

ActaGain[®] 600



ORDER CODES

Flavour	Pip-code
Vanilla	417 - 7127
Strawberry	417 - 7119
Banana	417 - 7135
Starter Pack	417 - 7143

DESCRIPTION

AYMES ActaGain 600 is a Food for Special Medical Purposes. AYMES ActaGain 600 is a nutritionally complete* high energy (2.4 kcal/ml), vitamin and mineral fortified milkshake style supplement for the dietary management of patients with or at risk of disease-related malnutrition.

PRESENTATION

AYMES ActaGain 600 is presented in individual 250ml bottles. AYMES ActaGain 600 is available in 3 flavours: Vanilla, Strawberry and Banana. It is also available in a Starter Pack containing 3 x 250ml bottles (one of each flavour).

INDICATIONS FOR USE

Prescribable on form FP10 (GP10 in Scotland) for the following indications: short-bowel syndrome, intractable malabsorption, pre-operative preparation of undernourished patients, inflammatory bowel disease, total gastrectomy, bowel fistulae and disease-related malnutrition.

HSE / GMS approved, prescribable for the following indications: for the dietary management of short-bowel syndrome, intractable malabsorption, pre-operative preparation of undernourished patients, inflammatory bowel disease, total gastrectomy, bowel fistulae and disease-related malnutrition

DIRECTIONS FOR USE

- Shake well before use.
- Best served chilled, but may also be served at room temperature.
- Once opened, consume immediately or refrigerate and use within 24 hours.

SUGGESTED INTAKE

1 serving a day unless otherwise indicated by the clinician or dietitian.

IMPORTANT NOTICE

Use under medical supervision.

For enteral use only.

AYMES ActaGain 600 is designed as a supplement to a normal diet and is also suitable as a sole source of nutrition.

Not suitable for children under 6 years of age.

CONTRAINDICATIONS

Not suitable for patients with cows' milk intolerance or for those with galactosaemia.

PRECAUTIONS

Use with caution in children under 10 years of age.

STORAGE

Store in a cool, dry place. Packaged in a protective atmosphere.

SHELF LIFE

15 months - Vanilla & Strawberry
12 months - Banana

INGREDIENTS

VANILLA

Water, Glucose Syrup, Milk Protein, Vegetable Oils (Rapeseed, Sunflower), Maltodextrin, Sucrose, Minerals (Tri-Magnesium Citrate, Potassium Chloride, Dipotassium Hydrogen Phosphate, Di-Sodium Hydrogen Phosphate, Tri-Sodium Citrate, Tri-Potassium Citrate, Minerals from Milk, Mineral Premix (Chromium Chloride, Sodium Molybdate, Potassium Iodide, Copper Gluconate, Sodium Selenite, Manganese Sulphate), Ferrous Sulphate, Zinc Sulphate), Natural Vanilla Flavour, Emulsifiers (Mono and Diglycerides of Fatty Acids, Sunflower Lecithin), Vitamins (Vitamin Premix (Vitamin B3, Vitamin A, Vitamin B5, Vitamin D, Vitamin B12, Vitamin B8, Vitamin B9, Vitamin B6, Vitamin B1, Vitamin B2, Vitamin E, Vitamin K), Sodium Ascorbate), Acidity Regulator: Potassium Hydroxide, Colour: Natural Carotene, Choline Chloride.

STRAWBERRY

Water, Glucose Syrup, Milk Protein, Vegetable Oils (Rapeseed, Sunflower), Maltodextrin, Sucrose, Minerals (Tri-Magnesium Citrate, Potassium Chloride, Dipotassium Hydrogen Phosphate, Di-Sodium Hydrogen Phosphate, Tri-Sodium Citrate, Tri-Potassium Citrate, Minerals from Milk, Mineral Premix (Chromium Chloride, Sodium Molybdate, Potassium Iodide, Copper Gluconate, Sodium Selenite, Manganese Sulphate), Ferrous Sulphate, Zinc Sulphate), Natural Strawberry Flavour, Emulsifiers (Mono and Diglycerides of Fatty Acids, Sunflower Lecithin), Vitamins (Vitamin Premix (Vitamin B3, Vitamin A, Vitamin B5, Vitamin D, Vitamin B12, Vitamin B8, Vitamin B9, Vitamin B6, Vitamin B1, Vitamin B2, Vitamin E, Vitamin K), Sodium Ascorbate), Acidity Regulator: Potassium Hydroxide, Colour: Carmine.

BANANA

Water, Glucose Syrup, Milk Protein, Vegetable Oils (Rapeseed, Sunflower), Maltodextrin, Sucrose, Minerals (Tri-Magnesium Citrate, Potassium Chloride, Dipotassium Hydrogen Phosphate, Di-Sodium Hydrogen Phosphate, Tri-Sodium Citrate, Tri-Potassium Citrate, Minerals from Milk, Mineral Premix (Chromium Chloride, Sodium Molybdate, Potassium Iodide, Copper Gluconate, Sodium Selenite, Manganese Sulphate), Ferrous Sulphate, Zinc Sulphate), Natural Banana Flavour, Emulsifiers (Mono and Diglycerides of Fatty Acids, Sunflower Lecithin), Vitamins (Vitamin Premix (Vitamin B3, Vitamin A, Vitamin B5, Vitamin D, Vitamin B12, Vitamin B8, Vitamin B9, Vitamin B6, Vitamin B1, Vitamin B2, Vitamin E, Vitamin K), Sodium Ascorbate), Acidity Regulator: Potassium Hydroxide, Colour: Natural Carotene, Choline Chloride.

