

ActaGain2.4

COMPLETE MAXI



ORDER CODES

Flavour	Pip-code
Vanilla	417 - 3068
Strawberry	417 - 3076
Banana	417 - 3084
Starter Pack	416 - 5130

DESCRIPTION

AYMES ActaGain 2.4 Complete Maxi is a nutritionally complete,* high energy (2.4 kcal/ml), ready-to-drink milkshake-style supplement, with added carbohydrate, fat, vitamins and minerals for the dietary management of disease-related malnutrition.

PRESENTATION

AYMES ActaGain 2.4 Complete Maxi is presented in 200ml bottles. It is available in Vanilla, Strawberry and Banana flavours.

INDICATIONS FOR USE

AYMES ActaGain 2.4 Complete Maxi is a Food for Special Medical Purposes (FSMP) and is designed for the dietary management of patients with or at risk of disease-related malnutrition.

AYMES ActaGain 2.4 Complete Maxi should be used as a supplement to the diet, but is also suitable as a sole source of nutrition.

AYMES ActaGain 2.4 Complete Maxi is ACBS approved, prescribable on Form FP10 (GP10 in Scotland) for the following indications: short-bowel syndrome, intractable malabsorption, pre-operative preparation of patients who are undernourished, proven inflammatory bowel disease, following total gastrectomy, bowel fistulae and disease-related malnutrition.

DIRECTIONS FOR USE

- Shake well before use.
- Best served chilled, but may also be served at room temperature or as a warm drink.
- Do not boil.
- Once opened, consume within 4 hours, or store in a refrigerator for up to 24 hours.

SUGGESTED INTAKE

1-2 servings a day unless otherwise indicated by the clinician or dietitian.

IMPORTANT NOTICE

Use under medical supervision.
Suitable as a sole source of nutrition.
For enteral use only.
Not suitable for infants or children under 6 years.

CONTRAINDICATIONS

Not suitable for patients with cows' milk intolerance or for those with galactosaemia.

PRECAUTIONS

Use with caution in children under 10 years of age.

STORAGE

Store in a cool, dry place, below 25 ° C

SHELF LIFE

12 months

INGREDIENTS

VANILLA

Water, Glucose Syrup, **Milk** Protein, Vegetable Oils (Rapeseed, Sunflower), Maltodextrin, Sucrose, Natural Vanilla Flavour, Magnesium Citrate, Potassium Chloride, Di-Sodium Hydrogen Phosphate, Di-Potassium Hydrogen Phosphate, Tri-sodium Citrate, Emulsifier: Mono-and Diglycerides of Fatty Acids (E471), Emulsifier: Sunflower Lecithin (E322), Tri-potassium Citrate, Vitamin Premix (Nicotinamide, Calcium D-pantothenate, Pyridoxine Hydrochloride, Thiamin Mononitrate, Riboflavin, Vitamin A, Vitamin E, Folic Acid, D-biotin, Vitamin K1, Vitamin D3, Vitamin B12), Calcium Phosphate (Contains Lactose from **Milk**), Sodium Ascorbate, Acidity Regulator: Potassium Hydroxide, Colour: Natural Carotene, Mineral Premix (Manganese Sulphate Monohydrate, Copper Gluconate, Potassium Iodide, Sodium Molybdate, Chromium Chloride, Sodium Selenite), Choline Chloride, Natural Flavour, Ferrous Sulphate, Zinc Sulphate.

STRAWBERRY

Water, Glucose Syrup, **Milk** Protein, Vegetable Oil (Rapeseed, Sunflower), Maltodextrin, Sucrose, Natural Strawberry Flavour, Magnesium Citrate, Potassium Chloride, Di-Sodium Hydrogen Phosphate, Di-Potassium Hydrogen Phosphate, Tri-sodium Citrate, Emulsifier: Mono-and Diglycerides of Fatty Acids (E471), Emulsifier: Sunflower Lecithin (E322), Tri-potassium Citrate, Vitamin Premix (Nicotinamide, Calcium D-pantothenate, Pyridoxine Hydrochloride, Thiamin Mononitrate, Riboflavin, Vitamin A, Vitamin E, Folic Acid, D-biotin, Vitamin K1, Vitamin D3, Vitamin B12), Calcium Phosphate (Contains Lactose from **Milk**), Sodium Ascorbate, Acidity Regulator: Potassium Hydroxide, Mineral Premix (Manganese Sulphate Monohydrate, Copper Gluconate, Potassium Iodide, Sodium Molybdate, Chromium Chloride, Sodium Selenite), Choline Chloride, Colour: Carmine, Ferrous Sulphate, Zinc Sulphate.

