

# ActaGain<sup>®</sup>

## PROTEIN SHOT



Flavour	Pip-code
Mixed Berry	422 - 2527
Tropical Fruit	422 - 2519

### DESCRIPTION

ActaGain Protein Shot is a Food for Special Medical Purposes. ActaGain Protein Shot is a protein supplement, with added sugar and sweetener.

### PRESENTATION

ActaGain Protein Shot is presented in boxes, containing 15 x 60ml bottles. ActaGain Protein Shot is available in 2 flavours: Mixed Berry and Tropical Fruit.

### INDICATIONS FOR USE

ACBS approved, prescribable on form FP10 (GP10 in Scotland) for the following indications: For the dietary management of hypoproteinaemia.

### DIRECTIONS FOR USE

#### ORALLY

- Shake well before use
- Best served chilled but may also be served at room temperature
- Once opened, consume immediately or refrigerate and use within 24 hours

#### ENTERAL TUBE FEEDING

- Best administered at room temperature
- Shake well before use
- Flush feeding tube with a minimum of 30ml of suitable water
- Administer ActaGain Protein Shot via the feeding tube
- Flush again with minimum of 30ml of suitable water

### SUGGESTED INTAKE

1-2 servings a day unless otherwise indicated by the clinician or dietitian.

#### IMPORTANT NOTICE

Use under medical supervision.

For enteral use only.

ActaGain Protein Shot is designed as a supplement to a normal diet and is not suitable as a sole source of nutrition.

Not suitable for use in children under 3 years of age.

Use with caution in children under 7 years of age.

Not suitable for vegetarians.

### STORAGE

Store in a cool, dry place, below 25°C

### SHELF LIFE

14 months

### INGREDIENTS

#### MIXED BERRY

Water, Collagen peptides (bovine), Acidity regulators (Citric acid, Malic acid, Tri-sodium citrate), Fructose, L-tryptophan, Preservative (Potassium sorbate), Calcium hydroxymethylbutyrate, Flavouring, Tri-magnesium citrate, Sweeteners (Sucralose, Steviol glycosides).

#### TROPICAL FRUIT

Water, Collagen peptides (bovine), Acidity regulators (Citric acid, Malic acid, Tri-sodium citrate), Fructose, L-tryptophan, Preservative (Potassium sorbate), Calcium hydroxymethylbutyrate, Flavouring, Tri-magnesium citrate, Sweeteners (Sucralose, Steviol glycosides).

ActaGain Protein Shot contains no common allergens as detailed in Regulation (EU) No. 1169/2011.

### OTHER INFORMATION

Potential Renal Solute Load*	mOsm/l	2180
Osmolarity	mOsm/l	567
Energy Distribution	Protein	% 95
	Carbohydrate	% 5
	Fat	% 0

\*Both Flavours.

### NUTRITIONAL COMPOSITION

Flavour	MIXED BERRY		TROPICAL FRUIT		
	per 100ml	per 60ml serving	per 100ml	per 60ml serving	
Typical values	kJ	644	386	646	387
	kcal	154	92	154	92
Fat	g	0	0	0	0
of which saturates	g	0	0	0	0
Carbohydrate	g	2	1.2	2	1.2
of which sugars	g	2	1.2	2	1.2
Fibre	g	0	0	0	0
Protein	g	37	22	37	22
Salt	g	0.85	0.51	0.85	0.51
<b>Minerals</b>					
Sodium	mg	138	83	138	83
	mmol	6.0	3.6	6.0	3.6
Chloride	mg	45.0	27.0	45.0	27.0
	mmol	1.27	0.763	1.27	0.763
Potassium	mg	45.8	27.5	45.8	27.5
	mmol	1.17	0.700	1.17	0.700
Calcium	mg	23.9	14.3	23.9	14.3
	mmol	0.598	0.359	0.598	0.359
Phosphorous	mg	0	0	0	0
	mmol	0	0	0	0
Magnesium	mg	6.90	4.10	6.90	4.10
	mmol	0.284	0.170	0.284	0.170
<b>Amino Acid Profile</b>					
<b>Essential</b>					
Histidine	g	0.36	0.22	0.36	0.22
Isoleucine	g	0.48	0.29	0.48	0.29
Leucine	g	1.05	0.63	1.05	0.63
Lysine	g	1.33	0.80	1.33	0.80
Methionine & Cysteine	g	0.36	0.22	0.36	0.22
Phenylalanine & Tyrosine	g	0.89	0.54	0.89	0.54
Threonine	g	0.77	0.46	0.77	0.46
Tryptophan	g	0.25	0.15	0.25	0.15
Valine	g	0.89	0.53	0.89	0.53
<b>Conditionally Essential</b>					
Arginine	g	3.11	1.86	3.11	1.86
Glutamate	g	4.03	2.42	4.03	2.42
Glycine	g	9.4	5.64	9.4	5.64
Proline	g	5.53	3.32	5.53	3.32
<b>Non Essential</b>					
Alanine	g	3.39	2.03	3.39	2.03
Aspartate	g	1.82	1.09	1.82	1.09
Serine	g	1.37	0.82	1.37	0.82
<b>Modified</b>					
Hydroxylysine	g	0.55	0.33	0.55	0.33
Hydroxyproline	g	4.51	2.71	4.51	2.71