



Data Sheet

Date of preparation: July 2021 - UK

LT621-007

ActaJuni SHAKE



ORDER CODES

Flavour	Pip-code
Neutral	418-6334
Vanilla	418-6318
Strawberry	418-6326
Banana	418-6300
Chocolate	418-6292
Starter Pack	418-6854

DESCRIPTION

AYMES ActaJuni Shake is a Food for Special Medical Purposes (FSMP) and is designed for the dietary management of children with or at risk of developing, disease-related malnutrition and growth failure. AYMES ActaJuni Shake is a powder, based on milk protein with added carbohydrate, fat, a range of vitamins and minerals, which provides a 1.5kcal/ml nutritionally balanced milkshake-style oral nutritional supplement.

PRESENTATION

AYMES ActaJuni Shake is presented in cartons, each carton containing 7 x 57g sachets. It is available in 5 flavours: vanilla, strawberry, banana, chocolate and neutral. It is also available as a starter pack containing 5 x 57g sachets of mixed flavour and a shaker.

INDICATIONS FOR USE

ACBS approved, prescribable on Form FP10 (GP10 in Scotland) for the following indications in children aged 3 to 10 years and/or weighing up to 35kg, with or at risk of developing, disease-related malnutrition and growth failure.

DIRECTIONS FOR USE

One 57g sachet of AYMES ActaJuni Shake should be reconstituted with 150mls water. It is best served cold but can be made up hot if preferred.

Mixing instructions when using a shaker:

DO NOT USE SHAKER WITH HOT LIQUIDS

- Remove shaker lid
- Pour **150ml water** into the shaker
- Add one 57g sachet of AYMES ActaJuni Shake
- Fasten lid well and shake vigorously
- Decant into your glass or mug
- Drink immediately or refrigerate for up to 24 hours

Mixing instructions when using a whisk or fork (works for hot and cold liquids):

- Pour **150ml water** into a glass or mug
- Add one 57g sachet of AYMES ActaJuni Shake
- Mix thoroughly with a whisk or fork
- Drink immediately or refrigerate for up to 24 hours

AYMES ActaJuni Shake can also be added to sweet & savoury foods

SUGGESTED INTAKE

1-2 servings a day unless otherwise indicated by the clinician or dietitian.

IMPORTANT NOTICE
For enteral use only.
Use under medical supervision.
Not suitable as a sole source of nutrition.
Not suitable for infants.

CONTRAINDICATIONS

Not suitable for patients with soya or cows' milk intolerance or for those with galactosaemia.

PRECAUTIONS

In children aged between 3 – 10 years receiving warfarin there may be a risk of drug nutrient interactions.

STORAGE

Store in a cool, dry place. Once reconstituted, AYMES ActaJuni Shake may be stored for up to 24 hours in a refrigerator. Stir before drinking.

SHELF LIFE

12 months

INGREDIENTS

NEUTRAL

Maltodextrin, Sunflower Oil, Milk Proteins, Sugar, Dipotassium Phosphate, Natural Flavourings (containing Milk), Trisodium Citrate, Salt, Vitamin and Mineral Premix (Potassium Dihydrogen Phosphate, Sodium Ascorbate, Vitamin E, Maltodextrin, Ferrous Sulphate, Niacin, Zinc Sulphate, Vitamin A, Pantothenic Acid, Vitamin D, Biotin, Vitamin B6, Folic Acid, Manganese Sulphate, Thiamin, Potassium Iodide, Copper Sulphate, Vitamin K, Vitamin B12, Sodium Selenite, Riboflavin, Chromium Chloride, Sodium Molybdate), Calcium Phosphates, Magnesium Carbonates, Emulsifier: Mono- and Diglycerides of Fatty Acids, Potassium Chloride, Thickener: Xanthan Gum.

VANILLA

Maltodextrin, Sunflower Oil, Milk Proteins, Sugar, Natural Flavourings (containing Milk), Dipotassium Phosphate, Trisodium Citrate, Salt, Vitamin and Mineral Premix (Potassium Dihydrogen Phosphate, Sodium Ascorbate, Vitamin E, Maltodextrin, Ferrous Sulphate, Niacin, Zinc Sulphate, Vitamin A, Pantothenic Acid, Vitamin D, Biotin, Vitamin B6, Folic Acid, Manganese Sulphate, Thiamin, Potassium Iodide, Copper Sulphate, Vitamin K, Vitamin B12, Sodium Selenite, Riboflavin, Chromium Chloride, Sodium Molybdate), Calcium Phosphates, Magnesium Carbonates, Emulsifier: Mono- and Diglycerides of Fatty Acids, Potassium Chloride, Thickener: Xanthan Gum.

