

**NO MERE MORTALS**  
**COUPLE'S WORKBOOK**

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## SUGGESTED SCHEDULE

Follow this suggested schedule to complete the *No Mere Mortals* pre-marital course in nine weeks. Feel free to adjust to fit your engagement or to match your pastor's suggestions.

<b>Week</b>	<b><i>No Mere Mortals</i></b>	<b>Workbook</b>
1	Introduction	<i>Workbook for Intro</i>
	Chapter 1	<i>Workbook for Ch 1</i>
	Chapter 2	<i>Workbook for Ch 2</i>
2	Chapter 3	<i>Workbook for Ch 3</i>
	Chapter 4	<i>Workbook for Ch 4</i>
3	Chapter 5	<i>Workbook for Ch 5</i>
	Chapter 6	<i>Workbook for Ch 6</i>
4	Chapter 7	<i>Workbook for Ch 7</i>
	Chapter 8	<i>Workbook for Ch 8</i>
5	Chapter 9	<i>Workbook for Ch 9</i>
	Chapter 10	<i>Workbook for Ch 10</i>
6	Chapter 11	<i>Workbook for Ch 11</i>
	Chapter 12	<i>Workbook for Ch 12</i>
	Chapter 13	<i>Workbook for Ch 13</i>
7	Chapter 14	<i>Workbook for Ch 14</i>
	Chapter 15	<i>Workbook for Ch 15</i>
	Chapter 16	<i>Workbook for Ch 16</i>
8	Chapter 17	<i>Workbook for Ch 17</i>
	Chapter 18	<i>Workbook for Ch 18</i>
9	Chapter 19	<i>Workbook for Ch 19</i>
	Chapter 20	<i>Workbook for Ch 20</i>



# WORKBOOK FOR INTRODUCTION

**Takeaway:**

Marriage is potent.

**Highlights:**

“Maybe you just got married and you’re wanting to make sure the cement dries and the foundation is plumb. Or, maybe you’ve been married for many years now and you’re looking for some retooling, a refresher, a little brush-up on what this whole marriage thing is. Or maybe your marriage is in trouble and you’re looking for help. Or maybe you aren’t quite married yet—you’re just engaged and looking to start off your new life together on the right path. No matter which of these you are, this book begins with our only hope for a Christian marriage: Jesus Christ. Then it walks through some of the most important principles for building or rebuilding a strong foundation and walking together with your spouse in the Lord.” (1-2)

**Questions for Discussion and Application:**

*Write your answers below and discuss with your future spouse.*

1. Do Christians think of marriage as something powerful and dangerous? Why do you think we don’t think this way?

2. Why is marriage still important even though we are not married in heaven?



# WORKBOOK FOR CHAPTER 1: MARRY IN THE LORD

## **Takeaway:**

Christians must only marry Christians.

## **Highlights:**

“So let me challenge you: if you aren’t used to telling your testimony, or if you gave a glib, two-sentence testimony (e.g., “My parents were Christians, and I grew up in the Church and that’s about it”), stop here and try again. Think back on your life. Where have you experienced God’s grace? Have you witnessed answered prayer? Have you seen Him at work in reconciling broken relationships? Have you known His forgiveness? You *should* be able to tell stories of these things.” (9-10)

“But properly speaking, God’s grace is never actually boring, never truly mundane, never weak. It’s always high octane. This is because nobody deserves God’s grace, and while God’s grace is truly, wonderfully free, salvation is not free.... Every one of us owed a debt we could never pay. Every one of us had a *just* death sentence hanging over our heads. And every one of us was redeemed by the precious blood of Jesus” (9)

## **Questions for Discussion and Application:**

*Write your answers below and discuss with your future spouse.*

1. Why are there not really any boring testimonies—even if you grew up in the faith?

2. What's the difference between someone who is a Christian outwardly and a true Christian who is also one inwardly?

3. What does the Bible say about Christians marrying non-Christians (Dt. 7:3-4, 2 Cor. 6:14, 1 Cor. 7:39)?

4. Why is it so important for husband and wife to have a shared standard for morality? And what is that standard for Christians?

5. How do Christians do everything to the glory of God? What does that actually mean practically—how do you know for sure you're doing it?

**Study the Word:**

*Read 1 Corinthians 15:1-10, Philippians 3, and 1 Timothy 1:12-16. How did Paul's conversion change how he viewed his accomplishments? How did it change the things Paul did?*

**Activity:**

Take ten minutes to write your testimony below. Don't feel the need to limit it to how you got saved, but also to how God has made your faith deeper.