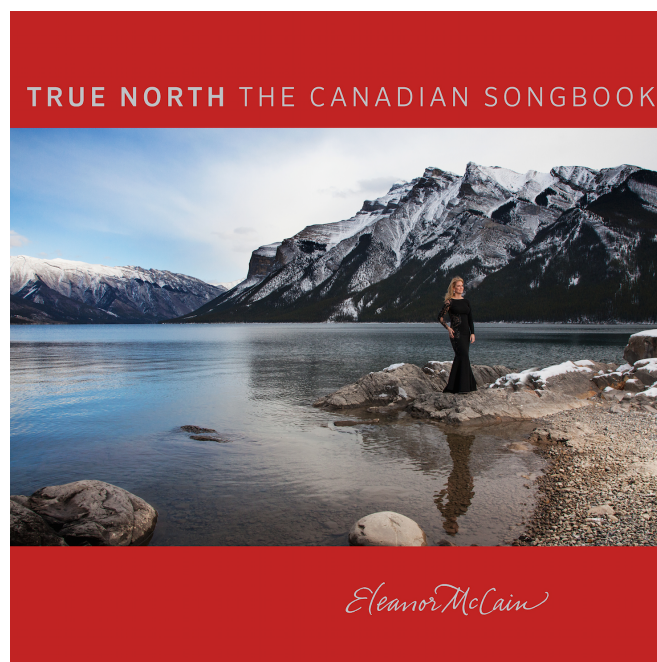


TRUE NORTH THE CANADIAN SONGBOOK

FOR IMMEDIATE RELEASE - April 13, 2017

True North: The Canadian Songbook releases: “Aujourd’hui, je dis bonjour à la vie”



APRIL 13, 2017 – Today, “**Aujourd’hui, je dis bonjour à la vie**”, the third track from **Eleanor McCain**’s upcoming album **True North: The Canadian Songbook**, was released. This **Harmonium** song written by band member **Serge Fiori**, one of 32 iconic Canadian songs on the new double album, was recorded with **Orchestre symphonique de Québec** and features Canadian fingerstyle guitarist **Don Ross**. The track was arranged by album producer Don Breithaupt.

“It’s a song about having the chance each day to start afresh, to defeat the limits we impose on ourselves and go for your dreams. The line, “*Demain, je ne perdrai plus mes nuits*” illustrates that determination,” said songwriter Serge Fiori. Further songwriter commentary from Fiori and other contributors is featured alongside Canadian landscape photography in the

bilingual hardcover deluxe coffee table book that accompanies *True North: The Canadian Songbook* double CDs.

[Click here: Eleanor McCain's "Aujourd'hui, je dis bonjour à la vie" on Spotify](#)

True North: The Canadian Songbook is available for [pre-order](#) and will be on sale May 12, 2017; the full song list is attached.

TRUE	NORTH
Hallelujah (feat. National Arts Centre Orchestra) 5:03	1 Ordinary Day (feat. Natalie MacMaster, National Arts Centre Orchestra) 5:52
A Case Of You (feat. National Arts Centre Orchestra) 5:50	2 Four Strong Winds (feat. Rik Emmett, Victoria Symphony) 4:24
Helpless (feat. Winnipeg Symphony Orchestra) 4:30	3 All The Diamonds In The World (feat. Victoria Symphony) 4:08
Run To You (feat. François D'Ambrosio, Vineet Vyas, Winnipeg Symphony Orchestra) 3:52	4 Gold In Them Hills (feat. Kitchener-Waterloo Symphony) 3:48
I'll Always Be There (feat. Roch Voisine, Sharon Riley And The Faith Choral, National Arts Centre Orchestra) 4:57	5 Aujourd'hui, je dis bonjour à la vie (feat. Don Ross, Orchestre symphonique de Québec) 4:27
If You Could Read My Mind (feat. Liana Rojic, National Arts Centre Orchestra) 4:16	6 We Rise Again (feat. Laura David, Denise Djokic, Saskatoon Children's Choir, Symphony New Brunswick) 4:14
Angel (feat. Denise Djokic, Pro Coro Canada, Edmonton Symphony Orchestra) 4:42	7 Broken Arrow (feat. Paul Pike, Edmonton Symphony Orchestra) 5:34
The Surest Things Can Change (feat. Guido Basso, Winnipeg Symphony Orchestra) 4:42	8 Some Of These Days (feat. Matt Dusk, Symphony Nova Scotia) 2:21
Good Mother (feat. Victoria Symphony) 4:47	9 Song For The Mira (feat. John McDermott, Symphony Nova Scotia) 3:31
Constant Craving (feat. Jens Lindemann, Vancouver Symphony Orchestra) 3:40	10 Heart Like A Wheel (feat. George Gao, Ron Korb, Donald Quan, Newfoundland Symphony Orchestra) 4:56
Get Me Through December (feat. National Arts Centre Orchestra) 5:29	11 Still Believe In Love (feat. Symphony Nova Scotia) 3:47
Undun (feat. Bill McBrien, Vancouver Symphony Orchestra) 4:07	12 Up Where We Belong (feat. Vancouver Symphony Orchestra) 5:01
I Will Play A Rhapsody (feat. Jan Lisiecki, National Arts Centre Orchestra) 4:06	13 Snowbird (feat. Edmonton Symphony Orchestra) 3:04
Le monde est stone (feat. Elmer Iseler Singers, Orchestre symphonique de Québec) 5:26	14 No Change In Me (feat. Newfoundland Symphony Orchestra) 5:06
I Can See Hope From Here (feat. Lesley Young, Newfoundland Symphony Orchestra) 4:24	15 Rhythm Of My Heart (feat. The College of Piping, Kitchener-Waterloo Symphony) 4:25
O Siem (feat. Natasha Allakorlak, Sharon Riley And The Faith Choral, Orchestre symphonique de Québec) 4:34	16 The Island (feat. The Men of the Deep, Symphony New Brunswick) 4:48

Spotify Embed Code for "Aujourd'hui"

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Website: EleanorMcCain.ca

Twitter: [@Eleanor_McCain](https://twitter.com/Eleanor_McCain)

Facebook: [@EleanorMcCainMusic](https://www.facebook.com/EleanorMcCainMusic)

Instagram: [@EleanorMcCainMusic](https://www.instagram.com/EleanorMcCainMusic)

YouTube: [@EleanorMcCainMusic](https://www.youtube.com/EleanorMcCainMusic)

Hashtag: #CSB150

About True North: The Canadian Songbook

Showcasing 32 of Canada's most beloved pop and folk songs, *True North: The Canadian Songbook* is Eleanor McCain's sixth studio album. Produced by Don Breithaupt and featuring the creations of 14 arrangers, 28 guest artists, and 10 symphony orchestras from across the country, *True North: The Canadian Songbook* was developed to celebrate Canada's 150th birthday. In addition to the recording, there is an accompanying English hardcover coffee table book featuring fashion portraits in select Canadian locations by co-curator V. Tony Hauser, sumptuous full-colour landscape photography by 23 photographers from across Canada, complementary song lyrics, songwriter commentary, and behind-the-scenes shots by Greg Locke, along with a double CD insert. This epic, multi-year passion project is a touching tribute to the people, songwriters, musicians, photographers and landscape of Canada. Eleanor is joined on this project by a talented team of artists, performers, and industry experts all of whom worked passionately to bring this to fruition. An accompanying short documentary film will also be released. *True North: The Canadian Songbook* will be available for sale May 12th, 2017 and can be purchased [here](#) and at www.EleanorMcCain.ca.

FOR FURTHER INFORMATION, IMAGES AND INTERVIEWS, PLEASE CONTACT:

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