STRAWBERRY

Maltodextrin, Sunflower Oil, Milk Proteins, Sugar, Natural Flavourings, Dipotassium Phosphate, Trisodium Citrate, Colour: Beetroot Red, Salt, Vitamin and Mineral Premix (Potassium Dihydrogen Phosphate, Sodium Ascorbate, Vitamin E, Maltodextrin, Ferrous Sulphate, Niacin, Zinc Sulphate, Vitamin A, Pantothenic Acid, Vitamin D, Biotin, Vitamin B6, Folic Acid, Manganese Sulphate, Thiamin, Potassium Iodide, Copper Sulphate, Vitamin K, Vitamin B12, Sodium Selenite, Riboflavin, Chromium Chloride, Sodium Molybdate), Calcium Phosphates, Magnesium Carbonates, Emulsifier: Mono- and Diglycerides of Fatty Acids, Potassium Chloride.

BANANA

Maltodextrin, Sunflower Oil, Milk Proteins, Sugar, Natural Flavourings, Dipotassium Phosphate, Trisodium Citrate, Salt, Vitamin and Mineral Premix (Potassium Dihydrogen Phosphate, Sodium Ascorbate, Vitamin E, Maltodextrin, Ferrous Sulphate, Niacin, Zinc Sulphate, Vitamin A, Pantothenic Acid, Vitamin D, Biotin, Vitamin B6, Folic Acid, Manganese Sulphate, Thiamin, Potassium Iodide, Copper Sulphate, Vitamin K, Vitamin B12, Sodium Selenite, Riboflavin, Chromium Chloride, Sodium Molybdate), Calcium Phosphates, Magnesium Carbonates, Emulsifier: Mono- and Diglycerides of Fatty Acids, Potassium Chloride, Colour: Carotenes, Thickener: Xanthan Gum.

CHOCOLATE

Maltodextrin, Sunflower Oil, Milk Proteins, Sugar, Cocoa Powder (6%), Natural Flavourings, Salt, Calcium Phosphates, Vitamin and Mineral Premix (Potassium Dihydrogen Phosphate, Sodium Ascorbate, Vitamin E, Maltodextrin, Ferrous Sulphate, Niacin, Zinc Sulphate, Vitamin A, Pantothenic Acid, Vitamin D, Biotin, Vitamin B6, Folic Acid, Manganese Sulphate, Thiamin, Potassium Iodide, Copper Sulphate, Vitamin K, Vitamin B12, Sodium Selenite, Riboflavin, Chromium Chloride, Sodium Molybdate), Tripotassium Citrate, Dipotassium Phosphate, Emulsifier: Mono- and Diglycerides of Fatty Acids, Potassium Chloride, Magnesium Carbonates.

OTHER INFORMATION

*Based on Vanilla Flavour, mixed with 150ml water. Other flavours are similar, for details please contact AYMES International.

May contain: Egg, Celery, Mustard, Soya and Sulphites

Osmolality	mOsmol/l*	460
Osmolality	mOsmol/kg H2O*	600
Potential Renal Solute Load	mOsmol/l*	390
Energy Distribution	Protein	% 11.0
	Carbohydrate	% 43.0
	Fat	% 46.0
Non-Protein Calories: Nitrogen Ratio	kcal/g	200:1

All flavours of AYMES ActaJuni Shake are gluten free and are suitable for vegetarians

