

# ActaGain2.4

## COMPLETE MAXI

### Data Sheet



#### ORDER CODES

Flavour	Pip-code
Vanilla	407 - 5081
Strawberry	407 - 5073

*Date of preparation: November 2018 UK*

#### DESCRIPTION

AYMES® ActaGain 2.4 Complete is a nutritionally complete, high energy (2.4 kcal/ml), ready to drink milkshake style supplement, with added carbohydrate, fat, vitamins and minerals for the dietary management of disease related malnutrition.

#### PRESENTATION

AYMES® ActaGain 2.4 Complete is presented as wholesale cases of 6 clusters, each cluster containing 4 x 200 ml bottles. It is available in Vanilla and Strawberry flavours.

AYMES® International Ltd  
PO Box 853, Haywards Heath, RH16 9PL, UK  
For more information see [www.aymes.com](http://www.aymes.com)  
or call 0845 6805 496



#### INGREDIENTS

##### VANILLA

Water, Glucose Syrup, **Milk** Protein, Vegetable Oils (Rapeseed, Sunflower), Maltodextrin, Sucrose, Natural Vanilla Flavour, Magnesium Citrate, Potassium Chloride, Di-sodium Hydrogen Phosphate, Di-potassium Hydrogen Phosphate, Tri-sodium Citrate, Emulsifier: Mono-and Diglycerides of Fatty Acids (E471), Emulsifier: Sunflower Lecithin (E322), Tri-potassium Citrate, Vitamin Premix (Nicotinamide, Calcium D-pantothenate, Pyridoxine Hydrochloride, Thiamin Mononitrate, Riboflavin, Vitamin A, Vitamin E, Folic Acid, D-biotin, Vitamin K<sub>1</sub>, Vitamin D<sub>3</sub>, Vitamin B<sub>12</sub>), Calcium Phosphate (Contains Lactose from **Milk**), Sodium Ascorbate, Acidity Regulator: Potassium Hydroxide, Colour: Natural Carotene, Mineral Premix (Manganese Sulphate Monohydrate, Copper Gluconate, Potassium Iodide, Sodium Molybdate, Chromium Chloride, Sodium Selenite), Choline Chloride, Natural Flavour, Ferrous Sulphate, Zinc Sulphate.

##### STRAWBERRY

Water, Glucose Syrup, **Milk** Protein, Vegetable Oil (Rapeseed, Sunflower), Maltodextrin, Sucrose, Natural Strawberry Flavour, Magnesium Citrate, Potassium Chloride, Di-sodium Hydrogen Phosphate, Di-potassium Hydrogen Phosphate, Tri-sodium Citrate, Emulsifier: Mono-and Diglycerides of Fatty Acids (E471), Emulsifier: Sunflower Lecithin (E322), Tri-potassium Citrate, Vitamin Premix (Nicotinamide, Calcium D-pantothenate, Pyridoxine Hydrochloride, Thiamin Mononitrate, Riboflavin, Vitamin A, Vitamin E, Folic Acid, D-biotin, Vitamin K<sub>1</sub>, Vitamin D<sub>3</sub>, Vitamin B<sub>12</sub>), Calcium Phosphate (Contains Lactose from **Milk**), Sodium Ascorbate, Acidity Regulator: Potassium Hydroxide, Mineral Premix (Manganese Sulphate Monohydrate, Copper Gluconate, Potassium Iodide, Sodium Molybdate, Chromium Chloride, Sodium Selenite), Choline Chloride, Colour: Carmine, Ferrous Sulphate, Zinc Sulphate.

**AYMES® ActaGain 2.4 Complete is made from  
a gluten-free recipe  
Vanilla flavour is suitable for vegetarians**

#### OTHER INFORMATION

<b>Potential Renal Solute Load</b>	mOsm/l	734
Osmolality	Osm/kg	1150
Osmolarity	Osm/l	730
<b>Non-Protein Calories: Nitrogen ratio</b>	kcal/g	131:1
<b>Energy distribution</b>		
Protein	%	16
Carbohydrate	%	48
Fat	%	36

## INDICATIONS FOR USE

**AYMES® ActaGain 2.4 Complete** is a Food for Special Medical Purposes (FSMP) and is designed for the dietary management of patients with or at risk of disease related malnutrition.

