



ALLERGENS

Used as an ingredient

KEY Present as an ingredient Not used as an ingredient

Date of preparation: February 2024 - UK

Powder

	Gluten	Milk	Lactose ¹	Soya	Egg	Crustaceans /Fish	Peanut ²	Tree-nuts ²	Celery	Mustard	Sesame	Sulphur dioxide & Sulphites	Lupin	Molluscs	May contain
AYMES ActaJuni Shake	X	✓	X	X	X	X	X	X	X	X	X	X	X	X	Egg, Celery, Mustard, Soya, Sulphites
AYMES ActaSolve Delight	X	✓	✓	✓	X	X	X	X	X	X	X	X	X	X	Egg, Celery, Mustard, Sulphites
AYMES ActaSolve High Energy <i>Previously AYMES Shake Extra</i>	X	✓	✓	✓	X	X	X	X	X	X	X	X	X	X	Egg, Celery, Mustard, Sulphites
AYMES ActaSolve Protein Compact	X	✓	✓	✓	X	X	X	X	X	X	X	X	X	X	Egg, Celery, Mustard, Sulphites
AYMES ActaSolve Savoury	X	✓	✓	X	X	X	X	X	✓	X	X	X	X	X	Egg, Soya, Mustard, Sulphites
AYMES ActaSolve Smoothie	X	X	X	✓	X	X	X	X	X	X	X	X	X	X	Egg, Milk, Celery, Mustard, Sulphites
AYMES Retail	X	✓	✓	X	X	X	X	X	X	X	X	X	X	X	Egg, Celery, Mustard, Soya, Sulphites
AYMES Shake	X	✓	✓	✓	X	X	X	X	X	X	X	X	X	X	Egg, Celery, Mustard, Sulphites
AYMES Shake Compact	X	✓	✓	✓	X	X	X	X	X	X	X	X	X	X	Egg, Celery, Mustard, Sulphites
AYMES Shake Fibre	X	✓	✓	✓	X	X	X	X	X	X	X	X	X	X	Egg, Celery, Mustard, Sulphites
NUTRIPLETE Shake	X	✓	✓	✓	X	X	X	X	X	X	X	X	X	X	Egg, Celery, Mustard, Sulphites

Ready-to-drink

AYMES 2.0kcal	X	✓	X	X	X	X	X	X	X	X	X	X	X	X	Every effort is made to reduce the risk of cross contamination of allergens in the manufacturing process. However, despite the adoption of best manufacturing practices AYMES cannot guarantee the absence of the unintended traces of the allergens listed under this "May contain" statement for each product.
AYMES ActaGain 2.4 Complete Maxi	X	✓	X	X	X	X	X	X	X	X	X	X	X		
AYMES ActaGain 600	X	✓	X	X	X	X	X	X	X	X	X	X	X		
AYMES Actagain Juice	X	✓	X	X	X	X	X	X	X	X	X	X	X		
AYMES Complete	X	✓	X	X	X	X	X	X	X	X	X	X	X		
AYMES ActaGain Protein Shot	X	X	X	X	X	X	X	X	X	X	X	X	X	X	

Ready-to-eat

AYMES ActaCal Creme	X	✓	X	X	X	X	X	X	X	X	X	X	X	X	
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1. **Lactose** Powdered products that contain milk powder as an ingredient will contain a small amount of lactose that is inherent to the milk-based ingredient. Powdered products that are then made up with milk will contain further lactose from the added milk. Our Ready-to-Drink products (AYMES Complete, AYMES 2.0kcal and AYMES ActaGain 2.4 Complete Maxi) all contain ≤0.2g lactose per serving. AYMES Actagain Juice contains 0.4g lactose per serving. AYMES ActaGain 600 and AYMES ActaCal Creme contain ≤0.25g lactose per serving. When made up with water AYMES ActaJuni Shake contains 0.4g lactose per serving.

2. **Peanuts and tree nuts** Nuts (peanuts and tree nuts) are not used as an ingredient in any of our products. Our powdered products are made in a factory that does NOT handle nuts as an ingredient. However, we are unable to claim our products are specifically nut free.