

SUGGESTED USE: As a dietary supplement, take one (1) tablet at bedtime. This product is designed to be dissolved under the tongue for quick absorption. If preferred, the tablet may be swallowed whole.

CAUTION: Do not exceed the recommended dose. This product is not intended for pregnant or nursing mothers, children under the age of 18, or individuals taking any prescription medication including anti depressants. Reduce dose if drowsiness occurs. Avoid driving, operating heavy machinery, or performing other potentially dangerous tasks while taking this formula. If you have questions about the advisability of taking this product, consult your healthcare professional.

Do not use if seal is damaged or missing. Store in a cool, dry place.
KEEP OUT OF REACH OF CHILDREN.

*When used in conjunction with proper diet and exercise.

Manufactured For:
LISA LYNN FITNESS, LLC, Norwalk, CT 06851
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LynFit

NUTRITION

LEAN SLEEP

Specifically Designed for Weight Loss**

- *Helps reduce belly fat***
- *Helps reduce anxiety and stress***
- *Promotes deep sleep***
- *Wake up feeling refreshed***

Manufactured in U.S.A
DIETARY SUPPLEMENT • 30 TABLETS

Supplement Facts

Serving Size: 1 tablet

Servings Per Container: 30

	Amount Per Serving	%DV
Melatonin	5 mg	†

† Daily Value not established.

Other Ingredients: Dicalcium Phosphate, Magnesium Stearate, Sodium Starch Glycolate, and Croscarmellose Sodium.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.