

February 2019

TGMIPSK0219ET

Introduction to:

Swift[®]

essentialtraining

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OMG!

**A WASHABLE BED
POSITIONING SYSTEM THAT'S
ACTUALLY AFFORDABLE?**

NO WAY!!

Ask about
Swift

What is Swift?

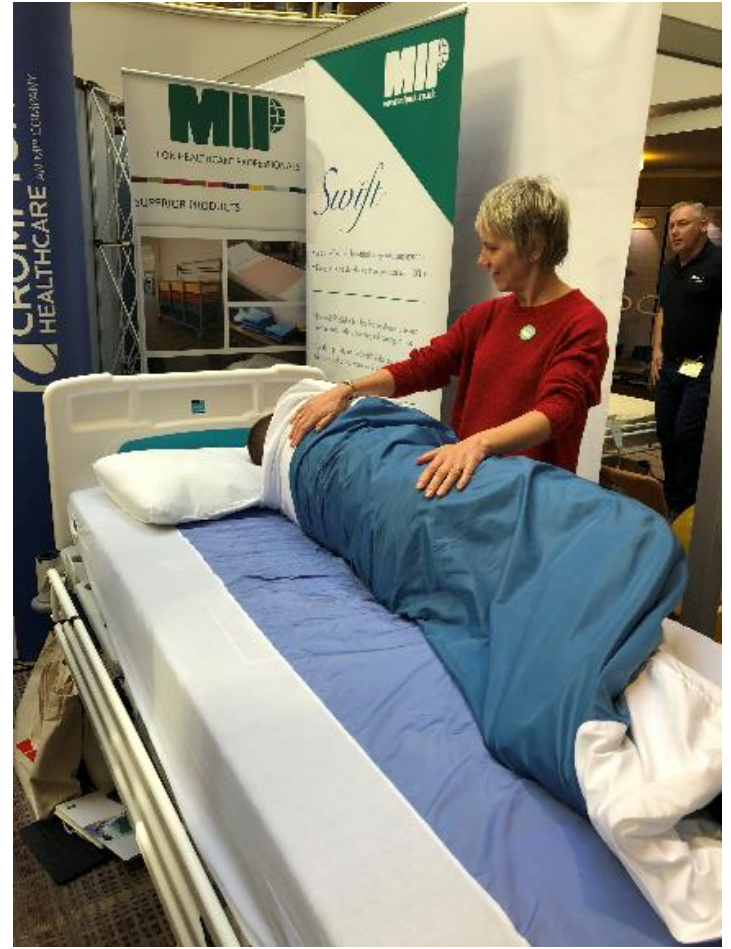


The Swift Slider is a friction reducing device to assist with patient/resident repositioning, boosting and turning in bed.

