Bicycling

Fondo Mania You've Gotta Ride one! HERE'S HOW

Fitness Nade Simple THE REST 30 MINUTE WORKOUTS

TRAINING
THE PERFECT
GADGET FOR
EVERY RIDER

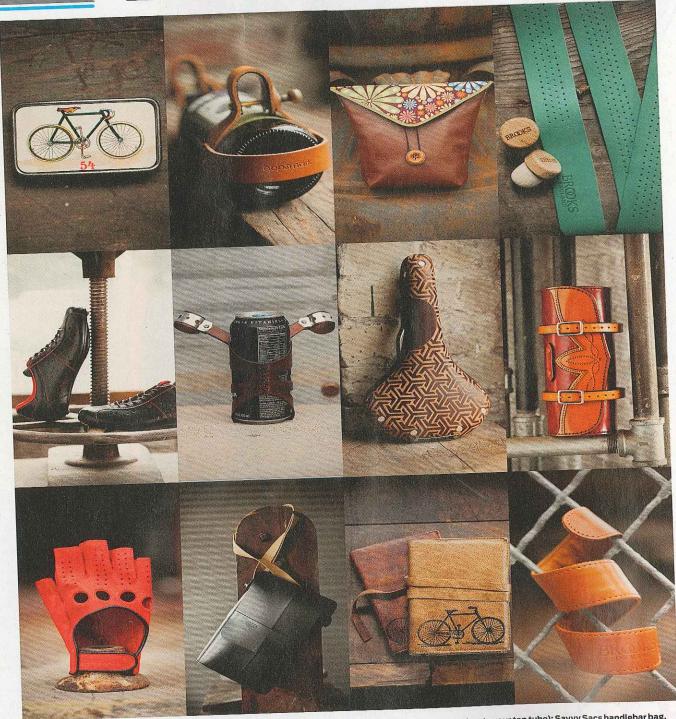
THE BEST 30-MINUTE WORKOUTS
FOOLPROOF BIG-RIDE TRAINING PLANS
SECRETS OF SMART RECOVERY

GUIDE TO CYCLING TRAIN RIGHT EAT RIGHT





12 Leather Treasures



Left to right, from top row: Bmused vintage bicycle belt buckle, \$20; Oopsmark bicycle wine rack, \$30 (attaches to your top tube); Savvy Sacs handlebar bag, \$30; Brooks bar tape, \$70 (available in nine additional colors); Dromarti Race Black shoes, \$209; Walnut Studiolo Bicycle Can Cage, \$45 (clamps to the bar and stem); Kara Ginther carved Brooks saddle in geometric pattern, \$375 (custom orders available); Choirbox handlebar/saddlebag, \$180; Dromarti Gara Rosso mitts, \$130; Brooks SOHO shoulder bag, \$370; Inblue journal, \$25 (record your ride memories); Brooks trouser strap, \$30 (an urban cyclist's pant saver)

1845: A British patent is issued to Robert W. Thomson for the first leather-covered pneumatic tires that were either laced or held together by rivets.

