

Trace Mineral Breakdown

Mineral	Per Capsule (mg)	Per 2 Capsules (mg)	NRV (mg)	2 Cap (% NRV)
Aluminum	0.2745500	0.5491000	*	*
Antimony	0.0020235	0.0040470	*	*
Arsenic	0.0016103	0.0032205	*	*
Barium	0.0044840	0.0089680	*	*
Beryllium	<0.000475	<0.00095	*	*
Bismuth	<0.000475	<0.00095	*	*
Boron	0.0309700	0.0619400	*	*
Cadmium	0.0000551	0.0001102	*	*
Calcium	304.0000000	608.0000000	800	76%
Carbon	106.4000000	212.8000000	*	*
Cerium	0.0004437	0.0008873	*	*
Cesium	0.0000105	0.0000209	*	*
Chloride	0.9262500	1.8525000	*	*
Chromium	0.0010070	0.0020140	0.04	5%
Cobalt	0.0008940	0.0017879	*	*
Copper	0.0011875	0.0023750	1	0.2%
Dysprosium	0.0000399	0.0000798	*	*
Erbium	0.0000285	0.0000570	*	*
Europium	0.0000114	0.0000228	*	*
Fluoride	0.0032063	0.0064125	*	*
Gadolinium	0.0000494	0.0000988	*	*
Gallium	0.0000979	0.0001957	*	*
Germanium	<0.000001	<0.0000019	*	*
Gold	0.0056715	0.0113430	*	*
Hafnium	0.0000532	0.0001064	*	*
Holmium	0.0000095	0.0000190	*	*
Indium	<0.000001	<0.0000019	*	*
Iodine	0.0044175	0.0088350	0.15	6%
Iridium	<0.000001	<0.0000019	*	*
Iron	0.4769000	0.9538000	14	7%
Lanthanum	0.0009785	0.0019570	*	*
Lead	0.0009690	0.0019380	*	*
Lithium	0.0034105	0.0068210	*	*
Lutetium	0.0000190	0.0000380	*	*
Magnesium	34.4850000	68.9700000	376	18%
Manganese	0.0102600	0.0205200	2	1%
Mercury	0.0000019	0.0000038	*	*

NRV = Nutrient Reference Values. *Indicates no NRV

Calcium

Mineral	Per Capsule (mg)	Per 2 Capsules (mg)	NRV (mg)	2 Cap (% NRV)
Molybdenum	0.0022990	0.0045980	*	*
Neodymium	0.0002185	0.0004370	*	*
Nickel	0.0054340	0.0108680	*	*
Niobium	0.0047500	0.0095000	*	*
Osmium	<0.000001	<0.0000019	*	*
Palladium	0.0001273	0.0002546	*	*
Phosphorus	0.3885500	0.7771000	*	*
Platinum	<0.000001	<0.0000019	*	*
Potassium	0.3087500	0.6175000	*	*
Praseodymium	0.0000551	0.0001102	*	*
Rhenium	<0.000001	<0.0000019	*	*
Rhodium	0.0004722	0.0009443	*	*
Rubidium	0.0001720	0.0003439	*	*
Ruthenium	0.0028434	0.0056867	*	*
Samarium	0.0000399	0.0000798	*	*
Scandium	0.0005501	0.0011001	*	*
Selenium	<0.000475	<0.00095	0.055	2%
Silicon	0.3059000	0.6118000	*	*
Silver	0.0021280	0.0042560	*	*
Sodium	3.0447500	6.0895000	*	*
Strontium	2.4852000	4.9704000	*	*
Sulfur	2.1565000	4.3130000	*	*
Tantalum	0.0000029	0.0000057	*	*
Tellurium	0.0150100	0.0300200	*	*
Terbium	0.0000076	0.0000152	*	*
Thallium	0.0005985	0.0011970	*	*
Thorium	0.0515850	0.1031700	*	*
Thulium	0.0000038	0.0000076	*	*
Tin	0.0002670	0.0005339	*	*
Titanium	0.0034010	0.0068020	*	*
Tungsten	0.0033630	0.0067260	*	*
Vanadium	<0.000475	<0.00095	*	*
Ytterbium	0.0000200	0.0000399	*	*
Yttrium	0.0013775	0.0027550	*	*
Zinc	0.0045410	0.0090820	10	0.1%
Zirconium	0.0114000	0.0228000	*	*

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