NOTE: It is NOT an incontinence pad, a lifter, or a transfer sheet



What is Swift - Swift in use

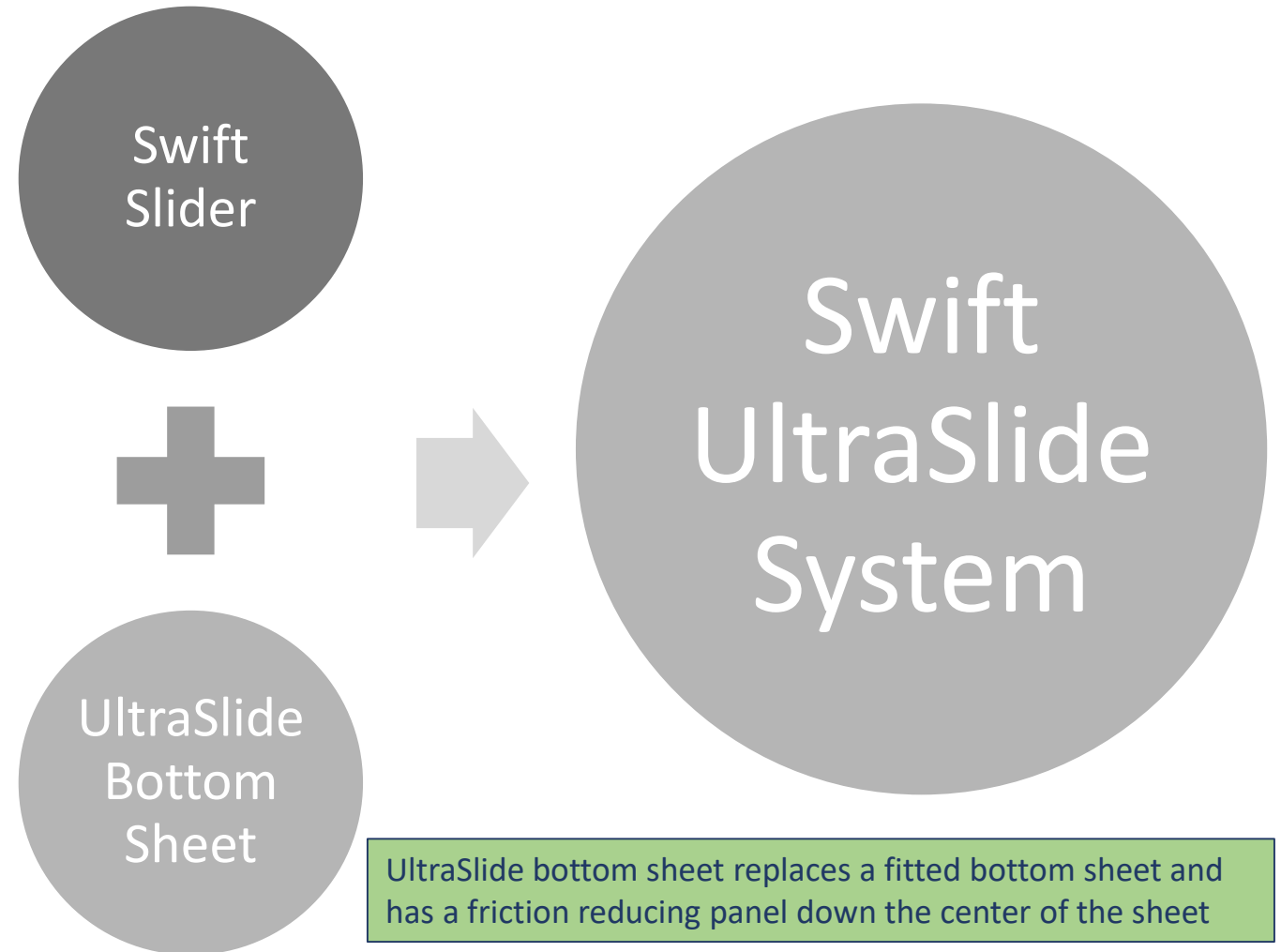


What is Swift?

Swift features two elements

- Swift UltraSlide - a fitted bottom sheet modified with a low-friction taffeta panel down the center
- Swift Slider – is a friction reducing device that remains in-situ to assist with patient/resident repositioning, boosting and turning in bed.

This combination should be used when patients/residents have little or no mobility and require extensive or total assistance for repositioning in bed and can reduce the force required to turn or reposition bed-bound patients/residents.



What is Swift? UltraSlide Base Sheet...

The UltraSlide Base Sheet features a central low-friction panel to significantly reduce resistance when used in conjunction with Swift. The Carbon fibres in the central panel reduce static build-up.

