

# AYMES® 2.0 KCAL

LIT0817-021

## Data Sheet



### ORDER CODES

Flavour	Pip-code
Vanilla	404-0127
Banana	405-2635
Strawberry	404-0119
Starter Pack	-

### DESCRIPTION

**AYMES® 2.0 KCAL** is a nutritionally complete<sup>1</sup>, high energy (2.0kcal/ml), ready-to-drink milkshake-style supplement, based on milk protein, with added carbohydrate, fat, vitamins and minerals for the dietary management of disease-related malnutrition.

### PRESENTATION

**AYMES® 2.0 KCAL** is presented as wholesale cases of 6 clusters, each cluster containing 4 x 200 ml bottles. It is available in three flavours: Vanilla, Banana, and Strawberry.

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For more information see [www.aymes.com](http://www.aymes.com)  
or call 0845 6805 496



### INGREDIENTS

#### VANILLA

Water, Maltodextrin, **Milk** Protein, Vegetable Oil (Rapeseed and Sunflower Oils), Sucrose, Glucose Syrup, Natural Vanilla Flavour, Potassium Chloride, Magnesium Citrate, Tri-Sodium Citrate, Emulsifier: Mono- and Diglycerides of Fatty Acids (E471), Di-Sodium Hydrogen Phosphate, Di-Potassium Hydrogen Phosphate, Vitamin Premix (Nicotinamide, Calcium D-Pantothenate, Pyridoxine Hydrochloride, Thiamin Mononitrate, Riboflavin, Vitamin A, Vitamin E, Folic Acid, D-Biotin, Vitamin K<sub>1</sub>, Vitamin D<sub>3</sub>, Vitamin B<sub>12</sub>), Emulsifier: Sunflower Lecithin (E322), Calcium Phosphate (Contains Lactose from **Milk**), Acidity Regulator: Potassium Hydroxide, Sodium Ascorbate, Colour: Natural Carotene, Mineral Premix (Manganese Sulphate Monohydrate, Copper Gluconate, Potassium Iodide, Sodium Molybdate, Chromium Chloride, Sodium Selenite), Choline Chloride, Ferrous Sulphate, Tri-Potassium Citrate, Zinc Sulphate.

#### BANANA

Water, Maltodextrin, **Milk** Protein, Vegetable Oil (Rapeseed and Sunflower Oils), Sucrose, Glucose Syrup, Natural Banana Flavour, Potassium Chloride, Magnesium Citrate, Tri-Sodium Citrate, Emulsifier: Mono- and Diglycerides of Fatty Acids (E471), Di-Sodium Hydrogen Phosphate, Di-Potassium Hydrogen Phosphate, Vitamin Premix (Nicotinamide, Calcium D-Pantothenate, Pyridoxine Hydrochloride, Thiamin Mononitrate, Riboflavin, Vitamin A, Vitamin E, Folic Acid, D-Biotin, Vitamin K<sub>1</sub>, Vitamin D<sub>3</sub>, Vitamin B<sub>12</sub>), Emulsifier: Sunflower Lecithin (E322), Calcium Phosphate (Contains Lactose from **Milk**), Acidity Regulator: Potassium Hydroxide, Sodium Ascorbate, Colour: Natural Carotene, Mineral Premix (Manganese Sulphate Monohydrate, Copper Gluconate, Potassium Iodide, Sodium Molybdate, Chromium Chloride, Sodium Selenite), Choline Chloride, Ferrous Sulphate, Tri-Potassium Citrate, Zinc Sulphate.

#### STRAWBERRY

Water, Maltodextrin, **Milk** Protein, Vegetable Oil (Rapeseed and Sunflower Oils), Sucrose, Glucose Syrup, Natural Strawberry Flavour, Potassium Chloride, Magnesium Citrate, Tri-Sodium Citrate, Emulsifier: Mono- and Diglycerides of Fatty Acids (E471), Di-Sodium Hydrogen Phosphate, Di-Potassium Hydrogen Phosphate, Vitamin Premix (Nicotinamide, Calcium D-Pantothenate, Pyridoxine Hydrochloride, Thiamin Mononitrate, Riboflavin, Vitamin A, Vitamin E, Folic Acid, D-Biotin, Vitamin K<sub>1</sub>, Vitamin D<sub>3</sub>, Vitamin B<sub>12</sub>), Emulsifier: Sunflower Lecithin (E322), Calcium Phosphate (Contains Lactose from **Milk**), Acidity Regulator: Potassium Hydroxide, Sodium Ascorbate, Mineral Premix (Manganese Sulphate Monohydrate, Copper Gluconate, Potassium Iodide, Sodium Molybdate, Chromium Chloride, Sodium Selenite), Choline Chloride, Colour: Carmine, Ferrous Sulphate, Tri-Potassium Citrate, Zinc Sulphate.

**AYMES 2.0 KCAL is made from a gluten free recipe.  
Vanilla and Banana flavours are suitable for vegetarians.**

### OTHER INFORMATION

Osmolality	<b>(mOsm/kg)</b>
	1050
Osmolarity	<b>(mOsm/litre)</b>
	725
PRSL	<b>(mOsm/litre)</b>
	620

### Energy Distribution

Protein	16%
Carbohydrate	48%
Fat	36%
Non-Protein Calories : Nitrogen Ratio	131:1 kcal/g

1 - for vitamins, trace elements and minerals (excluding electrolytes)

## INDICATIONS FOR USE

**AYMES® 2.0 KCAL** is a Food for Special Medical Purposes (FSMP) and is designed for the dietary management of patients with or at risk of disease related malnutrition.

