

ActaJuni SHAKE



ORDER CODES

| Flavour | Pip-code |
|--------------|------------|
| Neutral | 418 - 6334 |
| Vanilla | 418 - 6318 |
| Strawberry | 418 - 6326 |
| Banana | 418 - 6300 |
| Chocolate | 418 - 6292 |
| Starter Pack | 418 - 6854 |

DESCRIPTION

AYMES ActaJuni Shake is a Food for Special Medical Purposes (FSMP) and is designed for the dietary management of children with or at risk of developing, disease-related malnutrition and growth failure. **AYMES ActaJuni Shake** is a powder, based on milk protein with added carbohydrate, fat, a range of vitamins and minerals, which provides a 1.5kcal/ml nutritionally balanced milkshake-style oral nutritional supplement.

PRESENTATION

AYMES ActaJuni Shake is presented in cartons, each carton containing 7 x 57g sachets. It is available in 5 flavours: vanilla, strawberry, banana, chocolate and neutral. It is also available as a starter pack containing 5 x 57g sachets of mixed flavours and a shaker.

INDICATIONS FOR USE

ACBS approved, prescribable on Form FP10 (GP10 in Scotland) for the following indications in children aged 3 to 10 years and/or weighing up to 35kg, with or at risk of developing, disease-related malnutrition and growth failure.

DIRECTIONS FOR USE

One 57g sachet of **AYMES ActaJuni Shake** should be reconstituted with 150mls water. It is best served cold but can be made up hot if preferred.

Mixing instructions when using a shaker:

DO NOT USE SHAKER WITH HOT LIQUIDS

- Remove shaker lid
- Pour **150ml water** into the shaker
- Add one 57g sachet of **AYMES ActaJuni Shake**
- Fasten lid well and shake vigorously
- Decant into your glass or mug
- Drink immediately or refrigerate for up to 24 hours

Mixing instructions when using a whisk or fork (works for hot and cold liquids):

- Pour **150ml water** into a glass or mug
- Add one 57g sachet of **AYMES ActaJuni Shake**
- Mix thoroughly with a whisk or fork
- Drink immediately or refrigerate for up to 24 hours

AYMES ActaJuni Shake
can also be added to sweet & savoury foods

SUGGESTED INTAKE

1-2 servings a day unless otherwise indicated by the clinician or dietician.

IMPORTANT NOTICE

For enteral use only.
Use under medical supervision.
Not suitable as a sole source of nutrition.
Not suitable for infants.

CONTRAINDICATIONS

Not suitable for patients with soya or cows' milk intolerance or for those with galactosaemia

PRECAUTIONS

In children aged between 3 – 10 years receiving warfarin there may be a risk of drug nutrient interactions

STORAGE

Store in a cool, dry place. Once reconstituted, **AYMES ActaJuni Shake** may be stored for up to 24 hours in a refrigerator. Stir before drinking.

SHELF LIFE

12 months

INGREDIENTS

NEUTRAL

Maltodextrin, Sunflower Oil, **Milk** Proteins, Sugar, Dipotassium Phosphate, Natural Flavourings (containing **Milk**), Trisodium Citrate, Salt, Vitamin and Mineral Premix (Potassium Dihydrogen Phosphate, Sodium Ascorbate, Vitamin E, Maltodextrin, Ferrous Sulphate, Niacin, Zinc Sulphate, Vitamin A, Pantothenic Acid, Vitamin D, Biotin, Vitamin B6, Folic Acid, Manganese Sulphate, Thiamin, Potassium Iodide, Copper Sulphate, Vitamin K, Vitamin B12, Sodium Selenite, Riboflavins, Chromium Chloride, Sodium Molybdate), Calcium Phosphates, Magnesium Carbonates, Emulsifier: Mono- and Diglycerides of Fatty Acids, Potassium Chloride, Thickener: Xanthan Gum.