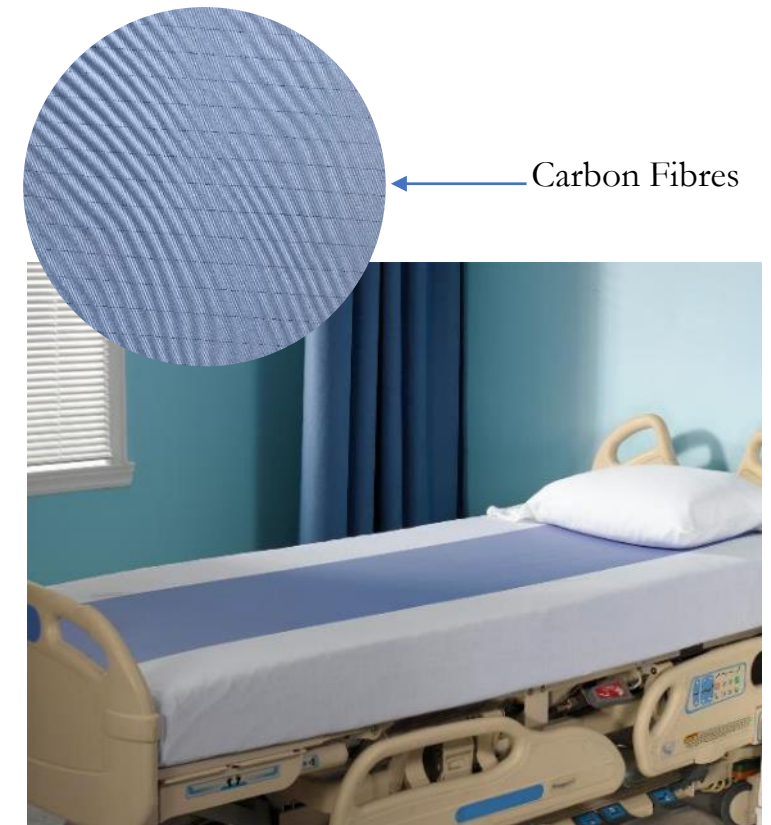
The UltraSlide base sheet is available in standard and bariatric sizes, although the stretch SleepKnit construction ensures a wide range of healthcare mattress sizes can be accommodated. Durable, 100% synthetic fabric ensures quick drying and longevity in demanding environments.

When fitting the UltraSlide, place over the mattress as you would a normal fitted sheet (stretch the sheet into the corners to prevent “hammocking”). If you have an air **pressure reducing mattress**, leave the corner where the inlet pipe is till last. The deep sides and extensive overlap on each corner of the sheet means fabric can be gently manipulated around the pipe.

The UltraSlide base sheet can also be used independently from the slider for patients/residents who are nearly independent with bed mobility as the low-friction surface allows them to move themselves more easily in bed.

The stretch of the fabric allows the **UltraSlide® Bottom Sheet** to fit the following bed sizes:

- Standard: Width: 32"to 36" (81 to 91cm) Length: 78"to 84" (198 to 213cm) Depth: 4"to 8" (10 to 20cm)
- Bariatric: Width: 42"to 50" (107 to 127cm) Length: 78"to 84" (198 to 213cm) Depth: 5"to 9" (13 to 23cm)



What is Swift? Swift Slider...

Swift Sliders are used to reposition, boost and turn in bed. IT can be used on SleepKnit / Standard bedding, or with the Ultraslide base sheet for patients requiring additional assistance with mobility (**4 way slide**). When not in use, the slider must be tucked in and remain on the bed.

Swift Sliders are made from low profile, **breathable** fabrics that are designed to work in conjunction with specialty and pressure reducing mattresses:

- **The top surface** of the Swift Slider is made from Whootex, a super soft polyester / synthetic fabric. In a similar way to performance sports clothing fabric, Whootex is breathable and comfortable against the skin.
- Breathable taffeta **backing** avoids heat build-up under patients/residents

The **Long Length Swift Slider** (Blue backing) supports the patient / resident from head to toe. When tucked in (not in use) it has the visual appeal of standard bedding.

The sliders have generous widths, and therefore suitable for both standard and bariatric applications

We do not recommend using the Swift Slider for lifting and as such the product has “no lift” printed on the top surface.