**AYMES® 2.0 KCAL** can be used as a supplement to the diet and is also suitable as a sole source of nutrition.

**AYMES® 2.0 KCAL** is ACBS approved, prescribable on Form FP10 (GP10 in Scotland) for the following indications:

short-bowel syndrome, intractable malabsorption, pre-operative preparation of patients who are undernourished, proven inflammatory bowel disease, following total gastrectomy, dysphagia, bowel fistulas and disease-related malnutrition.

## DIRECTIONS FOR USE

- Shake well before use.
- Best served chilled, but may also be served at room temperature or as warm drinks. Do not boil.
- Once opened, consume within 4 hours, or store in a refrigerator for up to 24 hours. Discard unused contents thereafter.

### IMPORTANT NOTICE

**For enteral use only**

**Use under medical supervision**

**Suitable as a sole source of nutrition**

**Not suitable for infants or children under 6 years**

## SUGGESTED INTAKE

1-2 servings a day unless otherwise indicated by the clinician or dietitian

## CONTRAINDICATIONS

Not suitable for patients with cows' milk intolerance or for those with galactosaemia

## PRECAUTIONS

Use with caution in children under 11 years old

## STORAGE

Store in a cool, dry place, below 25°C

## SHELF LIFE

12 months

Date of preparation: April 2017 - UK

## NUTRITIONAL COMPOSITION

		VANILLA		BANANA		STRAWBERRY	
		per 100ml	per 200ml bottle	per 100ml	per 200ml bottle	per 100ml	per 200ml bottle
<b>Typical values</b>							
Energy	kJ	840	1680	840	1680	840	1680
	kcal	200	400	200	400	200	400
Fat	g	8.0	16.0	8.0	16.0	8.0	16.0
of which: saturates	g	0.70	1.4	0.70	1.4	0.70	1.4
polyunsaturates	g	3.0	6.0	3.0	6.0	3.0	6.0
Carbohydrate	g	24.0	48.0	24.0	48.0	24.0	48.0
total sugars	g	10.0	20.0	10.0	20.0	10.0	20.0
Lactose	g	0.1	0.2	0.1	0.2	0.1	0.2
Sucrose	g	7.45	14.9	7.45	14.9	7.45	14.9
Maltose	g	1.4	2.8	1.4	2.8	1.4	2.8
Fructose	g	0.05	0.10	0.05	0.10	0.05	0.10
Glucose	g	1.0	2.0	1.0	2.0	1.0	2.0
Polysaccharides	g	14.0	28.0	14.0	28.0	14.0	28.0
Fibre	g	0	0	0	0	0	0
Protein	g	8.0	16.0	8.0	16.0	8.0	16.0
Salt	g	0.23	0.45	0.23	0.45	0.23	0.45
<b>Vitamins</b>							
Vitamin A (RE)	µg	167	334	167	334	167	334
Vitamin D	µg	1.9	3.8	1.9	3.8	1.9	3.8
Vitamin E (α-TE)	mg	2.7	5.4	2.7	5.4	2.7	5.4
Vitamin K	µg	10.7	21.4	10.7	21.4	10.7	21.4
Vitamin C	mg	20.0	40.0	20.0	40.0	20.0	40.0
Thiamin	mg	0.33	0.66	0.33	0.66	0.33	0.66
Riboflavin	mg	0.33	0.66	0.33	0.66	0.33	0.66
Vitamin B <sub>6</sub>	mg	0.33	0.66	0.33	0.66	0.33	0.66
Niacin (NE)	mg	4.7	9.4	4.7	9.4	4.7	9.4
Folic acid	µg	54.0	108	54.0	108	54.0	108
Vitamin B <sub>12</sub>	µg	0.70	1.4	0.70	1.4	0.70	1.4
Pantothenic acid	mg	1.0	2.0	1.0	2.0	1.0	2.0
Biotin	µg	6.7	13.4	6.7	13.4	6.7	13.4
<b>Minerals</b>							
Sodium	mg	90.0	180	90.0	180	90.0	180
	mmol	3.9	7.8	3.9	7.8	3.9	7.8
Chloride	mg	126	252	126	252	126	252
	mmol	3.5	7.0	3.5	7.0	3.5	7.0
Potassium	mg	200	400	200	400	200	400
	mmol	5.1	10.2	5.1	10.2	5.1	10.2
Calcium	mg	140	280	140	280	140	280
	mmol	3.5	7.0	3.5	7.0	3.5	7.0
Phosphorus	mg	120	240	120	240	120	240
	mmol	3.9	7.7	3.9	7.7	3.9	7.7
Magnesium	mg	30.0	60.0	30.0	60.0	30.0	60.0
	mmol	1.25	2.5	1.25	2.5	1.25	2.5
Iron	mg	3.4	6.8	3.4	6.8	3.4	6.8
Zinc	mg	2.4	4.8	2.4	4.8	2.4	4.8
Copper	µg	360	720	360	720	360	720
Iodine	µg	27.0	54.0	27.0	54.0	27.0	54.0
Selenium	µg	11.0	22.0	11.0	22.0	11.0	22.0
Manganese	mg	0.67	1.3	0.67	1.3	0.67	1.3
Chromium	µg	13.0	26.0	13.0	26.0	13.0	26.0
Molybdenum	µg	20.0	40.0	20.0	40.0	20.0	40.0
Choline	mg	25.0	50.0	25.0	50.0	25.0	50.0