



YARN TWISTERS

Mountain Cowl

created by Lisa Overby



Easy chevron stitch pattern. Finished cowl is a long tube that can be worn scrunched up. The stitch pattern creates a ripple effect that accords around the neck . It can also be worn over the ears like a hood.



MATERIALS

1 skein Fleece Artist Merino Slim, 400m (437 yards), sample knit in Banff colourway,

3.5 mm (US4) 16” circular needle

Stitch marker

Darning needle

GAUGE

14 stitches over 4 inches in pattern

FINISHED SIZE

Circumference - 56cm (22”)

Length - 45cm (17.5”)

ABBREVIATIONS

BO - bind off

CO - cast on

K - knit

P - purl



PATTERN INSTRUCTIONS

CO on 136 sts

Place marker and join to knit in the round

K2, P2 for 5 rounds

Begin mountain pattern:

Rounds 1 & 2 - *P7, K1*, repeat **

Rounds 3 & 4 – K1, *P5, K3*, repeat ** to 7 sts before marker, P5, K2

Rounds 5 & 6 – K2, *P3, K5*, repeat ** to 6 sts before marker, P3, K3

Rounds 7 & 8 – K3, *P1, K7*, repeat ** to 5 sts before marker, P1, K4

Rounds 9 & 10 - *K7, P1*, repeat ** to end of round

Rounds 11 & 12 – P1, *K5, P3*, repeat ** to 7 sts before marker, K5, P2

Rounds 13 & 14 – P2, *K3, P5*, repeat ** to 6 sts before marker, K3, P3

Rounds 15 & 16 – P3, *K1, P7*, repeat ** to 5 sts before marker, K1, P4

Repeat these 16 rounds 7 more times (total of 8 pattern repeats)

K2, P2 for 5 rounds, bind off loosely in pattern, weave in ends

Block cowl, wear and enjoy!