Product codes & descriptions (and packaging)

Standard **Stocked** Products:

Product Code	Description	Additional info
PTD-LS/S/UK	Swift Ultralide Bottom Sheet – Standard Size	White knit with Blue centre panel (comes bagged & with insert)
PTD-LS/S/BA1/Y	Swift Ultralide Bottom Sheet – Bariatric Size	White knit with Blue centre panel. Yellow thread for identification (comes bagged & with insert)
PTD-56/BA/LG/UK	Swift Slider Long Length Size (L200cm x W183cm) - Suitable for standard and bariatric application	White with blue low friction backing (comes bagged & with insert)

Product codes & descriptions

Standard **Stocked** Products:



PTD-LS/S/UK Swift Ultralide Bottom Sheet – **Standard** Size

PTD-LS/S/BA1/Y Swift Ultralide Bottom Sheet – **Bariatric** Size



PTD-56/BA/LG/UK Swift Slider Long Length Size (L200cm x W183cm)
- Suitable for standard and bariatric application
(shown with UltraSlide base sheet)

Why should our customers buy Swift?

WHY
CHOOSE

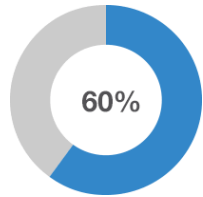
Swift®

1. Stays on the bed at all times !
 - Slim line profile and breathability for skin care
 - Won't affect pressure readings of mattresses
 - Time saver – On the bed when you need it
2. No special washing instructions
 - Can be sent to laundry along with regular linen
 - Addresses Infection Prevention and control – no cross contamination between patients or rooms*
3. It's simple and easy to use
4. Reduces staff injuries during repositioning and overall strain throughout the day

* When compared to slide sheets that don't remain on the bed

What are the benefits of Swift?

What's in it for you? Nurses, Occupational Health, Administrators, Worker's Compensation



Up to 60% reduction in force required to reposition → Reduce the risk of musculoskeletal injuries (Load force test data available)



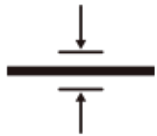
Stays on the bed → Saves nurses time. There when needed.



Simple and easy to use → On the bed when you need.

What are the benefits of Swift?

What's in it for you? Wound Care Nurses, Clinical Nurses, Nurse Managers



Thin profile → Works with pressure redistribution mattresses (pressure mapping test results available)



Breathable → No heat or moisture build-up (test results available) –



Stays on the bed → Improved care. Repositioning becomes much easier and less disruptive.



Large coverage → Supports the heaviest portions of the body. Comfortable for the patient.



Securely stays in place → No bunching or wrinkling under the patient

Usage Guidelines – Our Recommendations

UGMIPSK0219

- Ensure brakes of bed are on
- Prior to use, inspect products for wear and tear. Rub a Swift Slider on an UltraSlide. If it slides, it's still good.
- Place UltraSlide over mattress, as you would a normal fitted sheet (stretch the sheet into the corners to prevent “hammocking”)
 - If you have a pressure reducing mattress, leave the corner where the inlet pipe is till last. The deep sides and extensive overlap on each corner of the sheet means fabric can be gently manipulated around the pipe.
- Place Swift on bed across the Ultraslide base sheet, with low-friction taffeta panel down; place incontinence pad on top of Swift (if needed) in the correct position
- Always follow local manual handling guidelines for all repositioning and manual handling tasks
- Once patient/resident is repositioned, smooth out sliding sheet and tuck flaps securely under mattress
- Washing guidelines are included on the product label, or for more detailed (and commercial laundry) instructions visit www.mipuk.co.uk
- Product should be disposed of in accordance with local linen guidelines & procedures



How do we know Swift is good? - Recommendation

In the May/June (2018) edition of The OT magazine, John Callas (Occupational Therapist - M&H Specialist, Associate of UK Therapy Service) explores the benefits of MIP's Swift Ultraslide System.

John explains how Swift's affordability and effectiveness makes the System ideal for any OT to have access to, both in the community and hospitals.

This was not paid for by MIP, and is a truly independent review.

- “This is a washable product, which is ideal for community use, but due to its relatively low cost, it could be used in hospitals and be considered single patient use and disposable.”
- “In practice, I found the MIP Swift Ultraslide System was just as effective at moving patients onto their side and up and down the bed as existing more expensive systems.”

