

ActaSolve[®]

SMOOTHIE

Did you know that ActaSolve Smoothie can be mixed with milk alternatives and fruit juices for more variety and extra nutrition?



Mango



Peach



Pineapple



Strawberry & Cranberry

150ml fluid	Kcal	Protein (g)	Carb (g)	Kcal	Protein (g)	Carb (g)	Kcal	Protein (g)	Carb (g)	Kcal	Protein (g)	Carb (g)
Water	298	10.7	41.3	296	10.7	41.3	297	10.7	41.5	296	10.7	41.2
Soya drink	348	15.7	42.8	346	15.7	42.8	347	15.7	43	346	15.7	42.7
Oat drink	367	16	49.7	364	16	49.7	365	16	49.9	364	16	49.6
Almond drink	331	11.3	44.9	329	11.3	44.9	330	11.3	45.1	329	11.3	44.8
Coconut drink	373	10.9	56	371	10.9	56	372	10.9	56.2	371	10.9	55.9
Orange juice	360	11.9	55.3	358	11.9	55.3	359	11.9	55.5	358	11.9	55.2
Apple juice	367	10.9	58	365	10.9	58	366	10.9	58.2	365	10.9	57.9
Cranberry juice	327	10.7	48.1	325	10.7	48.1	326	10.7	48.3	325	10.7	48
Pineapple juice	377	11	59.8	375	11	59.8	376	11	60	375	11	59.7

PLEASE NOTE: Nutritional information values represent one portion. These values will vary depending on the brand of ingredients used.