

2.0kcal



ORDER CODES

Flavour	Pip-code
Vanilla	417 - 2508
Strawberry	417 - 2482
Banana	417 - 2490
Starter Pack	409 - 3597

DESCRIPTION

AYMES 2.0kcal is a nutritionally complete,¹ high energy (2.0kcal/ml), ready-to-drink milkshake-style supplement, based on milk protein, with added carbohydrate, fat vitamins and minerals for the dietary management of disease-related malnutrition.

PRESENTATION

AYMES 2.0kcal is presented in a wholesale case of 24 individual 200ml bottles. It is available in three flavours: Vanilla, Strawberry and Banana. A Starter Pack is also available containing 3 x 200ml bottles (one of each flavour).

INDICATIONS FOR USE

AYMES 2.0kcal is a Food for Special Medical Purposes (FSMP) and is designed for the dietary management of patients with or at risk of disease-related malnutrition.

AYMES 2.0kcal can be used as a supplement to the diet and is also suitable as a sole source of nutrition.

AYMES 2.0kcal is ACBS approved, prescribable on Form FP10 (GP10 in Scotland) for the following indications:

short-bowel syndrome, intractable malabsorption, pre-operative preparation of patients who are undernourished, proven inflammatory bowel disease, following total gastrectomy, bowel fistulae and disease-related malnutrition.

DIRECTIONS FOR USE

- Shake well before use.
- Best served chilled, but may also be served at room temperature or as a warm drink. Do not boil.
- Once opened, consume within 4 hours, or store in a refrigerator for up to 24 hours. Discard unused contents thereafter.

SUGGESTED INTAKE

1-2 servings a day unless otherwise indicated by the clinician or dietitian.

IMPORTANT NOTICE

For enteral use only.
Use under medical supervision.
Suitable as a sole source of nutrition.
Not suitable for infants or children under 6 years.

CONTRAINDICATIONS

Not suitable for patients with cows' milk intolerance or for those with galactosaemia.

PRECAUTIONS

Use with caution in children under 11 years of age.

STORAGE

Store in a cool, dry place, below 25°C

SHELF LIFE

12 months

INGREDIENTS

VANILLA

Water, Maltodextrin, Milk Protein, Vegetable Oil (Rapeseed and Sunflower Oils), Sucrose, Glucose Syrup, Natural Vanilla Flavour, Potassium Chloride, Magnesium Citrate, Tri-Sodium Citrate, Emulsifier: Mono-and Diglycerides of Fatty Acids (E471), Di-Sodium Hydrogen Phosphate, Di-Potassium Hydrogen Phosphate, Vitamin Premix (Nicotinamide, Calcium D-Pantothenate, Pyridoxine Hydrochloride, Thiamin Mononitrate, Riboflavin, Vitamin A, Vitamin E, Folic Acid, D-Biotin, Vitamin K1, Vitamin D3, Vitamin B12), Emulsifier: Sunflower Lecithin (E322), Calcium Phosphate (Contains Lactose from Milk), Acidity Regulator: Potassium Hydroxide, Sodium Ascorbate, Colour: Natural Carotene, Mineral Premix (Manganese Sulphate Monohydrate, Copper Gluconate, Potassium Iodide, Sodium Molybdate, Chromium Chloride, Sodium Selenite), Choline Chloride, Ferrous Sulphate, Tri-Potassium Citrate, Zinc Sulphate.

STRAWBERRY

Water, Maltodextrin, Milk Protein, Vegetable Oil (Rapeseed and Sunflower Oils), Sucrose, Glucose Syrup, Natural Strawberry Flavour, Potassium Chloride, Magnesium Citrate, Tri-Sodium Citrate, Emulsifier: Mono-and Diglycerides of Fatty Acids (E471), Di-Sodium Hydrogen Phosphate, Di-Potassium Hydrogen Phosphate, Vitamin Premix (Nicotinamide, Calcium D-Pantothenate, Pyridoxine Hydrochloride, Thiamin Mononitrate, Riboflavin, Vitamin A, Vitamin E, Folic Acid, D-Biotin, Vitamin K1, Vitamin D3, Vitamin B12), Emulsifier: Sunflower Lecithin (E322), Calcium Phosphate (Contains Lactose from Milk), Acidity Regulator: Potassium Hydroxide, Sodium Ascorbate, Mineral Premix (Manganese Sulphate Monohydrate, Copper Gluconate, Potassium Iodide, Sodium Molybdate, Chromium Chloride, Sodium Selenite), Choline Chloride, Colour: Carmine, Ferrous Sulphate, Tri-Potassium Citrate, Zinc Sulphate.

