

WARNING!

DO NOT USE WITH BRACES / DO NOT CHEW YOUR MOUTH GUARD

In order for your mouth guard to protect, fit, and last, it must be worn properly. If your mouth guard is chewed or incorrectly worn, its protection and durability will diminish.

YOU WILL NEED

1 pot with water / 1 slotted metal spoon / 1 cup of ice water / 1 mirror / 1 timer

STEP 1

Fill a pot with approximately 3 inches of water and bring the water to a boil.



STEP 2

Remove the boiling water from the heat source and let the water cool for 30 seconds.



STEP 3

Submerge the mouth guard facing down in the settled water for 10 to 20 seconds or until you notice the walls starting to curl together.



STEP 4

Remove the mouth guard from the hot water and run under cold water for 1-2 seconds. Feel free to spread the walls if necessary.



STEP 5

Using a mirror, gently insert the mouth guard into your mouth by aligning it with the centerline of your front teeth. Once in position, quickly press down on your molars using your thumbs and proceed to the next step.



STEP 6

Bring your lower jaw forward and lightly bite down on the mouth guard while pushing the front of the mouth guard in against your teeth and up towards your gums.



STEP 7

Continue the process of pressing against the edges of the mouth guard while sucking in strongly for 60 seconds.



STEP 8

Place the molded mouth guard in ice water and wait 5 minutes. After removing it from the ice water make sure the mouth guard fits tightly around your teeth.



BACK TO BASICS.

The "Classic" is your traditional, reliable, sturdy mouthguard with a touch of Nxrnd style. Instead of re-inventing the wheel we decided to simplify it. Easy to mold and use, it'll have you out on the front line ready for war in no time.

Take a big breath of fresh air and put in your classic mouth guard because things are about to go down.

Footballers, Boxers, and MMA fighters respect it – You will too

Make sure to read the following safety instructions

1. For full details of fitting, please see the fitting instructions.
2. Do not chew your mouth guard.
3. For those whose jaw is still in growth, he/she should check the fitting of the mouth guard regularly. Replacing the mouth guard is necessary when it does not fit properly anymore.
4. This mouth guard should not be used with braces.
5. Made of FDA approved EVA materials.
6. Mouth guard should be kept in its case when not in use. Use fresh water to wash and clean your mouth guard after every single use for storage and transportation purposes.
7. Visually check your mouth guard after every use. Cracks, splits or separations could render your mouth guard useless.
8. Visit the doctor immediately if you experience any unusual irritations after using the mouth guard.
9. This mouth guard does not contain any latex or materials that are currently known to cause allergic reactions.

SHARE YOUR NXTRND EXPERIENCE.

Show us what you've been up to with your Nxrnd gear. Snap a photo of your Nxrnd product and share it with the community in our Amazon review section!

Product review link:
<http://amazon.com/ryp>

CONTACT INFO

OUR TEAM OF PROFESSIONALS IS ALWAYS HAPPY TO HELP

✉ Support@nxtrndusa.com

OUR SOCIALS



Repeat the steps 3 through 8 if the fit is not accurate.
Only if necessary, carefully use a pair of scissors to trim off excess pieces of the mouthguard.