All flavours of AYMES ActaGain 600 are made from a gluten free recipe and vanilla and banana flavours are suitable for vegetarians.

OTHER INFORMATION*

Potential Renal Solute Load	mOsm/l	734
Osmolality	mOsm/kg	1192
Osmolarity	mOsm/l	760
Energy Distribution	Protein	% 16
	Carbohydrate	% 48
	Fat	% 36

*Based on Vanilla flavour. Other flavours are similar, for details please contact AYMES[®] International

NUTRITIONAL COMPOSITION

AYMES ActaGain 600 per 125ml and 250ml per serving

Flavour	VANILLA			STRAWBERRY			BANANA			
	per 100ml	per 125ml serving	per 250ml serving	per 100ml	per 125ml serving	per 250ml serving	per 100ml	per 125ml serving	per 250ml serving	
Typical values										
Energy	kJ	1008	1260	2520	1008	1260	2520	1008	1260	2520
	kcal	240	300	600	240	300	600	240	300	600
Fat	g	9.6	12.0	24.0	9.6	12.0	24.0	9.6	12.0	24.0
of which: saturates	g	0.92	1.2	2.3	0.92	1.2	2.3	0.92	1.2	2.3
Carbohydrate	g	28.8	36.0	72.0	28.8	36.0	72.0	28.8	36.0	72.0
of which: sugars	g	8.0	10.0	20.0	8.0	10.0	20.0	8.0	10.0	20.0
Fibre	g	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Protein	g	9.6	12.0	24.0	9.6	12.0	24.0	9.6	12.0	24.0
Salt	g	0.23	0.29	0.58	0.23	0.29	0.58	0.23	0.29	0.58
Vitamins										
Vitamin A (RE)	µg	200	250	500	200	250	500	200	250	500
Vitamin D	µg	2.2	2.8	5.5	2.2	2.8	5.5	2.2	2.8	5.5
Vitamin E (α-TE)	mg	3.2	4.0	8.0	3.2	4.0	8.0	3.2	4.0	8.0
Vitamin K	µg	13.0	16.3	32.5	13.0	16.3	32.5	13.0	16.3	32.5
Vitamin C	mg	24.0	30.0	60.0	24.0	30.0	60.0	24.0	30.0	60.0
Thiamin	mg	0.40	0.50	1.0	0.40	0.50	1.0	0.40	0.50	1.0
Riboflavin	mg	0.40	0.50	1.0	0.40	0.50	1.0	0.40	0.50	1.0
Vitamin B6	mg	0.40	0.50	1.0	0.40	0.50	1.0	0.40	0.50	1.0
Niacin (NE)	mg	5.5	6.9	13.8	5.5	6.9	13.8	5.5	6.9	13.8
Folic Acid	µg	60.0	75.0	150	60.0	75.0	150	60.0	75.0	150
Vitamin B12	µg	0.80	1.0	2.0	0.80	1.0	2.0	0.80	1.0	2.0
Pantothenic acid	mg	1.3	1.6	3.3	1.3	1.6	3.3	1.3	1.6	3.3
Biotin	µg	8.0	10.0	20.0	8.0	10.0	20.0	8.0	10.0	20.0
Minerals										
Sodium	mg	90.0	113	225	90.0	113	225	90.0	113	225
	mmol	3.9	4.9	9.8	3.9	4.9	9.8	3.9	4.9	9.8
Potassium	mg	245	306	613	245	306	613	245	306	613
	mmol	6.3	7.8	15.7	6.3	7.8	15.7	6.3	7.8	15.7
Chloride	mg	140	175	350	140	175	350	140	175	350
	mmol	3.9	4.9	9.9	3.9	4.9	9.9	3.9	4.9	9.9
Calcium	mg	165	206	413	165	206	413	165	206	413
	mmol	4.1	5.1	10.3	4.1	5.1	10.3	4.1	5.1	10.3
Phosphorus	mg	144	180	360	144	180	360	144	180	360
	mmol	4.6	5.8	11.6	4.6	5.8	11.6	4.6	5.8	11.6
Magnesium	mg	30.0	37.5	75.0	30.0	37.5	75.0	30.0	37.5	75.0
	mmol	1.2	1.5	3.1	1.2	1.5	3.1	1.2	1.5	3.1
Iron	mg	3.4	4.3	8.5	3.4	4.3	8.5	3.4	4.3	8.5
Zinc	mg	2.9	3.6	7.3	2.9	3.6	7.3	2.9	3.6	7.3
Copper	µg	432	540	1080	432	540	1080	432	540	1080
Iodine	µg	32.0	40.0	80.0	32.0	40.0	80.0	32.0	40.0	80.0
Selenium	µg	13.6	17.0	34.0	13.6	17.0	34.0	13.6	17.0	34.0
Manganese	mg	0.80	1.0	2.0	0.80	1.0	2.0	0.80	1.0	2.0
Chromium	µg	16.0	20.0	40.0	16.0	20.0	40.0	16.0	20.0	40.0
Molybdenum	µg	24.0	30.0	60.0	24.0	30.0	60.0	24.0	30.0	60.0
Choline	µg	25.0	31.3	62.5	25.0	31.3	62.5	25.0	31.3	62.5

*AYMES ActaGain 600 is nutritionally complete for vitamins and minerals (excluding electrolytes, Na, K, Cl and Mg) in 600mls, calculated using the UK Reference Nutrient Intakes for adults aged 19 and over.