pip-code
Mango Flavour	397 - 2817
Peach Flavour	397 - 2833
Pineapple Flavour	397 - 2825
Strawberry & Cranberry Flavour	397 - 2841
Starter Pack	408 - 4711

DESCRIPTION

AYMES[®] Shake Smoothie is a powder, based on soya protein isolate with added carbohydrate, fat, vitamins and minerals, which provides a nutritionally balanced meal in a drink, supplement / sip feed when reconstituted with water.

PRESENTATION

AYMES[®] Shake Smoothie is presented as wholesale cases of 6 cartons, each carton containing 7 x 66g sachets. **AYMES[®] Shake Smoothie** is also available as a Starter Pack containing 4 x 66g sachets mixed flavours (one of each flavour) plus a shaker.

Available in 4 flavours: Mango, Peach, Pineapple, and Strawberry & Cranberry.

AYMES[®] International Ltd
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For more information see www.aymes.com
or call 0845 6805 496



INGREDIENTS

MANGO

Dried Glucose Syrup, **Soya** Protein Isolate, Sugar, Palm Oil, Fructose, Maltodextrin, Mango Powder (4.0%), Natural Flavouring (2%), Stabiliser: Potassium Phosphate, Colour: Beta Carotene, Emulsifier (E472e), Calcium Chloride, Thickener: Cellulose Gum, Magnesium Sulphate, Vitamin & Mineral Premix (Potassium Phosphate, Sodium Ascorbate, Vitamin E, Ferrous Sulphate, Niacinamide, Zinc Sulphate, Vitamin A, Calcium D-Pantothenate, Vitamin D₃, d-Biotin, Pyridoxine Hydrochloride, Folic Acid, Manganese Sulphate, Thiamin Mononitrate, Potassium Iodide, Copper Sulphate, Vitamin K₁, Vitamin B₁₂, Sodium Selenite, Riboflavin, Chromium Chloride, Sodium Molybdate), Lemon Powder, Potassium Chloride

PEACH

Dried Glucose Syrup, **Soya** Protein Isolate, Sugar, Palm Oil, Maltodextrin, Fructose, Stabiliser: Potassium Phosphate, Natural Flavouring (1.3%), Emulsifier (E472e), Colours: (Beetroot Powder, Carotenes), Calcium Chloride, Thickener: Cellulose Gum, Concentrated Peach Juice (0.4%), Magnesium Sulphate, Vitamin & Mineral Premix (Potassium Phosphate, Sodium Ascorbate, Vitamin E, Ferrous Sulphate, Niacinamide, Zinc Sulphate, Vitamin A, Calcium D-Pantothenate, Vitamin D₃, d-Biotin, Pyridoxine Hydrochloride, Folic Acid, Manganese Sulphate, Thiamin Mononitrate, Potassium Iodide, Copper Sulphate, Vitamin K₁, Vitamin B₁₂, Sodium Selenite, Riboflavin, Chromium Chloride, Sodium Molybdate), Lemon Powder, Potassium Chloride

PINEAPPLE

Dried Glucose Syrup, **Soya** Protein Isolate, Sugar, Palm Oil, Maltodextrin, Fructose, Natural Flavouring (2%), Stabiliser: Potassium Phosphate, Emulsifier (E472e), Pineapple Juice Powder (1%), Calcium Chloride, Thickener: Cellulose Gum, Colour: Curcumin, Magnesium Sulphate, Vitamin & Mineral Premix (Potassium Phosphate, Sodium Ascorbate, Vitamin E, Ferrous Sulphate, Niacinamide, Zinc Sulphate, Vitamin A, Calcium D-Pantothenate, Vitamin D₃, d-Biotin, Pyridoxine Hydrochloride, Folic Acid, Manganese Sulphate, Thiamin Mononitrate, Potassium Iodide, Copper Sulphate, Vitamin K₁, Vitamin B₁₂, Sodium Selenite, Riboflavin, Chromium Chloride, Sodium Molybdate), Lemon Powder, Potassium Chloride

STRAWBERRY & CRANBERRY

Dried Glucose Syrup, **Soya** Protein Isolate, Sugar, Palm Oil, Maltodextrin, Fructose, Natural Strawberry Flavourings (2.5%), Stabiliser: Potassium Phosphate, Emulsifier (E472e), Natural flavouring (1%), Colour: Beetroot Powder, Calcium chloride, Thickener: Cellulose Gum, Concentrated Cranberry Juice (0.4%), Magnesium sulphate, Vitamin & Mineral Premix (Potassium Phosphate, Sodium Ascorbate, Vitamin E, Ferrous Sulphate, Niacinamide, Zinc Sulphate, Vitamin A, Calcium D-Pantothenate, Vitamin D₃, d-Biotin, Pyridoxine Hydrochloride, Folic Acid, Manganese Sulphate, Thiamin Mononitrate, Potassium Iodide, Copper Sulphate, Vitamin K₁, Vitamin B₁₂, Sodium Selenite, Riboflavin, Chromium Chloride, Sodium Molybdate), Lemon Powder, Potassium chloride.

All flavours of AYMES[®] Shake Smoothie
are gluten free and are suitable for vegetarians

OTHER INFORMATION*

	per 66g serving mixed with 150ml water	
Potential Renal Solute Load	mOsm/l	475
Osmolality	mOsm/kg	720
Osmolality	mOsm/litre	620

Non-Protein Calories : Nitrogen ratio (kcal/g) 148:1

Energy distribution	Protein	
	Protein	14%
	Carbohydrate	56%
	Fat	30%

* Based on Pineapple Flavour, the other flavours are similar,
for details please contact AYMES[®] International

INDICATIONS FOR USE

AYMES® Shake Smoothie is a Food for Special Medical Purposes (FSMP) and is designed for the dietary management of patients with or at risk of disease related malnutrition.

