

LIT0817-018

AYMES® creme

Data Sheet



ORDER CODES

Flavour	Pip-code
Vanilla	405-2619
Chocolate	405-2601
Starter Pack	-

DESCRIPTION

AYMES® Creme is a semi-solid product, based on cows' milk protein with added carbohydrate, fat, vitamins and minerals, which provides a nutritionally balanced ready-to-eat, dessert-style ONS.

PRESENTATION

AYMES® Creme is presented as wholesale cases of 6 clusters, each cluster containing 4 x 125g pots. It is available in 2 flavours: Vanilla, and Chocolate.

AYMES® International Ltd
PO Box 853, Haywards Heath, RH16 9PL, UK
For more information see www.aymes.com
or call 0845 6805 496



NUTRITIONAL COMPOSITION AYMES® Creme per 100g and 125g pot

Flavour	Typical values	Vanilla		Chocolate	
		per 100g	per 125g pot	per 100g	per 125g pot
Energy	kJ	632	790	632	790
	kcal	150	188	150	188
Fat	g	4.9	6.1	4.9	6.1
	of which: saturates	g	0.76	0.95	0.91
	monounsaturates	g	2.7	3.3	2.6
	polyunsaturates	g	1.3	1.6	1.2
Carbohydrate	g	19.0	23.8	18.9	23.6
	total sugars	g	8.1	10.1	8.6
	lactose	g	0.20	0.25	0.20
	sucrose	g	7.0	8.8	7.6
	maltose	g	0.70	0.88	0.70
	fructose	g	0	0	0
	glucose	g	0.20	0.25	0.20
	polysaccharides	g	10.9	13.6	10.3
	Fibre	g	0	0	0.34
	Protein	g	7.5	9.4	7.5
Nitrogen	g	1.2	1.5	1.2	
Salt Eq.	g	0.17	0.21	0.17	
Vitamins					
Vitamin A (RE)	µg	150	188	150	188
Vitamin D	µg	1.1	1.4	1.1	1.4
Vitamin E (α-TE)	mg	1.5	1.9	1.5	1.9
Vitamin K	µg	8.0	10.0	8.0	10.0
Vitamin C	mg	15.0	18.8	15.0	18.8
Thiamin	mg	0.17	0.21	0.17	0.21
Riboflavin	mg	0.20	0.25	0.20	0.25
Vitamin B ₆	mg	0.30	0.37	0.30	0.37
Niacin (NE)	mg	3.4	4.3	3.4	4.3
Folic Acid	µg	24.0	30.0	24.0	30.0
Vitamin B ₁₂	µg	0.22	0.27	0.22	0.27
Pantothenic acid	mg	0.50	0.63	0.50	0.63
Biotin	µg	6.0	7.5	6.0	7.5
Minerals					
Sodium	mg	66.0	82.5	66.0	82.5
	mmol	2.9	3.6	2.9	3.6
Chloride	mg	90.0	113	90.0	113
	mmol	2.5	3.2	2.5	3.2
Potassium	mg	170	213	180	225
	mmol	4.3	5.4	4.6	5.8
Calcium	mg	140	175	140	175
	mmol	3.5	4.4	3.5	4.4
Phosphorus	mg	112	140	119	149
	mmol	3.6	4.5	3.8	4.8
Magnesium	mg	25.0	31.3	25.0	31.3
	mmol	1.0	1.3	1.0	1.3
Iron	mg	2.0	2.5	2.0	2.5
Zinc	mg	1.6	2.0	1.6	2.0
Copper	µg	380	475	380	475
Iodine	µg	25.0	31.3	25.0	31.3
Selenium	µg	12.0	15.0	12.0	15.0
Manganese	mg	0.49	0.61	0.49	0.61
Chromium	µg	10.0	12.5	10.0	12.5
Molybdenum	µg	20.0	25.0	20.0	25.0

INDICATIONS FOR USE

AYMES® Creme is a Food for Special Medical Purposes (FSMP) and is designed for the dietary management of patients with, or at risk of, disease-related malnutrition.