A scan of this review is available here: https://www.mipuk.co.uk/assets/user/general/Swift_Testimonial_UK_.pdf

A link to the original is available (it's in mobile format only, but is more readable) here: https://main-otmagazine-2publishing.content.pugpig.com/2018/05/10/ot-approved-10/pugpig_index.html

John Callas
Occupational Therapist - M&H specialist
Associate of UK Therapy Services
John is a moving and handling specialist OT working as an associate of UK Therapy Services. John is currently providing consultancy, expert training and clinical assessment within the specialist field.

In this month's feature, John explores a more affordable bed positioning system

OT Approved

MIP Swift Ultraslide System

Positioning patients in bed to aid with personal care, toileting or making them comfortable can be very difficult. The number of plus size/bariatric patients we are seeing being treated in our hospitals and homes is increasing. This often presents carers and nursing staff with moving and handling challenges, particularly when using slide sheets with specialist airflow pressure mattresses or working at a low level. Often just getting slide sheets in position is challenge enough.

Bed positioning systems have been used in the community for some time to tackle this. Due to costs however, they are often considered much later, for example, single slide sheets often must be tried first and ruled out, even though you may suspect it will be troublesome. The MIP Swift Ultraslide System retails at only £30 (bariatric size) - much cheaper than more established products on the market. This is a washable product, which is ideal for community use, but due to its relatively low cost, it could be used in hospitals and be considered single patient use and disposable.

The MIP Swift Ultraslide System has been put through pressure mapping tests by the manufacturer and has high breathability, which reduces the build-up of heat and moisture.

I recently had the opportunity to try out the MIP Swift Ultraslide System and have recommended its use to colleagues in the community as an alternative to other positioning systems. In practice, I found the MIP Swift Ultraslide System was just as effective at moving patients onto their side and up and down the bed as existing more expensive systems. I would definitely recommend this product to trial with a suitable patient and as a great tool for any OT to have access to, potentially something community equipment stores could keep on the shelves and hospital wards in their store rooms.

store.mipinc.info

I recently had the opportunity to try out the MIP Swift Ultraslide System and have recommended its use to colleagues in the community as an alternative to other positioning systems.

How do we know Swift is good? – Award Winning

In September (2018) MIP's Swift won the inaugural Industry Award for Promoting Excellence in Manual Handling at the National Back Exchange Conference.

The award was voted for by delegates (who are typically manual handling expert, managers, coordinators and nurses) during the conference.

The NBE Magazine (volume 20.4 '18) and The OT Magazine (issue 26 Jan/Feb '19) both featured stories on MIP's success with Swift.



Swift History - Where did Swift come from?

Swift was actually developed in Canada back in 2004, when MIP was approached by Nancy McGovern (a Physiotherapist) to develop an easy to use patient handling system tool to reduce musculoskeletal Injuries.

Swift was launched in Canada in 2005

In 2006 the results we measured

- ✓ Almost 50% reduction in caregiver injury rates
- ✓ 50% workman's compensation reduction

Today Swift is a top selling product in Canada. The market differs there, as the majority of Swift products are sold to laundries (as with standard bedding).

After a couple of trials in the UK, Swift was officially launched in the UK at the National Back Exchange Conference – September 2018.

The Swift Story



1


In 2004, MIP was approached by a reputed Occupational Therapist in Canada to develop a patient repositioning system that would assist with the reduction of musculoskeletal injuries.

2


Having just introduced an extensive array of high end, expensive repositioning tools, yet still seeing little reduction in injuries, it became clear that staff were simply not using what had been implemented.

3


The available tools were cumbersome, difficult to use, time consuming, and inconvenient to their daily tasks.

4


The goal became to create a repositioning device that could stay on the bed at all times, benefit the patient/ resident's overall care, be laundered just like the rest of the linen with no special care or handling and reduce the overall cost of injuries.