BANANA

Water, Maltodextrin, Milk Protein, Vegetable Oil (Rapeseed and Sunflower Oils), Sucrose, Glucose Syrup, Natural Banana Flavour, Potassium Chloride, Magnesium Citrate, Tri-Sodium Citrate, Emulsifier: Mono-and Diglycerides of Fatty Acids (E471), Di-Sodium Hydrogen Phosphate, Di-Potassium Hydrogen Phosphate, Vitamin Premix (Nicotinamide, Calcium D-Pantothenate, Pyridoxine Hydrochloride, Thiamin Mononitrate, Riboflavin, Vitamin A, Vitamin E, Folic Acid, D-Biotin, Vitamin K1, Vitamin D3, Vitamin B12), Emulsifier: Sunflower Lecithin (E322), Calcium Phosphate (Contains Lactose from Milk), Acidity Regulator: Potassium Hydroxide, Sodium Ascorbate, Colour: Natural Carotene, Mineral Premix (Manganese Sulphate Monohydrate, Copper Gluconate, Potassium Iodide, Sodium Molybdate, Chromium Chloride, Sodium Selenite), Choline Chloride, Ferrous Sulphate, Tri-Potassium Citrate, Zinc Sulphate.

AYMES 2.0kcal is made from a gluten free recipe.
Vanilla and Banana flavours are suitable for vegetarians.

OTHER INFORMATION

Potential Renal Solute Load	mOsm/l	620
Osmolality	mOsm/kg	1050
Osmolarity	mOsm/l	725
Non-Protein Calories : Nitrogen ratio	kcal/g	131:1
Energy Distribution	Protein	% 16
	Carbohydrate	% 48
	Fat	% 36

NUTRITIONAL COMPOSITION

Flavour	VANILLA		STRAWBERRY		BANANA		
	Per 100ml	Per 200ml	Per 100ml	Per 200ml	Per 100ml	Per 200ml	
Typical values							
Energy	kJ	840	1680	840	1680	840	1680
	kcal	200	400	200	400	200	400
Fat	g	8.0	16.0	8.0	16.0	8.0	16.0
of which: saturates	g	0.70	1.4	0.70	1.4	0.70	1.4
Carbohydrate	g	24.0	48.0	24.0	48.0	24.0	48.0
total sugars	g	10.0	20.0	10.0	20.0	10.0	20.0
lactose	g	0.1	0.2	0.1	0.2	0.1	0.2
Fibre	g	0.0	0.0	0.0	0.0	0.0	0.0
Protein	g	8.0	16.0	8.0	16.0	8.0	16.0
Salt	g	0.23	0.45	0.23	0.45	0.23	0.45
Vitamins							
Vitamin A (RE)	µg	167	334	167	334	167	334
Vitamin D	µg	1.9	3.8	1.9	3.8	1.9	3.8
Vitamin E (α-TE)	mg	2.7	5.4	2.7	5.4	2.7	5.4
Vitamin K	µg	10.7	21.4	10.7	21.4	10.7	21.4
Vitamin C	mg	20.0	40.0	20.0	40.0	20.0	40.0
Thiamin	mg	0.33	0.66	0.33	0.66	0.33	0.66
Riboflavin	mg	0.33	0.66	0.33	0.66	0.33	0.66
Vitamin B6	mg	0.33	0.66	0.33	0.66	0.33	0.66
Niacin (NE)	mg	4.7	9.4	4.7	9.4	4.7	9.4
Folic acid	µg	54.0	108	54.0	108	54.0	108
Vitamin B12	µg	0.70	1.4	0.70	1.4	0.70	1.4
Pantothenic acid	mg	1.0	2.0	1.0	2.0	1.0	2.0
Biotin	µg	6.7	13.4	6.7	13.4	6.7	13.4
Minerals							
Sodium	mg	90.0	180	90.0	180	90.0	180
	mmol	3.9	7.8	3.9	7.8	3.9	7.8
Chloride	mg	126	252	126	252	126	252
	mmol	3.5	7.0	3.5	7.0	3.5	7.0
Potassium	mg	200	400	200	400	200	400
	mmol	5.1	10.2	5.1	10.2	5.1	10.2
Calcium	mg	140	280	140	280	140	280
	mmol	3.5	7.0	3.5	7.0	3.5	7.0
Phosphorus	mg	120	240	120	240	120	240
	mmol	3.9	7.7	3.9	7.7	3.9	7.7
Magnesium	mg	30.0	60.0	30.0	60.0	30.0	60.0
	mmol	1.3	2.5	1.3	2.5	1.3	2.5
Iron	mg	3.4	6.8	3.4	6.8	3.4	6.8
Zinc	mg	2.4	4.8	2.4	4.8	2.4	4.8
Copper	µg	360	720	360	720	360	720
Iodine	µg	27.0	54.0	27.0	54.0	27.0	54.0
Selenium	µg	11.0	22.0	11.0	22.0	11.0	22.0
Manganese	mg	0.67	1.3	0.67	1.3	0.67	1.3
Chromium	µg	13.0	26.0	13.0	26.0	13.0	26.0
Molybdenum	µg	20.0	40.0	20.0	40.0	20.0	40.0
Choline	mg	25.0	50.0	25.0	50.0	25.0	50.0

1. Refers to meeting the UK RNI for adults aged 19 years and over for micronutrients, excluding electrolytes (Na, K, Cl & Mg) in 4 bottles.