

INGREDIENTS: LynFit Protein Blend (Whey Protein Isolate, Milk Protein Isolate), Isomalto-oligosaccharides, Brown Rice Syrup, Captri® Brand CB MCT, Defatted Cocoa, Natural & Artificial Flavors, Sunflower, Lecithin, Dipotassium Phosphate, Sucralose (A Non-Nutrive Sweetner).

Contains: Milk derived ingredients. Made on equipment that also processes Peanuts and Tree Nuts.

Net Carbs: 13g

Net Carb Calculation: 21g total carbs, subtract 8g fiber = 13g Net Carbs as this has minimal impact on blood sugar

LynFit
NUTRITION

LEAN BAR ADVANCED METABOLIC PROTEIN BAR

CHEWY CHOCOLATE

Net Wt. 1.76 oz (50g)



19G
Whey Protein

Low
Sugar & Fat

13G
Net Carbs

8G
Prebiotic Fiber

Nutrition Facts

Servings Per
Bar: 1

Serving Size:
1 Bar (50 g)

Calories **150**
Per Serving

Amount Per Serving	%DV	Amount Per Serving	%DV
Total Fat 2.5g	3%	Total Carb 21g	8%
Sat. Fat 2g	10%	Dietary Fiber 8g	29%
Trans Fat 0g		Total Sugars 3g	
Cholesterol < 5mg	1%	Incl. 2g Added Sugars	4%
Sodium 40mg	2%	Protein 19g	38%

Vitamin D 0mg 0% • Calcium 70mg 6% • Iron 0.5mg 2% • Potassium 220mg 4%
The %Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advise



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