

Random Acts of Kindness

Cut out the suggestions below and place into a bag for the kids to pick from each day or simply let them choose and sign off on every act of kindness they complete!

Complement three people today	Write a thank you note to a loved one	Do a chore for somebody else	Find an organization that you can volunteer at and make a plan to help
Surprise somebody with a thoughtful gift, picture, or craft	Help with dinner	Find some thing to donate to the local salvation Army	Make somebody smile today
Take treats to the fire station or police station	Send a card to somebody in the service	Set the table at a meal	Tell somebody you love them
Write a thank you note to one of your teachers	Bake a dessert and bring it to a neighbor or friend	Create your own act of kindness and let someone know what it was	Do something nice for someone without letting anyone know

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