

High Protein Chocolate Truffles



Ingredients:

- (1 cup) LynFit Vanilla or Chocolate Complete Protein Powder
- (1 cup) Natural peanut butter
- (½ cup) Dark chocolate, low-sugar spread
- (1/8 cup) Honey — Stevia® or Splenda® may be substituted

Optional Serving Suggestions:

Garnish with chopped nuts, crushed coconut, white chocolate chips, LynFit Vanilla or Chocolate Protein Powder

Why skip chocolate when you don't have to? High Protein Chocolate Truffles are a true delicacy of mouth-watering, good-for-you deliciousness!

NUTRITIONAL INFO

Calories: 29.3

Fat: 0.7 grams

Carbs: 4.6 grams

Fiber: 0 grams

Protein: 1.3 metabolic boosting grams

Servings: 20 per recipe

Directions:

- In a large mixing bowl, blend ingredients until it forms a doughy texture and hold shape
- Form into one-inch balls or candy shape, using a spoon or spatula
- Place into aluminum foil and place into freezer until frozen (about one hour)
- Keep chilled until just before eating so they keep their shape

*Almond or sunflower nut butters may be substituted for anyone with peanut allergies