VANILLA

Maltodextrin, Sunflower Oil, **Milk** Proteins, Sugar, Natural Flavourings (containing **Milk**), Dipotassium Phosphate, Trisodium Citrate, Salt, Vitamin and Mineral Premix (Potassium Dihydrogen Phosphate, Sodium Ascorbate, Vitamin E, Maltodextrin, Ferrous Sulphate, Niacin, Zinc Sulphate, Vitamin A, Pantothenic Acid, Vitamin D, Biotin, Vitamin B6, Folic Acid, Manganese Sulphate, Thiamin, Potassium Iodide, Copper Sulphate, Vitamin K, Vitamin B12, Sodium Selenite, Riboflavins, Chromium Chloride, Sodium Molybdate), Calcium Phosphates, Magnesium Carbonates, Emulsifier: Mono- and Diglycerides of Fatty Acids), Potassium Chloride, Thickener: Xanthan Gum.

STRAWBERRY

Maltodextrin, Sunflower Oil, **Milk** Proteins, Sugar, Natural Flavourings, Dipotassium Phosphate, Trisodium Citrate, Colour: Beetroot Red, Salt, Vitamin and Mineral Premix (Potassium Dihydrogen Phosphate, Sodium Ascorbate, Vitamin E, Maltodextrin, Ferrous Sulphate, Niacin, Zinc Sulphate, Vitamin A, Pantothenic Acid, Vitamin D, Biotin, Vitamin B6, Folic Acid, Manganese Sulphate, Thiamin, Potassium Iodide, Copper Sulphate, Vitamin K, Vitamin B12, Sodium Selenite, Riboflavins, Chromium Chloride, Sodium Molybdate), Calcium Phosphates, Magnesium Carbonates, Emulsifier: Mono- and Diglycerides of Fatty Acids), Potassium Chloride.

BANANA

Maltodextrin, Sunflower Oil, **Milk** Proteins, Sugar, Natural Flavourings, Dipotassium Phosphate, Trisodium Citrate, Salt, Vitamin and Mineral Premix (Potassium Dihydrogen Phosphate, Sodium Ascorbate, Vitamin E, Maltodextrin, Ferrous Sulphate, Niacin, Zinc Sulphate, Vitamin A, Pantothenic Acid, Vitamin D, Biotin, Vitamin B6, Folic Acid, Manganese Sulphate, Thiamin, Potassium Iodide, Copper Sulphate, Vitamin K, Vitamin B12, Sodium Selenite, Riboflavins, Chromium Chloride, Sodium Molybdate), Calcium Phosphates, Magnesium Carbonates, Emulsifier: Mono- and Diglycerides of Fatty Acids), Potassium Chloride, Colour: Carotenes, Thickener: Xanthan Gum.

CHOCOLATE

Maltodextrin, Sunflower Oil, **Milk** Proteins, Sugar, Cocoa Powder (6%), Natural Flavourings, Salt, Calcium Phosphates, Vitamin and Mineral Premix (Potassium Dihydrogen Phosphate, Sodium Ascorbate, Vitamin E, Maltodextrin, Ferrous Sulphate, Niacin, Zinc Sulphate, Vitamin A, Pantothenic Acid, Vitamin D, Biotin, Vitamin B6, Folic Acid, Manganese Sulphate, Thiamin, Potassium Iodide, Copper Sulphate, Vitamin K, Vitamin B12, Sodium Selenite, Riboflavins, Chromium Chloride, Sodium Molybdate), Tripotassium Citrate, Dipotassium Phosphate, Emulsifier: Mono- and Diglycerides of Fatty Acids, Potassium Chloride, Magnesium Carbonates.

May contain: **Egg, Celery, Mustard, Soya** and **Sulphites**

All flavours of **AYMES ActaJuni Shake**
are gluten free and are suitable for vegetarians

OTHER INFORMATION*

| | | | |
|---|--------------|----------------|-------|
| Osmolality | | mOsmol/l* | 460 |
| Osmolality | | mOsmol/kg H2O* | 600 |
| Potential Renal Solute Load | | mOsmol/l* | 390 |
| Energy Distribution | Protein | % | 11.0 |
| | Carbohydrate | % | 43.0 |
| | Fat | % | 46.0 |
| Non-Protein Calories: Nitrogen Ratio | | kcal/g | 200:1 |

*Based on Vanilla Flavour, mixed with 150ml water. Other flavours are similar, for details please contact **AYMES® International**.