AYMES® Shake Smoothie should be used as a supplement to the diet. It is not suitable as a sole source of nutrition.

ACBS approved, prescribable on Form FP10 (GP10 in Scotland) for the following indications: short-bowel syndrome, intractable malabsorption, pre-operative preparation of patients who are undernourished, proven inflammatory bowel disease, following total gastrectomy, dysphagia, bowel fistulas and disease-related malnutrition.

DIRECTIONS FOR USE

Each sachet of **AYMES® Shake Smoothie** should be reconstituted with 150ml of water. It is best served cold, but can be made up hot, if preferred.

Mixing with a shaker:

DO NOT USE SHAKER WITH HOT LIQUIDS

1. Add 150ml water and then the sachet of **AYMES® Shake Smoothie** to a shaker
2. Shake well until fully mixed
Pour into a glass or mug and serve

Mixing using a whisk or fork:

1. Add 50ml water to a glass or mug and then 1 sachet of **AYMES® Shake Smoothie**
2. Mix into a smooth cream with a whisk or fork
3. Top up with the remaining 100ml liquid whilst mixing continuously
Serve when fully mixed

Once reconstituted, **AYMES® Shake Smoothie** may be stored for up to 24 hours in a refrigerator. Stir before serving.

SUGGESTED INTAKE

1-2 servings a day unless otherwise indicated by the clinician or dietitian.

IMPORTANT NOTICE

Use under medical supervision

Not suitable as a sole source of nutrition

For enteral use only

Not suitable for infants and young children under 3 years

CONTRAINDICATIONS

Not suitable for patients with soya intolerance.

AYMES® Shake Smoothie may contain traces of milk protein.

PRECAUTIONS

Use with caution in children under 6 years old.

STORAGE

Store in a cool, dry place, below 25°C

SHELF LIFE

24 months

Date of preparation: August 2017 - UK

NUTRITIONAL COMPOSITION

Flavour	MANGO		PEACH		PINEAPPLE		STRAWBERRY & CRANBERRY	
	per 100g	per 66g serving	per 100g	per 66g serving	per 100g	per 66g serving	per 100g	per 66g serving
Typical values								
Energy								
Fat								
of which: saturates								
monounsaturates								
polyunsaturates								
Carbohydrate								
total sugars								
lactose								
sucrose								
maltose								
fructose								
glucose								
polysaccharides								
Fibre								
Protein								
Nitrogen								
Salt Eq.								
Vitamins								
Vitamin A (RE)	µg	530	350	530	350	530	350	530
Vitamin D	µg	8.8	5.8	8.8	5.8	8.8	5.8	8.8
Vitamin E (α-TE)	mg	8.8	5.8	8.8	5.8	8.8	5.8	8.8
Vitamin K	µg	53.0	35.0	53.0	35.0	53.0	35.0	53.0
Vitamin C	mg	53.2	35.1	53.2	35.1	53.2	35.1	53.2
Thiamin	mg	1.2	0.80	1.2	0.80	1.2	0.80	1.2
Riboflavin	mg	0.82	0.54	0.82	0.54	0.82	0.54	0.82
Vitamin B ₆	mg	1.7	1.1	1.7	1.1	1.7	1.1	1.7
Niacin (NE)	mg	12.0	7.9	12.0	7.9	12.0	7.9	12.0
Folic acid	µg	217	143	217	143	217	143	217
Vitamin B ₁₂	µg	0.80	0.53	0.80	0.53	0.80	0.53	0.80
Pantothenic acid	mg	4.0	2.6	4.0	2.6	4.0	2.6	4.0
Biotin	µg	33.0	21.8	33.0	21.8	33.0	21.8	33.0
Minerals								
Sodium	mg	198	131	198	131	198	131	198
	mmol	8.6	5.7	8.6	5.7	8.6	5.7	8.6
Chloride	mg	364	240	364	240	364	240	364
	mmol	10.3	6.8	10.3	6.8	10.3	6.8	10.3
Potassium	mg	700	462	700	462	700	462	700
	mmol	17.9	11.8	17.9	11.8	17.9	11.8	17.9
Calcium	mg	175	116	175	116	175	116	175
	mmol	4.4	2.9	4.4	2.9	4.4	2.9	4.4
Phosphorus	mg	352	232	352	232	352	232	352
	mmol	11.4	7.5	11.4	7.5	11.4	7.5	11.4
Magnesium	mg	51.9	34.2	51.9	34.2	51.9	34.2	51.9
	mmol	2.2	1.4	2.2	1.4	2.2	1.4	2.2
Iron	mg	8.9	5.8	8.9	5.8	8.9	5.8	8.9
Zinc	mg	3.6	2.4	3.6	2.4	3.6	2.4	3.6
Copper	µg	830	550	830	550	830	550	830
Iodine	µg	60.0	39.6	60.0	39.6	60.0	39.6	60.0
Selenium	µg	14.0	9.2	14.0	9.2	14.0	9.2	14.0
Manganese	mg	0.76	0.50	0.76	0.50	0.76	0.50	0.76
Chromium	µg	7.0	4.6	7.0	4.6	7.0	4.6	7.0
Molybdenum	µg	16.0	10.6	16.0	10.6	16.0	10.6	16.0