

Lisa Lynn Vanilla Flavor Protein Bar
9/9/2010

Supplement facts

Serving Size: 1 Bar (50g)

	Amount/Serving	%DV*
Calories	150	
Fat Calories	30	
Total Fat	2.5	4%
Saturated Fat	2g	10%
Cholesterol	2.2mg	<1%
Total Carbs	21g	7%
Fiber	10g	40%
Sugars	2.5g	†
Protein	19g	38%
Calcium	70mg	7%
Iron	0.1mg	<1%
Sodium	85mg	4%
Potassium	100mg	3%

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established

Ingredients: Lisa Lynn Protein Blend (Whey Protein Isolate, Milk Protein Isolate), Isomalto-oligosaccharides, Brown Rice Syrup, Medium Chain Triglycerides, Natural and Artificial Flavors, Pure Tahitian Ground Virgin Vanilla Beans, Lecithin, Dipotassium Phosphate, Sucralose (A Non-Nutritive Sweetener).

Contains 11g net carbs*

*Net Carbs Calculation: 21g total carbs, subtract 10g Fiber as this has minimal impact on blood sugar.