

Did you know 1 in 4 students missed school because they couldn't afford period products?





Period. Beginning of discussion.



Period Poverty-

the inability to access period products like pads and tampons - affects communities throughout the United States.

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But you can help and have fun!

Host a Giving Party and increase access to period products in your community.

PLAN | SUPPLIES | TOGETHER Giving Party
TO EMPOWER WOMEN





Select Your Giving Partner!

Identify a local agency in need of period products. Example partners include schools, shelters, after-school programs, social service agencies, food banks, and Alliance for Period Supplies members (www.allianceforperiodsupplies.org).

Work with the agency to identify their product and packaging preferences

(e.g. more pads than tampons;

16 period products in clear plastic bags or brown lunch bags).



It's time to throw a Giving Party!



Identify a date and time for your Giving Party.

Make sure you pick a place with plenty of table space to package products (3 tables is ideal).

Invite friends and family to help fund-raise for period products and attend your Giving Party.

Example of a one hour Giving Party:

8-10 people will be able to build 120-150 period packages (1 month supply of product/pack) with notes included. You will need about 2,000 - 2,400 tampons or pads.

Did you know TOP carries its pads, tampons, and liners in bulk cases at a special community price? Great for Giving Parties, these high-impact cases help increase access to better-for you period products.

Viewing Online? Click here to order bulk.





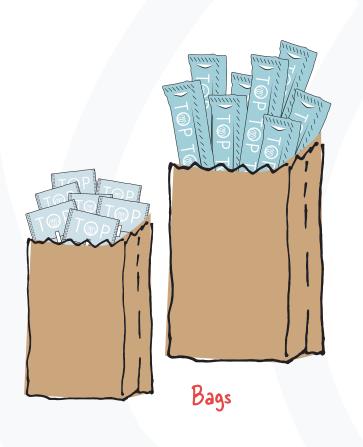
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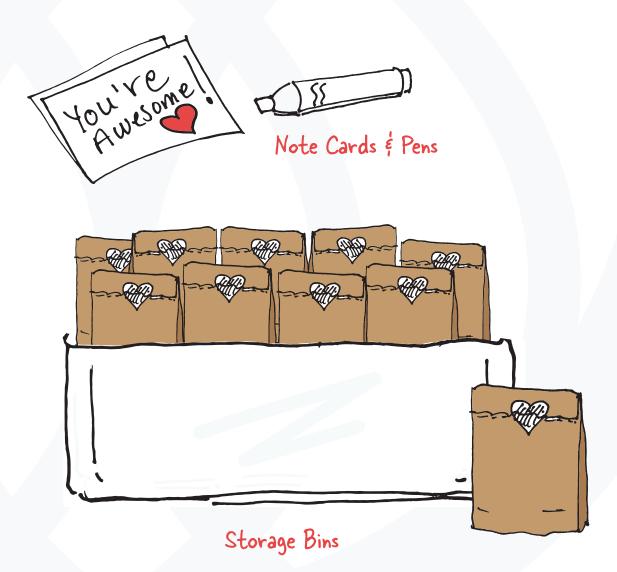




Now get your supplies together!

Collect supplies including period products and bags, and some fun stickers to close the bags. Don't forget markers and blank index cards for notes with words of encouragement to place in bags!





TOP Tips!

Everyone loves music and snacks!

Have lots of space for people to spread out. We recommend three tables/areas: table with pads, table with tampons, and table for note card writing.

If you're staggering packing attendees don't put all the products out at once. We've found early party-goers can be ambitious and pack all of the products before others have arrived.

Quality control: it's great to have someone be a table captain to give instructions and make sure the bags aren't over/under packed. Additionally, you can put a sign at each table reminding guests how many products per bag and to write a note.

Make sure you know how to identify the different bags and how many bags are in each container. It can be as simple as writing "T" or "P" on the bottom of the bag.





Together

We are creating change together and you are impacting the lives of so many women and girls who go without period products everyday. This is a great opportunity to raise awareness about period poverty and inspire others to address period product insecurity in their own communities. We are seeing a movement happen across the US with so many people raising their voices and creating a groundswell.

We continue to hear from our communities doing these parties how impactful it is to bring your children to these events. This changes the conversation to empowering women and girls in their community while simultaneously breaking the stigma of periods.





TAMPONS



15 TAMPONS 5 LINERS PER BAG



PADS



15 PADS 5 LINERS PER BAG



NOTE CARD



Usrite a little note of affirmation!

ONE PER BAG





