NOT ALL PROTEIN SHAKES ARE CREATED EQUAL!

LynFit's Complete Protein Shake is the best tasting shake you'll ever try, and the only shake that is specifically designed to make losing weight easier and accelerate fat burning.* Complete Protein is unique because it safely boosts metabolism 25% and promotes the burning off of belly fat while reducing cravings and promoting a feeling of fullness for up to 5 hours.* Complete Protein is purified and micro-filtered to remove lactose (it's 99% lactose-free) which helps to lower blood sugar levels.* It now contains Fibersol®, a clear dietary fiber that improves digestive and immune health without the usual drawbacks of fiber, which has been shown to help promote long term and short term weight loss.* You'll not only lose weight, you'll keep it off as well.* Research has proven that weight loss and health begin in the gut, so it's important to keep yours healthy.* This powerful combination of protein and fiber will help support your health and weight management goals with irresistibly delicious protein shakes that you'll actually look forward to drinking.*

LynFit uses superior protein technology to blend health promoting fiber so you don't just lose weight, you feel great and you're healthier.* LynFit Complete Protein is the cleanest protein, with the highest PER (Protein Efficiency Ratio), the best amino acid profile for faster, easier weight loss.* Each serving delivers 25 grams of high-quality protein peptides, only 150 calories, and 8 grams of low-glycemic carbs. Research shows this combination of whey peptides and Fibersol® help control blood sugar better, which is the secret to losing weight.*

Unlike other protein shakes that sprinkle in a few vitamins and use inferior proteins, LynFIT keeps it lean. There is no denaturation from heat or harsh chemicals, and with naturally delicious flavors, you will satisfy your taste buds and fuel your metabolism.* Only LynFit Complete Protein is specifically designed to address the underlying issues that are preventing you from losing weight, causing you to gain weight and store fat.* Lose weight deliciously with LynFit!*

Caution: If you want to lose weight and are under age 18, pregnant, nursing, following a diet recommended by a doctor, have health problems, or want to lose more than 30 lbs, see a doctor before starting this or any diet program. Rapid weight loss may cause health problems. Do not use as a sole source of nutrition. KEEP OUT OF THE REACH OF CHILDREN. FOR HEALTHY ADULTS ONLY. NOT FOR PREGNANT OR LACTATING WOMEN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

LynFit
NUTRITION

COMPLETE PROTEIN
NATURALLY DELICIOUS WEIGHT LOSS FORMULA*

CHOCOLATE TRUFFLE

- *Helps Balance Blood Sugar & Cortisol Levels**
- *Supports Digestion & Immune Health**
- *Helps Block Hunger & Crush Cravings**
- *Supports Metabolism & Fat Loss**
- *Helps to Nourish Lean Muscle**

PREMIUM MEAL REPLACEMENT DRINK

Made in the USA • Net Wt. 2 lbs (908g)

Suggested Use: Prepare 1-2 servings per day using two (2) level scoops per serving. For weight loss, have a Complete Protein shake for breakfast and again as an afternoon snack.

For Best Results: In a blender, mix two level scoops of Complete Protein powder with one (1) cup of cold water (depending on desired consistency). Blend on lowest speed for 30 seconds. Complete Protein can also be prepared with a spoon or whisk.

GMP Good Manufacturing Practice

MADE IN USA

GLUTEN FREE

MDRC

MELT FAT CHOCOLATE MILK
(2 scoops) LynFit Chocolate Truffle Protein
(1 cup) Cold Water
(3) Ice cubes, if desired

Shake & enjoy!
Store extra in refrigerator for later use or drink up to boost your weight loss!

MOCHA LATTE
(2 scoops) LynFit Chocolate Truffle Protein
(1 cup) Black Coffee
(3) Ice cubes, if desired

Shake & enjoy!

MANUFACTURED FOR:
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NORWALK, CT 06851

For great recipes & other LynFit products, visit:
www.lynfit.com

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NUTRITION FACTS

Serving Size: 2 Scoops (39.5g)
Servings Per Container: 23

Amount Per Serving	
Calories 150	Calories from Fat 20
	% Daily Value*
Total Fat 2.5g	4%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 60mg	20%
Sodium 50mg	2%
Potassium 320mg	9%
Total Carbohydrate 10g	3%
Dietary Fiber 2g	8%
Soluble Fiber 2g	
Sugars 4g	
Protein 25g	
Vitamin A 0% •	Vitamin C 0%
Calcium 15% •	Iron 6%
Riboflavin 0% •	Phosphorus 15%
Magnesium 4% •	Copper 0%
Manganese --%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Protein Blend (Whey Protein Concentrate, Whey Protein Isolate), Maltodextrin, Redwood Dutch Alkalized Cocoa Powder, Fructose, (Soluble Corn Fiber) Fibersol® 2, Xanthan Gum, Natural Flavors, Sucralose. Contains Milk.