AYMES® Creme should be used as a supplement to the diet. It is not suitable as a sole source of nutrition.

ACBS approved, prescribable on Form FP10 (GP10 in Scotland) for the following indications: short-bowel syndrome, intractable malabsorption, pre-operative preparation of patients who are undernourished, proven inflammatory bowel disease, following total gastrectomy, bowel fistulas and disease-related malnutrition.

DIRECTIONS FOR USE

AYMES® Creme is ready-to-eat and is best served at room temperature or slightly chilled.

- Remove lid from pot
- Use a spoon to consume directly

Or

- Pull back foil and decant into a bowl to serve

Consume immediately or reseal/cover and refrigerate for up to 24 hours.

SUGGESTED INTAKE

1-2 servings a day unless otherwise indicated by the clinician or dietitian.

IMPORTANT NOTICE

Use under medical supervision

Not suitable as a sole source of nutrition

For enteral use only

Not suitable for infants and young children under 3 years

CONTRAINDICATIONS

Not suitable for patients with cows' milk protein intolerance

PRECAUTIONS

Use with caution in children under 6 years old

STORAGE

Store in a cool, dry place, below 25°C

SHELF LIFE

12 months

Date of preparation: March 2017 - UK

OTHER INFORMATION

Potential Renal Solute Load	562 mOsm/l *
Non-Protein Calories Nitrogen ratio (kcal/g)	120:1
Energy distribution	
Protein	20%
Carbohydrate	51%
Fat	29%

*Based on Vanilla flavour - the other flavours are similar, for details please contact AYMES® International

INGREDIENTS

VANILLA

Water, **Milk** Protein Concentrate, Maltodextrin, Sucrose, Rapeseed Oil, Potassium Caseinate (from **Milk**), Calcium Caseinate (from **Milk**), Modified Starch, Emulsifier: Mono- and Diglycerides of Fatty Acids (E471), Tripotassium Citrate, Stabiliser: Carrageenans, Magnesium Chloride, Trisodium Citrate, Vanilla Flavour, Sodium Chloride, Potassium Dihydrogen Phosphate, Magnesium Citrate, Ascorbic Acid, Artificial Beta-carotene (E160), Potassium Hydroxide, Potassium Chloride, Toffee Flavour, Sodium Hydrogen Phosphate, Vitamins (Nicotinamide, Vitamin A Acetate, Biotin, Vitamin E, Calcium D Pantothenate, Vitamin D₃, Pyridoxine Hydrochloride, Thiamine Monocitrate, Vitamin B₁₂, Folic Acid, Riboflavin, Vitamin K), Ferric Pyrophosphate, Zinc Sulphate, Sodium Selenite, Copper Sulphate, Manganese Sulphate, Sodium Fluoride, Chromium Chloride, Sodium Molybdate, Potassium Iodide.

CHOCOLATE

Water, **Milk** Protein Concentrate, Maltodextrin, Sucrose, Rapeseed Oil, Potassium Caseinate (from **Milk**), Calcium Caseinate (from **Milk**), Modified Starch, Chocolate Powder (1%), Cocoa Powder (0.6%), Emulsifier: Mono- and Diglycerides of Fatty Acids (E471), Trisodium Citrate, Tripotassium Citrate, Stabiliser: Carrageenans, Magnesium Chloride, Sodium Chloride, Potassium Dihydrogen Phosphate, Potassium Hydroxide, Ascorbic Acid, Magnesium Citrate, Potassium Chloride, Vitamins (Nicotinamide, Vitamin A Acetate, Biotin, Vitamin E, Calcium D Pantothenate, Vitamin D₃, Pyridoxine Hydrochloride, Thiamine Monocitrate, Vitamin B₁₂, Folic Acid, Riboflavin, Vitamin K), Ferric Pyrophosphate, Zinc Sulphate, Sodium Selenite, Copper Sulphate, Manganese Sulphate, Sodium Fluoride, Chromium Chloride, Sodium Molybdate, Potassium Iodide.

Both flavours of AYMES® Creme are made from a gluten free recipe and are suitable for vegetarians