

# DAILY POWER SHOT

MEGA  
MULTIVITAMIN / MINERAL



- ✔ Provides 100% RDI of Essential Vitamins, B12, Enzymes, & 60 Minerals\*
- ✔ Boosts Immunity & Overall Health\*
- ✔ Naturally Delicious Liquid
- ★ New Improved Formula w/ Resveratrol

**CLINICAL STRENGTH FORMULA**

**98% ABSORPTION RATE - ALL NATURAL**

DIETARY SUPPLEMENT 16 fl. oz. (.473 liters)

## SUPPLEMENT FACTS

Serving Size: 1 oz (30ml)  
Servings Per Container: 16

Amount Per Serving		%DV*	
<b>Calories 25</b>		Calories from Fat 0	
			%DV*
<b>Total Fat</b>	<b>0 g</b>		0%
<b>Cholesterol</b>	<b>0 g</b>		0%
<b>Sodium</b>	<b>50 mg</b>		2%
<b>Total Carbohydrate</b>	<b>4 g</b>		1%
Dietary Fiber	1 g		4%
Sugars	3 g		
<b>Protein</b>	<b>&lt;1 g</b>		<2%
Vitamin A	3000 mcg		333%
(as Beta Carotene & Palmitate)			
Vitamin C (as Ascorbic Acid)	60 mg		67%
Vitamin D3 (as Cholecalciferol)	10 mcg		50%
Vitamin E (as D-Alpha Tocopherols)	25 mg		167%
Vitamin K2 (as Menaquinone-7)	80 mcg		67%
Thiamin (as HCl)	1.5 mg		125%
Riboflavin	1.7 mg		131%
Niacin	20 mg		125%
Vitamin B6 (as Pyridoxine HCl)	2 mg		118%
Folate (as 400 mcg Folic Acid)	667 mcg DFE		167%
Vitamin B12 (as Cyanocobalamin)	6 mcg		250%
Biotin	300 mcg		1000%
Pantothenic Acid (as Calcium Pantothenate)	10 mg		200%
Calcium (from Lactate)	50 mg		4%

\* Percent Daily Values based on a 2,000 calorie diet

Amount Per Serving		%DV*	
Iron (as Amino Acid Chelate)	1 mg		6%
Magnesium (from Oxide)	50 mg		12%
Zinc (from Oxide)	15 mg		137%
Selenium	100 mcg		182%
Manganese (from Gluconate)	20 mg		870%
Chromium (from Amino Acid Chelate Soy)	120 mcg		343%
Potassium	50 mg		1%
Cat's Claw Bark Powder	600 mg		**
Ginkgo Biloba Leaves Powder	60 mg		**
Grape Seed Extract	60 mg		**
Choline Bitartrate	25 mg		**
Inositol	25 mg		**
Bilberry Extract	5 mg		**
Goldenrod ( <i>Solidago virgaurea</i> ; Aerial Parts)	5 mg		**
Gotu Kola 4:1 (Aerial Parts)	5 mg		**
Hawthorn Berry Powder	5 mg		**
Milk Thistle Powder 4:1 (Seed)	5 mg		**
Saw Palmetto (Berry; <i>Serenoa repens</i> )	5 mg		**
Wild Yam Powder ( <i>Root: Dioscorea villosa</i> )	5 mg		**
Yucca Root Powder ( <i>Manihot esculenta</i> )	5 mg		**
Omega-3	3 mg		**
Omega-6	3 mg		**
Coenzyme Q10 (CoQ10)	3 mg		**
Lutein	3 mg		**
Quercetin (as Dihydrate)	2.5 mg		**

\*\* Daily Values (DV) not established

**Other Ingredients:** Water, Fructose, Trace Minerals, Grape Flavoring, Potassium Sorbate, Sodium Benzoate, Aloe Leaf Powder, Xanthan Gum, Stevia 90%, Citric Acid

**SUGGESTED USE:** As a dietary supplement, take 1 ounce 1-2 times daily as desired, or as directed by a healthcare physician.

See [www.lynfit.com](http://www.lynfit.com) for details.



follow us @lisalynfitness

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**WARNING:** Do not use if you are pregnant, nursing, or contemplating pregnancy. Consult with a physician prior to use if you have any medical conditions or taking any prescription drugs. Tamper-resistant seal. If seal is broken, do not use. Store in a cool, dry place away from light. Use only as directed. **KEEP OUT OF REACH OF CHILDREN.**