

Trace Mineral Breakdown

Mineral	Per Capsule (mg)	Per 2 Capsules (mg)	NRV (mg)	2 Caps (% NRV)
Aluminum	0.0366120	0.0732240	*	*
Antimony	0.0002260	0.0004520	*	*
Arsenic	0.0003453	0.0006907	*	*
Barium	0.0021786	0.0043573	*	*
Beryllium	<0.000226	<0.000452	*	*
Bismuth	<0.000226	<0.000452	*	*
Boron	0.0150968	0.0301936	*	*
Cadmium	<0.000226	<0.000452	*	*
Calcium	140.1200000	280.2400000	800	35%
Carbon	5.6952000	11.3904000	*	*
Cerium	0.0002635	0.0005270	*	*
Cesium	0.0000009	0.0000018	*	*
Chloride	0.0006952	0.0013904	*	*
Chromium	0.0004791	0.0009582	0.04	2%
Cobalt	<0.000226	<0.000452	*	*
Copper	<0.000226	<0.000452	1	0.0%
Dysprosium	0.0000429	0.0000859	*	*
Erbium	0.0000303	0.0000606	*	*
Europium	0.0000113	0.0000226	*	*
Fluoride	0.0029832	0.0059664	*	*
Gadolinium	0.0000416	0.0000832	*	*
Gallium	0.0000931	0.0001862	*	*
Germanium	<0.0000005	<0.0000009	*	*
Gold	<0.000226	<0.000452	*	*
Hafnium	0.0000262	0.0000524	*	*
Holmium	0.0000099	0.0000199	*	*
Indium	<0.0000005	<0.0000009	*	*
Iodine	0.0021018	0.0042036	0.15	3%
Iridium	<0.0000005	<0.0000009	*	*
Iron	0.3439720	0.6879440	14	5%
Lanthanum	0.0004158	0.0008317	*	*
Lead	0.0001225	0.0002450	*	*
Lithium	0.0027979	0.0055958	*	*
Lutetium	0.0000054	0.0000108	*	*
Magnesium	11.9328000	23.8656000	376	6%
Manganese	0.0219672	0.0439344	2	2%
Mercury	<0.0000005	<0.0000009	*	*
Molybdenum	<0.000226	<0.000452	*	*

NRV = Nutrient Reference Values. *Indicates no NRV

Mineral	Per Capsule (mg)	Per 2 Capsules (mg)	NRV (mg)	2 Caps (% NRV)
Neodymium	0.0001464	0.0002929	*	*
Nickel	0.0004520	0.0009040	*	*
Niobium	<0.000226	<0.000452	*	*
Osmium	0.0000005	0.0000009	*	*
Palladium	0.0002486	0.0004972	*	*
Phosphorus	0.2260000	0.4520000	*	*
Platinum	<0.0000005	<0.0000009	*	*
Potassium	0.1130000	0.2260000	*	*
Praseodymium	0.0000339	0.0000678	*	*
Rhenium	0.0000014	0.0000027	*	*
Rhodium	0.0000673	0.0001347	*	*
Rubidium	0.0000140	0.0000280	*	*
Ruthenium	0.0003340	0.0006681	*	*
Samarium	0.0003254	0.0006509	*	*
Scandium	0.0002762	0.0005523	*	*
Selenium	<0.000226	<0.000452	0.055	1%
Silicon	0.0342616	0.0685232	*	*
Silver	0.0006690	0.0013379	*	*
Sodium	1.9020160	3.8040320	*	*
Strontium	0.9288600	1.8577200	*	*
Sulfur	1.2651480	2.5302960	*	*
Tantalum	0.0000140	0.0000280	*	*
Tellurium	<0.000226	<0.000452	*	*
Terbium	0.0000068	0.0000136	*	*
Thallium	<0.000226	<0.000452	*	*
Thorium	0.0011029	0.0022058	*	*
Thulium	0.0000041	0.0000081	*	*
Tin	0.0001257	0.0002513	*	*
Titanium	0.0153680	0.0307360	*	*
Tungsten	<0.000226	<0.000452	*	*
Vanadium	0.0020928	0.0041855	*	*
Ytterbium	0.0000271	0.0000542	*	*
Yttrium	<0.000226	<0.000452	*	*
Zinc	0.0034352	0.0068704	10	0.1%
Zirconium	<0.000226	<0.000452	*	*

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