



ALLERGENS

Used as an ingredient

KEY Present as an ingredient Not used as an ingredient

Date of preparation: November 2021 - UK

Powder

| | Gluten | Milk | Lactose ¹ | Soya | Egg | Crustaceans /Fish | Peanut ² | Tree-nuts ² | Celery | Mustard | Sesame | Sulphur dioxide & Sulphites | Lupin | Molluscs | May contain |
|--|--------|------|----------------------|------|-----|-------------------|---------------------|------------------------|--------|---------|--------|-----------------------------|-------|----------|---------------------------------------|
| AYMES ActaJuni Shake | X | ✓ | X | X | X | X | X | X | X | X | X | X | X | X | Egg, Celery, Mustard, Soya, Sulphites |
| AYMES ActaSolve Delight | X | ✓ | ✓ | ✓ | X | X | X | X | X | X | X | X | X | X | Egg, Celery, Mustard, Sulphites |
| AYMES ActaSolve High Energy <i>Previously AYMES Shake Extra</i> | X | ✓ | ✓ | ✓ | X | X | X | X | X | X | X | X | X | X | Egg, Celery, Mustard, Sulphites |
| AYMES ActaSolve Protein Compact | X | ✓ | ✓ | ✓ | X | X | X | X | X | X | X | X | X | X | Egg, Celery, Mustard, Sulphites |
| AYMES ActaSolve Savoury | X | ✓ | ✓ | X | X | X | X | X | ✓ | X | X | X | X | X | Egg, Soya, Mustard, Sulphites |
| AYMES ActaSolve Smoothie | X | X | X | ✓ | X | X | X | X | X | X | X | X | X | X | Egg, Milk, Celery, Mustard, Sulphites |
| AYMES Retail | X | ✓ | ✓ | X | X | X | X | X | X | X | X | X | X | X | Egg, Celery, Mustard, Soya, Sulphites |
| AYMES Shake | X | ✓ | ✓ | ✓ | X | X | X | X | X | X | X | X | X | X | Egg, Celery, Mustard, Sulphites |
| AYMES Shake Compact | X | ✓ | ✓ | ✓ | X | X | X | X | X | X | X | X | X | X | Egg, Celery, Mustard, Sulphites |
| AYMES Shake Fibre | X | ✓ | ✓ | ✓ | X | X | X | X | X | X | X | X | X | X | Egg, Celery, Mustard, Sulphites |
| NUTRIplete Shake | X | ✓ | ✓ | ✓ | X | X | X | X | X | X | X | X | X | X | Egg, Celery, Mustard, Sulphites |

Ready-to-drink

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|----------------------------------|---|---|---|---|---|---|---|---|---|---|---|---|---|---|--|
| AYMES 2.0kcal | X | ✓ | X | X | X | X | X | X | X | X | X | X | X | X | Every effort is made to reduce the risk of cross contamination of allergens in the manufacturing process. However, despite the adoption of best manufacturing practices AYMES cannot guarantee the absence of the unintended traces of the allergens listed under this "May contain" statement for each product. |
| AYMES ActaGain 2.4 Complete Maxi | X | ✓ | X | X | X | X | X | X | X | X | X | X | X | | |
| AYMES ActaGain 600 | X | ✓ | X | X | X | X | X | X | X | X | X | X | X | | |
| AYMES ActaGain Juice | X | ✓ | X | X | X | X | X | X | X | X | X | X | X | | |
| AYMES Complete | X | ✓ | X | X | X | X | X | X | X | X | X | X | X | | |

Ready-to-eat

| | | | | | | | | | | | | | | | |
|---------------------|---|---|---|---|---|---|---|---|---|---|---|---|---|---|--|
| AYMES ActaCal Creme | X | ✓ | X | X | X | X | X | X | X | X | X | X | X | X | |
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1. **Lactose** Powdered products that contain milk powder as an ingredient will contain a small amount of lactose that is inherent to the milk-based ingredient. Powdered products that are then made up with milk will contain further lactose from the added milk. Our Ready-to-Drink products (AYMES Complete, AYMES 2.0kcal and AYMES ActaGain 2.4 Complete Maxi) all contain ≤0.2g lactose per serving. AYMES ActaGain Juice contains 0.1g lactose per serving. AYMES ActaGain 600 and AYMES ActaCal Creme contain ≤0.25g lactose per serving. When made up with water AYMES ActaJuni Shake contains 0.4g lactose per serving.

2. **Peanuts and treenuts** Nuts (peanuts and treenuts) are not used as an ingredient in any of our products. Our powdered products are made in a factory that does NOT handle nuts as an ingredient. However, we are unable to claim our products are specifically nut free.