

Trace Mineral Breakdown

Mineral	Per Capsule (mg)	Per 2 Capsules (mg)	NRV (mg)	2 Caps (% NRV)
Aluminum	0.0502200	0.1004400	*	*
Antimony	0.0003100	0.0006200	*	*
Arsenic	0.0004737	0.0009474	*	*
Barium	0.0029884	0.0059768	*	*
Beryllium	<0.00031	<0.00062	*	*
Bismuth	<0.00031	<0.00062	*	*
Boron	0.0207080	0.0414160	*	*
Cadmium	<0.00031	<0.00062	*	*
Calcium	192.2000000	384.4000000	800	48%
Carbon	7.8120000	15.6240000	*	*
Cerium	0.0003615	0.0007229	*	*
Cesium	0.0000012	0.0000025	*	*
Chloride	0.0009536	0.0019071	*	*
Chromium	0.0006572	0.0013144	0.04	3%
Cobalt	<0.00031	<0.00062	*	*
Copper	<0.00031	<0.00062	1	0.1%
Dysprosium	0.0000589	0.0001178	*	*
Erbium	0.0000415	0.0000831	*	*
Europium	0.0000155	0.0000310	*	*
Fluoride	0.0040920	0.0081840	*	*
Gadolinium	0.0000570	0.0001141	*	*
Gallium	0.0001277	0.0002554	*	*
Germanium	<0.0000006	<0.0000012	*	*
Gold	<0.00031	<0.00062	*	*
Hafnium	0.0000360	0.0000719	*	*
Holmium	0.0000136	0.0000273	*	*
Indium	<0.0000006	<0.0000012	*	*
Iodine	0.0028830	0.0057660	0.15	4%
Iridium	<0.0000006	<0.0000012	*	*
Iron	0.4718200	0.9436400	14	7%
Lanthanum	0.0005704	0.0011408	*	*
Lead	0.0001680	0.0003360	*	*
Lithium	0.0038378	0.0076756	*	*
Lutetium	0.0000074	0.0000149	*	*
Magnesium	16.3680000	32.7360000	376	9%
Manganese	0.0301320	0.0602640	2	3%
Mercury	<0.0000006	<0.0000012	*	*
Molybdenum	<0.00031	<0.00062	*	*

NRV = Nutrient Reference Values. *Indicates no NRV

Mineral	Per Capsule (mg)	Per 2 Capsules (mg)	NRV (mg)	2 Caps (% NRV)
Neodymium	0.0002009	0.0004018	*	*
Nickel	0.0006200	0.0012400	*	*
Niobium	<0.00031	<0.00062	*	*
Osmium	0.0000006	0.0000012	*	*
Palladium	0.0003410	0.0006820	*	*
Phosphorus	0.3100000	0.6200000	*	*
Platinum	<0.0000006	<0.0000012	*	*
Potassium	0.1550000	0.3100000	*	*
Praseodymium	0.0000465	0.0000930	*	*
Rhenium	0.0000019	0.0000037	*	*
Rhodium	0.0000924	0.0001848	*	*
Rubidium	0.0000192	0.0000384	*	*
Ruthenium	0.0004582	0.0009164	*	*
Samarium	0.0004464	0.0008928	*	*
Scandium	0.0003788	0.0007576	*	*
Selenium	<0.00031	<0.00062	0.055	1%
Silicon	0.0469960	0.0939920	*	*
Silver	0.0009176	0.0018352	*	*
Sodium	2.6089600	5.2179200	*	*
Strontium	1.2741000	2.5482000	*	*
Sulfur	1.7353800	3.4707600	*	*
Tantalum	0.0000192	0.0000384	*	*
Tellurium	<0.00031	<0.00062	*	*
Terbium	0.0000093	0.0000186	*	*
Thallium	<0.00031	<0.00062	*	*
Thorium	0.0015128	0.0030256	*	*
Thulium	0.0000056	0.0000112	*	*
Tin	0.0001724	0.0003447	*	*
Titanium	0.0210800	0.0421600	*	*
Tungsten	<0.00031	<0.00062	*	*
Vanadium	0.0028706	0.0057412	*	*
Ytterbium	0.0000372	0.0000744	*	*
Yttrium	<0.00031	<0.00062	*	*
Zinc	0.0047120	0.0094240	10	0.1%
Zirconium	<0.00031	<0.00062	*	*

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