**AYMES® ActaGain 2.4 Complete** should be used as a supplement to the diet, but is also suitable as a sole source of nutrition.

**AYMES® ActaGain 2.4 Complete** is ACBS approved, prescribable on Form FP10 (GP10 in Scotland) for the following indications: short-bowel syndrome, intractable malabsorption, pre-operative preparation of patients who are undernourished, proven inflammatory bowel disease, following total gastrectomy, dysphagia, bowel fistulas and disease-related malnutrition.

## DIRECTIONS FOR USE

- Shake well before use
- Best served chilled, but may also be served at room temperature or as warm drinks
- Do not boil
- Once opened, consume within 4 hours, or store in a refrigerator for up to 24 hours

## SUGGESTED INTAKE

1-2 servings a day unless otherwise indicated by the clinician or dietitian.

### IMPORTANT NOTICE

Use under medical supervision

Suitable as a sole source of nutrition

For enteral use only

Not suitable for infants or children under 6 years

## CONTRAINDICATIONS

Not suitable for patients with cows' milk intolerance or for those with galactosaemia

## PRECAUTIONS

Use with caution in children under 10 years old

## STORAGE

Store in a cool, dry place, below 25°C

## SHELF LIFE

12 months

## NUTRITIONAL COMPOSITION

Flavour	VANILLA		STRAWBERRY		
Typical values	per 100ml	per 200ml	per 100ml	per 200ml	
Energy	kJ	1008	2016	1008	2016
	kcal	240	480	240	480
Fat	g	9.6	19.2	9.6	19.2
of which: saturates	g	0.88	1.7	0.88	1.7
Carbohydrate	g	28.8	57.6	28.8	57.6
total sugars	g	8.0	16.0	8.0	16.0
lactose	g	0.1	0.2	0.1	0.2
Fibre	g	0	0	0	0
Protein	g	9.6	19.2	9.6	19.2
Salt	g	0.23	0.45	0.23	0.45
<b>Vitamins</b>					
Vitamin A (RE)	µg	200	400	200	400
Vitamin D	µg	2.2	4.4	2.2	4.4
Vitamin E (α-TE)	mg	3.2	6.4	3.2	6.4
Vitamin K	µg	13.0	26.0	13.0	26.0
Vitamin C	mg	24.0	48.0	24.0	48.0
Thiamin	mg	0.40	0.80	0.40	0.80
Riboflavin	mg	0.40	0.80	0.40	0.80
Vitamin B6	mg	0.40	0.80	0.40	0.80
Niacin (NE)	mg	5.5	11.0	5.5	11.0
Folic acid	µg	60.0	120	60.0	120
Vitamin B12	µg	0.80	1.6	0.80	1.6
Pantothenic acid	mg	1.3	2.6	1.3	2.6
Biotin	µg	8.0	16.0	8.0	16.0
<b>Minerals</b>					
Sodium	mg	90.0	180	90.0	180
	mmol	3.9	7.8	3.9	7.8
Chloride	mg	140	280	140	280
	mmol	3.9	7.8	3.9	7.8
Potassium	mg	240	480	240	480
	mmol	6.1	12.2	6.1	12.2
Calcium	mg	165	330	165	330
	mmol	4.1	8.2	4.1	8.2
Phosphorus	mg	144	288	144	288
	mmol	4.6	9.2	4.6	9.2
Magnesium	mg	30.0	60.0	30.0	60.0
	mmol	1.25	2.5	1.25	2.5
Iron	mg	3.4	6.8	3.4	6.8
Zinc	mg	2.9	5.8	2.9	5.8
Copper	µg	432	864	432	864
Iodine	µg	32.0	64.0	32.0	64.0
Selenium	µg	13.6	27.2	13.6	27.2
Manganese	mg	0.80	1.6	0.80	1.6
Chromium	µg	16.0	32.0	16.0	32.0
Molybdenum	µg	24.0	48.0	24.0	48.0
Choline	mg	25.0	50.0	25.0	50.0