NUTRITIONAL COMPOSITION

| Flavour | NEUTRAL | VANILLA | STRAWBERRY | BANANA | CHOCOLATE | |
|---------------------|-----------------|---------------------------------|-----------------|---------------------------------|-----------------|---------------------------------|
| | Per 100g powder | Per 57g serving made with water | Per 100g powder | Per 57g serving made with water | Per 100g powder | Per 57g serving made with water |
| Energy | | | | | | |
| | kJ | 2112 | 1204 | 2113 | 1204 | 2099 |
| | kcal | 504 | 288 | 505 | 288 | 501 |
| Fat | g | 25.7 | 14.7 | 25.8 | 14.7 | 25.7 |
| of which: saturates | g | 3.0 | 1.7 | 3.1 | 1.8 | 3.0 |
| Carbohydrate | g | 53.9 | 30.7 | 53.8 | 30.7 | 53.2 |
| of which: sugars | g | 20.7 | 11.8 | 20.5 | 11.7 | 20.6 |
| Fibre | g | 0.10 | 0.0 | 0.10 | 0.0 | 0.0 |
| Protein | g | 14.0 | 8.0 | 14.0 | 8.0 | 14.0 |
| Salt | g | 0.93 | 0.53 | 0.92 | 0.53 | 0.93 |
| Vitamins | | | | | | |
| Vitamin A (RE) | µg | 585 | 333 | 587 | 334 | 585 |
| Vitamin D | µg | 9.7 | 5.5 | 9.7 | 5.6 | 9.7 |
| Vitamin E (α-TE) | mg | 9.7 | 5.5 | 9.7 | 5.6 | 9.7 |
| Vitamin K | µg | 58.5 | 33.3 | 58.7 | 33.4 | 58.5 |
| Vitamin C | mg | 58.5 | 33.3 | 58.7 | 33.4 | 58.5 |
| Thiamin | mg | 1.3 | 0.75 | 1.3 | 0.76 | 1.3 |
| Riboflavin | mg | 0.88 | 0.50 | 0.89 | 0.50 | 0.88 |
| Vitamin B6 | mg | 1.9 | 1.1 | 1.9 | 1.1 | 1.9 |
| Niacin (NE) | mg | 13.2 | 7.6 | 13.3 | 7.6 | 13.2 |
| Folic acid | µg | 199 | 113 | 199 | 114 | 199 |
| Vitamin B12 | µg | 0.88 | 0.50 | 0.89 | 0.50 | 0.88 |
| Pantothenic acid | mg | 4.4 | 2.5 | 4.4 | 2.5 | 4.4 |
| Biotin | µg | 23.9 | 13.7 | 24.0 | 13.7 | 23.9 |
| Minerals | | | | | | |
| Sodium | mg | 370 | 211 | 370 | 211 | 370 |
| | mmol | 16.1 | 9.2 | 16.1 | 9.2 | 16.1 |
| Chloride | mg | 589 | 336 | 589 | 336 | 589 |
| | mmol | 15.1 | 8.6 | 15.1 | 8.6 | 15.1 |
| Potassium | mg | 594 | 339 | 594 | 339 | 594 |
| | mmol | 16.8 | 9.6 | 16.8 | 9.6 | 16.8 |
| Calcium | mg | 295 | 168 | 295 | 168 | 295 |
| | mmol | 7.4 | 4.2 | 7.4 | 4.2 | 7.4 |
| Phosphorus | mg | 289 | 165 | 289 | 165 | 289 |
| | mmol | 9.3 | 5.3 | 9.3 | 5.3 | 9.3 |
| Magnesium | mg | 62.5 | 35.6 | 62.5 | 35.6 | 62.5 |
| | mmol | 2.6 | 1.5 | 2.6 | 1.5 | 2.6 |
| Iron | mg | 7.4 | 4.2 | 7.4 | 4.2 | 7.4 |
| Zinc | mg | 3.3 | 1.9 | 3.3 | 1.9 | 3.3 |
| Copper | µg | 580 | 330 | 580 | 330 | 580 |
| Iodine | µg | 66.2 | 37.7 | 66.4 | 37.9 | 66.2 |
| Selenium | µg | 15.5 | 8.8 | 15.5 | 8.8 | 15.5 |
| Manganese | µg | 0.67 | 0.38 | 0.68 | 0.38 | 0.67 |
| Chromium | µg | 7.7 | 4.4 | 7.8 | 4.4 | 7.7 |
| Molybdenum | µg | 17.7 | 10.1 | 17.7 | 10.1 | 17.7 |