

Suggested Use: This product is to be dissolved under the tongue for quick absorption. Take one (1) tablet at bedtime, or as directed by a physician. If preferred, the tablet may be swallowed whole.

Caution: Do not exceed recommended dose. Not intended for individuals under the age of 18. Do not use if pregnant or nursing. Always consult with a physician prior to using any dietary supplement.

Do not use if safety seal is damaged or missing.

Store in a cool, dry place.

Keep out of reach of children.

*When used in conjunction with proper diet and exercise.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

LynFit

NUTRITION

LEAN SLEEP

SPECIFICALLY DESIGNED FOR WEIGHT LOSS†

- *Helps Reduce Belly Fat†**
- *Helps Reduce Anxiety & Stress†*
- *Promotes Deep Sleep†*
- *Wake Up Feeling Refreshed†*

VEGAN, SOY-FREE, GLUTEN-FREE, DAIRY-FREE

DIETARY SUPPLEMENT • 30 Tablets

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 30

Amount Per Serving	%DV
Melatonin	5 mg **

**Daily Value (DV) not established

Other Ingredients: Dicalcium Phosphate, Magnesium Stearate, Sodium Starch Glycolate, Croscarmellose Sodium



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