

AYMES® Acusist Clear

Data Sheet



ORDER CODES

Product	Pip-code
Acusist Clear	408 - 4729

DESCRIPTION

AYMES® Acusist Clear is a white powder containing xanthan gum for use as an instant fluid and food thickener. It is designed to be added directly to hot and cold drinks and food.

PRESENTATION

AYMES® Acusist Clear is presented as wholesale cases of 6 cans of 126g, containing a scoop.

One Scoop is equal to approximately 1.8g.

AYMES® International Ltd
PO Box 853, Haywards Heath, RH16 9PL, UK
For more information see www.aymes.com
or call 0845 6805 496



INGREDIENTS

Maltodextrin, Xanthan Gum.

NUTRITIONAL INFORMATION

AYMES® Acusist Clear		Per 100g	Per scoop (1.8g)
Energy	kJ	1310	23.6
		kcal	308
Fat	g	-	-
		saturates	-
Carbohydrate	g	62.4	1.1
		total sugars	4.4
Fibre	g	28.0	0.50
Protein	g	0.75	0.01
Salt	g	0.85	0.02
Sodium	mg	341	6.1
	mmol	14.8	0.27

OTHER INFORMATION

AYMES® Acusist Clear is made from a gluten free recipe and is suitable for vegetarians.

INDICATIONS FOR USE

AYMES® Acusist Clear is a Food for Special Medical Purposes (FSMP) and is designed for the dietary management of patients who have difficulty swallowing (dysphagia). **AYMES® Acusist Clear** has amylase resistant features to help ensure a safer swallow by maintaining consistency in the mouth.

Prescribable on Form FP10 (GP10 in Scotland) for the following indications: dysphagia arising from conditions such as stroke, Parkinson's disease, muscular dystrophy, motor neurone disease, multiple sclerosis, malignancies of the oral cavity and throat, neurological disorders caused by injury or disease.

DIRECTIONS FOR USE

AYMES® Acusist Clear should be used to achieve the desired consistency of fluids and foods as directed by a Clinician / Swallowing Therapist.

1. Use only the scoop provided – 4 ml scoop. Each scoop of **AYMES® Acusist Clear** weighs approximately 1.8 g.
2. Add the correct number of scoops of **AYMES® Acusist Clear** powder to the liquid as indicated in the chart below and stir well for 30 seconds.
3. Leave to stand for 2 minutes to allow the drink to reach the correct consistency.
4. Consume immediately.

Discard any unfinished thickened drinks after 4 hours.

Volume	Desired Consistency	LEVEL 1 Slightly Thick	LEVEL 2 Mildly Thick	LEVEL 3 Moderately Thick	LEVEL 4 Extremely Thick
200 ml	Drinks ¹ e.g. water, tea, coffee, juice, milk	1 scoop	2 scoops	3 scoops	4 scoops

Time: Stir for 30 seconds - Leave to stand for 2 mins

1 - The quantity of AYMES® Acusist Clear powder required may vary slightly depending on the temperature or thickness of the liquid.

AYMES® Acusist Clear powder should not be added to boiling liquids as clumping of the product may occur. Allow hot liquids to cool slightly before adding **AYMES® Acusist Clear** powder. Stir carbonated drinks well until the drink has gone flat.

AYMES® Acusist Clear can also be added to sweet and savoury foods.

SUGGESTED INTAKE

As directed by the clinician or swallowing therapist.

IMPORTANT NOTICE

Use under medical supervision

Not suitable as a sole source of nutrition

For enteral use only

Not suitable for infants

Due to the thickening nature of AYMES® Acusist Clear on contact with liquid / secretions, the powder presents a potential risk of aspiration / asphyxiation if inhaled / ingested directly

PRECAUTIONS

Use with caution in children under 3 years old.

STORAGE

Store in a cool, dry place, below 25°C, out of reach of children and vulnerable adults.

Once opened use within one month.

SHELF LIFE

15 months