

end-of-year energy check-in

The last full moon of the year is on December 29th, and the days after this lunar moment are the perfect time for you to get clear on what you want to carry with you into the new year and what you want to leave behind. Use the powerful cleansing energy and high vibrations of this full moon period to shine a light on what you want to manifest and what your energy essentials are for 2021.



Who are the people in your life that you want by your side in 2021?



What thoughts, words or affirmations will support and uplift you in 2021?



What goals or intentions do you want to manifest in 2021?



What else do you want to carry with you into the new year?
(belongings, ideas, energies, themes, lessons, etc)