BANANA

Water, Glucose Syrup, **Milk** Protein, Vegetable Oils (Rapeseed, Sunflower), Maltodextrin, Sucrose, Natural Banana Flavour, Emulsifier (Mono-and Diglycerides of Fatty Acids, Sunflower Lecithin), Minerals (Potassium Chloride, Magnesium Citrate, Sodium Citrate, Sodium Phosphate, Potassium Phosphate, Minerals Concentrate (**Milk**), Potassium Citrate, Ferrous Sulphate, Zinc Sulphate, Manganese Sulphate, Copper Gluconate, Potassium Iodide, Sodium Molybdate, Chromium Chloride, Sodium Selenite), Choline Chloride, Vitamin Premix (Vitamin C, Niacin, Vitamin A, Biotin, Vitamin D, Vitamin B12, Vitamin B6, Vitamin K, Thiamin, Riboflavin, Folic Acid, Vitamin E, Pantothenic Acid), Acidity Regulator: Potassium Hydroxide, Colour: Natural Carotene.

All flavours of AYMES ActaGain 2.4 Complete Maxi are suitable for a Gluten Free diet

OTHER INFORMATION

Potential Renal Solute Load	mOsm/l	734	
Osmolality	Osm/kg	1150	
Osmolality	mOsm/l	730	
Non-Protein Calories: Nitrogen ratio	kcal/g	131:1	
Energy Distribution	Protein	%	16
	Carbohydrate	%	48
	Fat	%	36

NUTRITIONAL COMPOSITION

Flavour	VANILLA		STRAWBERRY		BANANA		
	per 100ml	per 200ml	per 100ml	per 200ml	per 100ml	per 200ml	
Typical values							
Energy	kJ	1008	2016	1008	2016	1008	2016
	kcal	240	480	240	480	240	480
Fat	g	9.6	19.2	9.6	19.2	9.6	19.2
of which: saturates	g	0.88	1.7	0.88	1.7	0.92	1.8
Carbohydrate	g	28.8	57.6	28.8	57.6	28.8	57.6
total sugars	g	8.0	16.0	8.0	16.0	8.0	16.0
lactose	g	0.1	0.2	0.1	0.2	0.1	0.2
Fibre	g	0	0	0	0	0	0
Protein	g	9.6	19.2	9.6	19.2	9.6	19.2
Salt	g	0.23	0.45	0.23	0.45	0.23	0.45
Vitamins							
Vitamin A (RE)	µg	200	400	200	400	200	400
Vitamin D	µg	2.2	4.4	2.2	4.4	2.2	4.4
Vitamin E (α-TE)	mg	3.2	6.4	3.2	6.4	3.2	6.4
Vitamin K	µg	13.0	26.0	13.0	26.0	13.0	26.0
Vitamin C	mg	24.0	48.0	24.0	48.0	24.0	48.0
Thiamin	mg	0.40	0.80	0.40	0.80	0.40	0.80
Riboflavin	mg	0.40	0.80	0.40	0.80	0.40	0.80
Vitamin B6	mg	0.40	0.80	0.40	0.80	0.40	0.80
Niacin (NE)	mg	5.5	11.0	5.5	11.0	5.5	11.0
Vitamin B12	µg	0.80	1.6	0.80	1.6	0.80	1.6
Folic acid	µg	60.0	120	60.0	120	60.0	120
Pantothenic acid	mg	1.3	2.6	1.3	2.6	1.3	2.6
Biotin	µg	8.0	16.0	8.0	16.0	8.0	16.0
Minerals							
Sodium	mg	90.0	180	90.0	180	90.0	180
	mmol	3.9	7.8	3.9	7.8	3.9	7.8
Chloride	mg	140	280	140	280	140	280
	mmol	3.9	7.8	3.9	7.8	3.9	7.8
Potassium	mg	240	480	240	480	245	490
	mmol	6.1	12.2	6.1	12.2	6.3	12.6
Calcium	mg	165	330	165	330	165	330
	mmol	4.1	8.2	4.1	8.2	4.1	8.3
Phosphorus	mg	144	288	144	288	144	288
	mmol	4.6	9.2	4.6	9.2	4.7	9.3
Magnesium	mg	30.0	60.0	30.0	60.0	30.0	60.0
	mmol	1.25	2.5	1.25	2.5	1.3	2.5
Iron	mg	3.4	6.8	3.4	6.8	3.4	6.8
Zinc	mg	2.9	5.8	2.9	5.8	2.9	5.8
Copper	µg	432	864	432	864	432	864
Iodine	µg	32.0	64.0	32.0	64.0	32.0	64.0
Selenium	µg	13.6	27.2	13.6	27.2	13.6	27.2
Manganese	mg	0.80	1.6	0.80	1.6	0.80	1.6
Chromium	µg	16.0	32.0	16.0	32.0	16.0	32.0
Molybdenum	µg	24.0	48.0	24.0	48.0	24.0	48.0
Choline	mg	25.0	50.0	25.0	50.0	25.0	50.0

*AYMES ActaGain 2.4 Complete Maxi is nutritionally complete for vitamins and minerals (excluding electrolytes, Na, K, Cl and Mg) in 3 bottles, calculated using the UK Reference Nutrient Intakes for adults aged 19 and over.