NUTRITIONAL COMPOSITION

Flavour	NEUTRAL	VANILLA	STRAWBERRY	BANANA	CHOCOLATE						
Typical values per serving (57g powder + 150ml water)	Per 100g powder	Per 57g serving made with water	Per 100g powder	Per 57g serving made with water	Per 100g powder	Per 57g serving made with water					
Energy	2112	1204	2113	1204	2099	1196	2109	1202	2101	1198	
	kcal	504	288	505	288	501	286	504	287	502	286
Fat	25.7	14.7	25.8	14.7	25.7	14.7	25.7	14.6	26.3	15.0	
of which: saturates	3.0	1.7	3.1	1.8	3.0	1.7	3.0	1.7	3.3	1.9	
Carbohydrate	53.9	30.7	53.8	30.7	53.2	30.3	53.8	30.7	51.4	29.3	
of which: sugars	20.7	11.8	20.5	11.7	20.6	11.7	20.7	11.8	22.3	12.7	
Fibre	0.10	0.0	0.10	0.0	0.0	0.0	0.10	0.0	1.9	1.1	
Protein	14.0	8.0	14.0	8.0	14.0	8.0	14.0	8.0	13.7	8.0	
Salt	0.93	0.53	0.92	0.53	0.93	0.53	0.92	0.52	0.90	0.51	
Vitamins											
Vitamin A (RE)	µg	585	333	587	334	585	333	585	333	586	334
Vitamin D	µg	9.7	5.5	9.7	5.6	9.7	5.5	9.7	5.5	9.7	5.5
Vitamin E (cx-TE)	mg	9.7	5.5	9.7	5.6	9.7	5.5	9.7	5.5	9.9	5.6
Vitamin K	µg	58.5	33.3	58.7	33.4	58.5	33.3	58.5	33.3	58.5	33.3
Vitamin C	mg	58.5	33.3	58.7	33.4	58.5	33.3	58.5	33.3	58.5	33.3
Thiamin	mg	1.3	0.75	1.3	0.76	1.3	0.75	1.3	0.75	1.3	0.76
Riboflavin	mg	0.88	0.50	0.89	0.50	0.88	0.50	0.88	0.50	0.90	0.51
Vitamin B6	mg	1.9	1.1	1.9	1.1	1.9	1.1	1.9	1.1	1.9	1.1
Niacin (NE)	mg	13.2	7.6	13.3	7.6	13.2	7.6	13.2	7.5	13.4	7.6
Folic acid	µg	199	113	199	114	199	113	199	113	199	113
Vitamin B12	µg	0.88	0.50	0.89	0.50	0.88	0.50	0.88	0.50	0.88	0.50
Pantothenic acid	µg	4.4	2.5	4.4	2.5	4.4	2.5	4.4	2.5	4.5	2.6
Biotin	µg	23.9	13.7	24.0	13.7	23.9	13.7	23.9	13.7	23.9	13.7
Minerals											
Sodium	mg	370	211	370	211	370	211	370	211	360	210
	mmol	16.1	9.2	16.1	9.2	16.1	9.2	16.1	9.2	15.7	9.1
Potassium	mg	589	336	589	336	589	336	589	336	677	386
	mmol	15.1	8.6	15.1	8.6	15.1	8.6	15.1	8.6	17.3	9.9
Chloride	mg	594	339	594	339	594	339	594	339	596	340
	mmol	16.8	9.6	16.8	9.6	16.8	9.6	16.8	9.6	16.8	9.6
Calcium	mg	295	168	295	168	295	168	295	168	308	175
	mmol	7.4	4.2	7.4	4.2	7.4	4.2	7.4	4.2	7.7	4.4
Phosphorus	mg	289	165	289	165	289	165	289	165	225	128
	mmol	9.3	5.3	9.3	5.3	9.3	5.3	9.3	5.3	7.2	4.1
Magnesium	mg	62.5	35.6	62.5	35.6	62.5	35.6	62.5	35.6	58.0	33.1
	mmol	2.6	1.5	2.6	1.5	2.6	1.5	2.6	1.5	2.4	1.4
Iron	mg	7.4	4.2	7.4	4.2	7.4	4.2	7.4	4.2	9.5	5.4
Zinc	mg	3.3	1.9	3.3	1.9	3.3	1.9	3.3	1.9	3.7	2.1
Copper	µg	580	330	580	330	580	330	580	330	820	467
Iodine	µg	66.2	37.7	66.4	37.9	66.2	37.7	66.2	37.7	66.2	37.7
Selenium	µg	15.5	8.8	15.5	8.8	15.5	8.8	15.5	8.8	15.5	8.8
Manganese	mg	0.67	0.38	0.68	0.38	0.67	0.38	0.67	0.38	0.67	0.38
Chromium	µg	7.7	4.4	7.8	4.4	7.7	4.4	7.7	4.4	7.7	4.4
Molybdenum	µg	17.7	10.1	17.7	10.1	17.7	10.1	17.7	10.1	17.7	10.1