



YARN TWISTERS

Cabled Headband

created by Lisa Overby



Learn to knit cables with this quick headband project!



MATERIALS & INFO

Yarn: Estelle Chunky, 125m (137 yards),

Needle: 5.5mm (US 9)

Notions: cable needle, darning needle

ABBREVIATIONS

BO – Bind off

C6B - slip 3 sts to CN, hold in back, K3 sts, K3 sts from CN

C6F - slip 2 sts to CN, hold in front, K3 sts, K3 sts from CN

CN - cable needle

CO – Cast on

K – Knit

P – Purl



PATTERN INSTRUCTIONS

CO 19 sts

Set up: K3, P6, K1, P6, K3

Row 1: K2, P1, C6B, P1, C6F, P1, K2

Row 2: K3, P6, K1, P6, K3

Row 3: K1, P1, K6, P1, K6, P1, K2

Row 4: as Row 2

Row 5: as Row 3

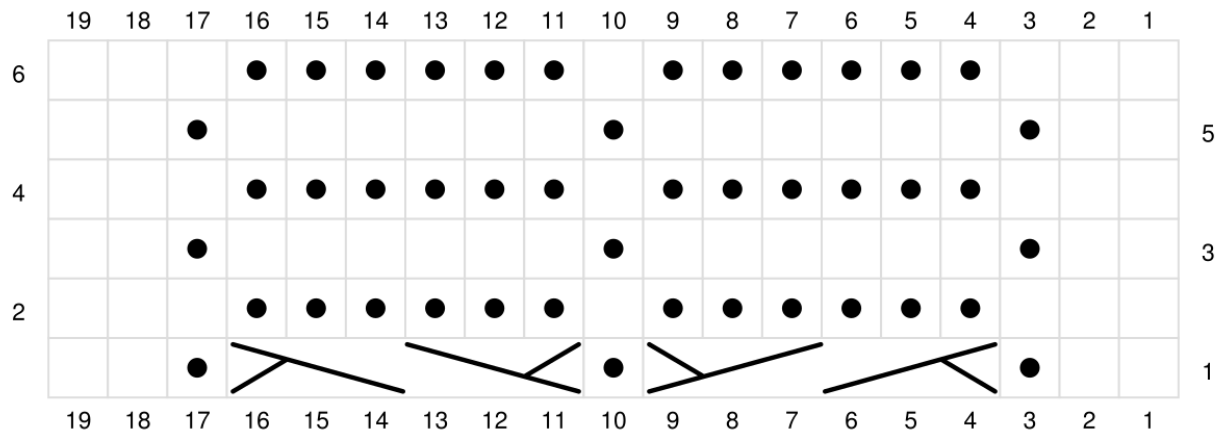
Row 6: as Row 2

Repeat Rows 1 to 6 until piece measures 52 cm (20 ½”) or desired length.

Repeat Row 1 & 2

BO all sts, cut yarn leaving a 12” tail.





RS: Knit
WS: Knit



RS: Purl
WS: Purl



No stitch



slip 3 sts to CN, hold in back, K3 sts, K3 sts from CN



slip 3 sts to CN, hold in front, K3 sts, K3 sts from CN

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