5


And so came the development of the Swift Slider...

6


One year after its implementation the cost of injuries and lost work days plummeted by approximately 50%.

5

Product FAQ's

How long will Swift last?

- The product is designed to be very laundry friendly and withstand the rigors of the environment
- The product will not show signs of wear to prompt end of life
- The best way to test for end of life is to simply do a quick slipperiness test
 - Rub a Swift Slider on an UltraSlide. If it slides, it's still good.

What are the washing instructions for Swift?

- In line with infection control guidelines, the Swift® Ultraslide and Swift® Slider should be washed before use
 - This also ensures optimum fit for first use
- Wash as a synthetic.
 - Main wash temperature max of 95°C (65 - 71°C or above to achieve thermal disinfection)
 - Use a standard cycle for synthetic fabrics
 - Avoid the use of bleach
- As a guideline, dryers should be able to dry a load in 20 to 30 minutes at a medium to high heat including a cool down of approximately 5 minutes
- Product labels & packaging inserts display standard laundry icons. Detailed instructions can be found on the Swift pages of the MIP website (including processing guidelines for Commercial Laundries)

Product FAQ's continued...

What is the weight limit for Swift?

- The short answer is there is no set limit. The product itself can withstand way more than what it should be used for.
- The long answer is twofold.
 - First, we recommend the following loose formula:
 - Weight of nurse A + weight of nurse B > weight of patient
 - So if Nurse A weighs 150lbs and nurse B weighs 150 lbs they are safe to reposition a patient weighing up to approx 300 lbs.
 - If Nurse A weighs 110 lbs and nurse B weighs 120 lbs, they should probably stick to patients under 230 lbs.
 - If Nurse A weighs 200 lbs and nurse B weighs 300 lbs, they can move a 500 lbs patient (but ... then see point number 2 below)
 - And so on ...
 - Second, the bed size of the patient should determine which Ultraslide basesheet should be used. Both current Swift Sliders in the MIP range are suitable for bariatric applications.

Product FAQ's continued...

Will the resident/patient slide down in bed?

- There are 3 ways to ensure this does not happen:
 1. When not in use, ALWAYS tuck in the flaps
 2. Gatch the bed
 3. Reposition the person's waist area to make it in-line with the flat part of the bed (not necessarily to the top/head of the bed)
- Training is available to customer at no cost to ensure all staff are aware of best practices

Can I use Swift for incontinence protection?

- Swift is breathable and therefore not impermeable.
- For your incontinent patients, we recommend the Fusion underpad as a compliment to Swift, UltraSlide or the Swift UltraSlide System
 - StayDry technology to protect the microclimate of the skin environment
 - Brushed backing for stability (won't move around)
 - Thin profile won't impede mattress performance
 - Placed only when needed (no mis-use or over use) thereby reducing costs

Product FAQ's continued...

Can I use swift on pressure redistribution mattresses?

- The Swift Slider's thin profile will not impair the performance of pressure redistribution mattresses and can therefore remain on the bed when not in use (tucked in), making it readily available when needed
 - Pressure reading results are available
- When fitting the Ultraslide, place over the mattress, as you would a normal fitted sheet (stretch the sheet into the corners to prevent “hammocking”). If you have a pressure reducing mattress, leave the corner where the inlet pipe is till last. The deep sides and extensive overlap on each corner of the sheet means fabric can be gently manipulated around the pipe

Is Swift FR tested?

- Yes, both the Swift Slider and Swift Ultraslide base sheet have been tested (and passed) to FR standard EN12952 (the standard for washable textiles). Certificates are available on request

How do I dispose of Swift?

- Swift should be disposed of in accordance with local linen guidelines & procedures

If you have any feedback on Swift or our supporting information for Swift, please speak to Krissie on 01525 218 146 or email kwarwick-smith@mip.ca

Thank you

The logo for Swift, featuring the word "Swift" in a blue and green cursive script. The letter 'S' is blue, and the rest of the word is green. A small registered trademark symbol (®) is located to the right of the word.