

WARNING!

DO NOT USE WITH BRACES / DO NOT CHEW YOUR MOUTH GUARD

In order for your mouth guard to protect, fit, and last, it must be worn properly. If your mouth guard is chewed or incorrectly worn, its protection and durability will diminish.

YOU WILL NEED

1 pot / 1 slotted spoon / 1 measuring cup / 1 bowl of ice water / 1 timer

STEP 1

Fill a pot with approximately 6 cups of water and bring the water to a boil.



STEP 2

Remove the boiling water from the heat source and let the water cool for 2 minutes.



STEP 3

Submerge the mouth guard with its interior facing up in the settled water for 5 seconds. Please pay close attention during this process.



STEP 4

Remove the guard from the hot water and insert it into your mouth. Once in position, firmly bite down on the guard with your lips closed shut and suck in strongly.



STEP 5

While biting and sucking on the guard use your fingers to press it against your gums through your cheeks. Pressing your tongue up against your pallet will also help tightly mold the mouth guard.



STEP 6

Continue the steps 4 through 5 for 1 minute.



STEP 7

Place the molded mouth guard in a bowl of ice water and wait 1 minutes. After removing it from the ice water it should fit perfectly around your teeth. The mouth guard is made to be chewy and shock absorbant.



THE ZERO EFFECT.

Some athletes are impossible to please. As soon as they get what they thought they wanted they always want more.

The athletes over at Nxrnd are no different... They've been asking us for a new mouth guard. A thinner, stronger, more versatile guard, but with the same Nxrnd signature protection and style.

Introducing the Nxrnd ZERO, our thinnest mouth guard to date. Footballers, Boxers, and MMA fighters respect it – You will too

Make sure to read the following safety instructions

1. For full details of fitting, please see the fitting instructions.
2. Do not chew your mouth guard.
3. For those whos jaw is still in growth, he /she should check the fitting of the mouth guard regularly. Replacing the mouth guard is necessary when it does not fit properly anymore.
4. This mouth guard should not be used with braces.
5. Made of FDA approved EVA materials.
6. Mouth guard should be kept in its case when not in use. Use fresh water to wash and clean your mouth guard after every single use for storage and transportation purposes.
7. Visually check your mouth guard after every use. Cracks, splits or separations could render your mouth guard useless.
8. Visit the doctor immediately if you experience any unusual irritations after using the mouth guard.
9. This mouth guard does not contain any latex or materials that are currently known to cause allergic reactions.

SHARE YOUR NXTRND EXPERIENCE.

Show us what you've been up to with your Nxrnd gear. Snap a photo of your Nxrnd product and share it with the community in our Amazon review section!

Product review link:
www.amazon.com/ryp

CONTACT INFO

OUR TEAM OF PROFESSIONALS IS ALWAYS HAPPY TO HELP

 Support@nxtrndusa.com

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If you have sensitive gag reflex carefully use a pair of scissors to shorten the mouth guard.